

GOSPEL FUNDAMENTALS



GOSPEL FUNDAMENTALS

Published by
The Church of Jesus Christ of Latter-day Saints
Salt Lake City, Utah

© 1992, 2002 by Intellectual Reserve, Inc.
All rights reserved
Printed in the United States of America

English approval: 9/01

CONTENTS

Preface	vii
Our Life in Heaven with God <i>Part One</i>	
Chapter 1 There Is a God	2
Chapter 2 Our Life in Heaven [†]	5
Chapter 3 Our Savior [†]	9
Chapter 4 We Are Free to Choose	13
Leaving the Presence of God <i>Part Two</i>	
Chapter 5 Jesus Made the Earth	19
Chapter 6 Adam and Eve	21
Communicating with God <i>Part Three</i>	
Chapter 7 The Holy Ghost	28
Chapter 8 Talking to Heavenly Father	31
Chapter 9 Prophets	36
Chapter 10 Scriptures [†]	41
Our Savior, Jesus Christ <i>Part Four</i>	
Chapter 11 The Life of Jesus Christ [†]	49
Chapter 12 The Atonement of Jesus Christ	55
The Gospel of Jesus Christ <i>Part Five</i>	
Chapter 13 Faith in Jesus Christ [†]	63
Chapter 14 Repentance	67
Chapter 15 Baptism	71
Chapter 16 The Gift of the Holy Ghost [†]	77
The Church of Jesus Christ <i>Part Six</i>	
Chapter 17 The Followers of Jesus Christ	87
Chapter 18 The Church Jesus Organized	95
Chapter 19 The Church of Jesus Christ Today [†]	99
Chapter 20 Priesthood Organization [†]	107
Chapter 21 Ordinances [†]	115

[†]Teachers may wish to spend more than one class period discussing these chapters.

Following Jesus Christ *Part Seven*

Chapter 22 Obedience	125
Chapter 23 Sacrifice	130
Chapter 24 The Day of Worship	137
Chapter 25 The Law of Chastity	142
Chapter 26 Honesty	147
Chapter 27 The Word of Wisdom	150
Chapter 28 Tithing and Offerings	154

Saving Our Families *Part Eight*

Chapter 29 Families Are Important	161
Chapter 30 Our Duty to Help Family Members [†]	165
Chapter 31 Our Duty to Preach the Gospel	173
Chapter 32 Living as Families Forever [†]	177

The Second Coming of Jesus Christ *Part Nine*

Chapter 33 The Second Coming of Jesus Christ	185
Chapter 34 The Millennium	189

Life after Death *Part Ten*

Chapter 35 Life after Death	195
Chapter 36 Eternal Life [†]	201

The Articles of Faith ^{††}	206
--	-----

Hymns

The hymns are listed by suggested use, but many of them could be used for more than one purpose. For instance, most of the opening and closing hymns could be used for either purpose.

Opening

Come, Come, Ye Saints	210
Come, Ye Children of the Lord	212
Redeemer of Israel	213
How Firm a Foundation	214
Count Your Blessings	216
Let Us All Press On	218
I Need Thee Every Hour	220
Sweet Is the Work	221
Joseph Smith’s First Prayer	222

[†]Teachers may wish to spend more than one class period discussing these chapters.

^{††}The teacher could use the Articles of Faith to review or teach lessons.

Sacrament

Behold the Great Redeemer Die 224
O God, the Eternal Father 226
How Great the Wisdom and the Love 227
Jesus, Once of Humble Birth 228
God, Our Father, Hear Us Pray 229
I Stand All Amazed 230
There Is a Green Hill Far Away 232
We'll Sing All Hail to Jesus' Name 233
In Humility, Our Savior 234

Closing

The Spirit of God 236
High on the Mountain Top 238
Oh Say, What Is Truth? 239
Now Let Us Rejoice 240
Do What Is Right 242
We Thank Thee, O God, for a Prophet 244
I Know That My Redeemer Lives 246
God Be with You Till We Meet Again 248
O My Father 250

Special Topics

Love at Home (Family, Home) 252
I'll Go Where You Want Me to Go (Mission) 254
Did You Think to Pray? (Prayer) 256
Praise to the Man (Joseph Smith) 258
Far, Far Away on Judea's Plains (Christmas) 260
Silent Night (Christmas) 261
Christ the Lord Is Risen Today (Easter) 262
He Is Risen! (Easter) 263

Children's Songs

I Am a Child of God 266
I Know My Father Lives 267
I Think When I Read That Sweet Story 268
I Thank Thee, Dear Father 269
The Lord Gave Me a Temple 270
Kindness Begins with Me 271
Dare to Do Right 272

C o n t e n t s

The Golden Plates 273
Teach Me to Walk in the Light 274
Family Prayer 275
Index of First Lines and Titles (Music) 276
Words to Know 278
List of Paintings 285
Visual Aids 287

PREFACE

This book will help you learn and teach the basic principles of the gospel of Jesus Christ. Knowing these principles will help you understand the purpose of life and how to be truly happy. The principles explained in this book are true. As you study these principles and ponder and pray about them, you will come to know for yourself, and the Holy Ghost will bear witness to you, that they are true.

