



August 21

## Rest

### TODAY'S TREASURES



About Benjamin [Moses] said: "Let the beloved of the LORD rest secure in him, for he shields him all day long, and the one the LORD loves rests between his shoulders." ~ DEUTERONOMY 33:12 (NIV)

My soul finds rest in God alone; my salvation comes from him.  
~ PSALM 62:1 (NIV)

Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light. ~ MATTHEW 11:28-30 (NIV)

Then, because so many people were coming and going that they did not even have a chance to eat, he said to them, "Come with me by yourselves to a quiet place and get some rest." ~ MARK 6:31 (NIV)

Whoever dwells in the shelter of the Most High will rest in the shadow of the Almighty. ~ PSALM 91:1 (NIV)

The LORD replied, "My Presence will go with you, and I will give you rest."  
~ EXODUS 33:14 (NIV)

### MORE TREASURES

Genesis 2:2; Hebrews 4:9-11; Mark 2:23-28; Colossians 2:13-17;  
Psalm 23; 55:6; 116:7; John 14:27; 16:33

### PRAYER

*Lord Jesus, I love resting in You! You are our Sabbath-rest! You established the observance of the Sabbath day as a shadow of the reality to come, which is You! As Christians, You no longer command us to "remember the Sabbath day, to keep it holy." We are to remember to rest in You instead of striving to gain Your favor! We are accepted in You because of Your free gift of grace, not because of our works!*

*Hallelujah!*

*Amen!*