



August 22

# Sleep

## TODAY'S TREASURES



In peace I will lie down and sleep, for you alone, O LORD, make me dwell in safety. ~ PSALM 4:8 (NIV)

I lay down and slept, yet I woke up in safety, for the LORD was watching over me. ~ PSALM 3:5 (NLT)

When you lie down, you will not be afraid; when you lie down, your sleep will be sweet. ~ PROVERBS 3:24 (NIV)

He will not let you stumble; the one who watches over you will not slumber. Indeed, he who watches over Israel never slumbers or sleeps.  
~ PSALM 121:3-4 (NLT)

A little extra sleep, a little more slumber, a little folding of the hands to rest — then poverty will pounce on you like a bandit; scarcity will attack you like an armed robber. ~ PROVERBS 24:33-34 (NLT)

If you love sleep, you will end in poverty. Keep your eyes open, and there will be plenty to eat! ~ PROVERBS 20:13 (NLT)

He who gathers crops in summer is a wise son, but he who sleeps during harvest is a disgraceful son. ~ PROVERBS 10:5 (NIV)

This is all the more urgent, for you know how late it is; time is running out. Wake up, for our salvation is nearer now than when we first believed. The night is almost gone; the day of salvation will soon be here. So remove your dark deeds like dirty clothes, and put on the shining armor of right living.  
~ ROMANS 13:11-12 (NLT)

## MORE TREASURES

Genesis 2:15-25; Proverbs 6:9-11, 20-22; Ecclesiastes 5:12;  
Matthew 8:23-27; Mark 4:35-41; Acts 12:1-11

## PRAYER

*Lord, it is such a blessing when I sleep peacefully, knowing that You are watching over me. You bring me sweet sleep with no fear!  
Amen!*