You may use this book for many different purposes. You may use it to study and learn for yourself. You may use it to prepare talks or to help explain the gospel to others.

You may use this book for family study and family home evenings. Each lesson has questions that you as a parent or a teacher can ask to young children to see how much they understand.

When you teach lessons from this book, you may use more than one class period on one chapter. Be sure your students understand a principle well before you move on to another topic. If you have the scriptures translated, look up the scriptural references and discuss them.

As a teacher, keep in mind that you will need about 46 to 50 class periods to teach a class for one year. Plan for your lessons to last the entire year. This means you will need to spend more than one week of study on 10 or more of the lessons. You may especially want to do this with chapters 2, 3, 10, 11, 13, 16, 19, 20, 21, 30, 32, and 36. Decide what best meets the needs of your class.

Near the end of the year you may wish to spend one or two classes discussing the Articles of Faith, which also appear in this book. You could also use the Articles of Faith to review lessons.

Parents and teachers, pray for guidance as you prepare and teach these lessons. Let the Holy Ghost guide you in your understanding and in your teaching. Every member who can should read the chapters and come prepared to share with other members in class discussions.

The pictures in this book will help bring understanding to some of the principles and doctrines being taught.

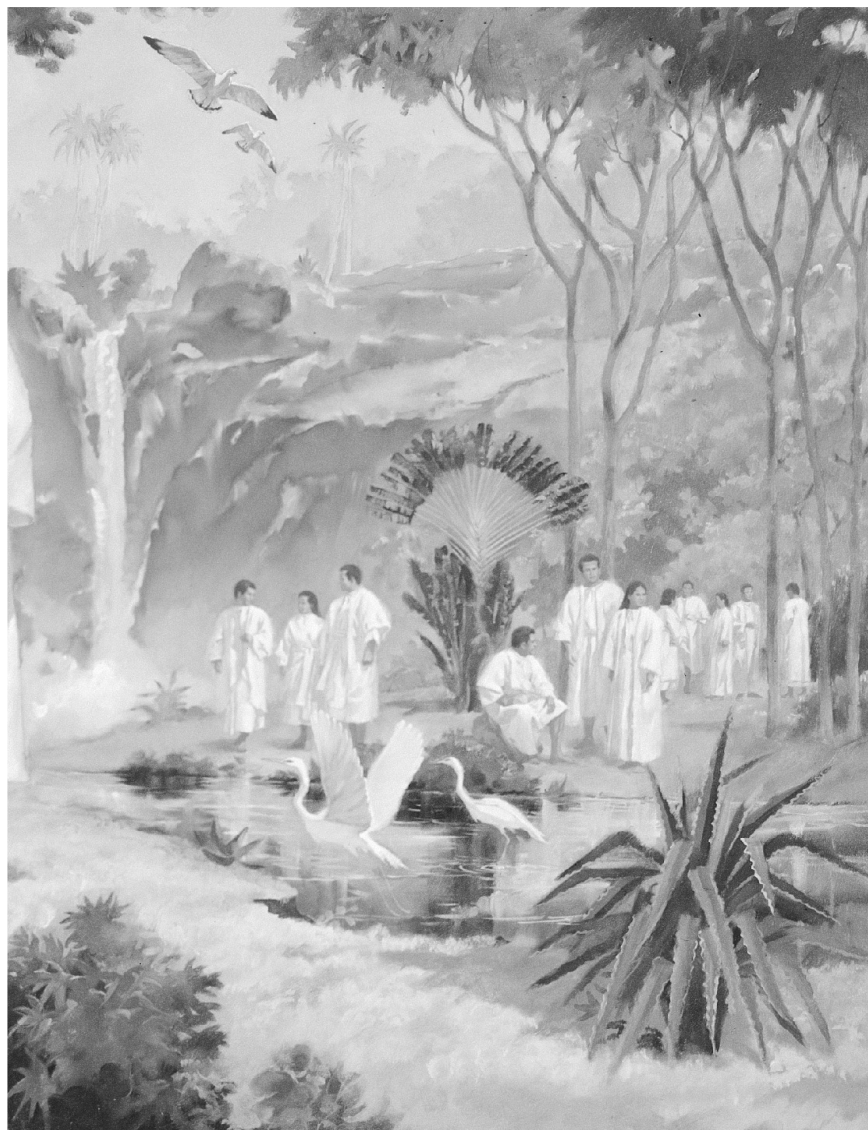
You can sing the hymns that are in this book in your homes, in Church meetings, or wherever it is appropriate. God has said that singing the hymns is a way of praying, and He will answer those prayers with blessings.

When you see a word marked with an *, you can find its meaning in the “Words to Know” section at the back of the book. Other words are also included there to help you understand their meaning.

May God bless you as you prayerfully study the truths in this book.

OUR LIFE IN HEAVEN WITH GOD

Part One



THERE IS A GOD

Chapter 1

Sometimes people ask themselves: Is there a God? If there is a God, what is He like? How can I know about Him?

Many Things Show Us There Is a God

When we look at the many wonderful things on this earth, we know that someone wise and good planned and made it. At night, when we see the many stars and planets always moving in their proper places, we know that someone who has great power made them and controls them. God is the one who made all these things.

There are some good men who have seen and talked to God. They have told us what God is like and what He wants us to do. They have told us He is our Father in Heaven. They have written sacred books so we can learn about Him.

Each of us can know that there is a God and that He is our Father in Heaven. He will help us to know that He is real and that we can know more about Him.

Discussion

- What are some of the things that show there is a God?

Our Father in Heaven Is a Perfect Being

The good men who have seen our Father in Heaven have said that He is real. He lives. He looks like a man.

Our Father in Heaven is not an idol or an animal. He has a body of flesh and bones. His body looks like a man's body, but it is different.

His body will never die. His body feels no pain and cannot become sick.

He has feelings. He can feel happy or sad. He loves all people and wants them to be happy. He is kind and fair. He does only good things, and He speaks only the truth. He knows all things. He can do all things. There is light all around Him. His brightness and beauty are greater than anything we have ever seen.

Our Father in Heaven is the only being we should worship. He lives in a place called heaven. It is a place more beautiful than the earth.

Discussion

- What kind of being is God?
- How is God different from us?

Our Father in Heaven Shows His Love for Us in Many Ways

Our Father in Heaven uses His power to help us. He had His Son, Jesus, make the sky and the earth. He had Jesus make the sun, the moon, and the stars. He instructed Jesus to put plants and animals on the earth. Our Father in Heaven did all these things for us because He loves us. He wants to help us to be good and happy.

Our Father in Heaven uses His knowledge to help us. He knows everything that has happened in the past. He knows everything that is happening now. And He knows what will happen in the future. He knows the thoughts of all of us. Because He knows all things, He knows what we need to make us happy. He knows that to be really happy we must be good. He wants to help us to be good because He loves us.

Discussion

- How does our Father in Heaven show His love for us?

Our Father in Heaven Wants Us to Know Him

Because our Father in Heaven loves us, He has given us life and a beautiful earth on which to live. He wants us to know the things that we should do. He has promised us that we can know Him.

Doing these things can help us to learn more about our Father in Heaven:

1. We can look at the world He has made and be thankful.
2. We can believe that our Father in Heaven is real and that He loves us.
3. We can read the things the good men have written about our Father in Heaven.
4. We can learn and do the things He wants us to learn and do.
5. We can talk to our Father in Heaven and ask Him to help us to know Him.

Knowing about our Father in Heaven can help us in our lives. Knowing about Him can help us feel happy and safe. He is good and will not do things that are bad for us. We can learn the things that He wants us to do. We can learn how to ask for His help. We can become better and happier people.

Discussion

- What can we do to know and understand our Father in Heaven?
- How will knowing our Father in Heaven help us?

References

Many Things Show Us There Is a God

- Acts 7:55–56 (A holy man saw God.)

Our Father in Heaven Is a Perfect Being

- Matthew 5:48 (Jesus taught that our Father in Heaven is perfect.)

Our Father in Heaven Shows His Love for Us in Many Ways

- Genesis 1:1–25 (God made the sky and the earth and all things in them.)
- Luke 12:6–7 (God cares about all the things He has made.)

Our Father in Heaven Wants Us to Know Him

- Deuteronomy 4:29 (Those who want to know God will know Him.)
- John 17:3 (We can know God.)
- 1 John 2:3 (If we obey God, we can know Him.)
- Mosiah 4:9 (We should believe in God.)

OUR LIFE IN HEAVEN

Chapter 2

Where did we live before we were born on this earth? What did we do there?

Each of Us Is a Child of Our Father in Heaven

Before we were born on this earth, we lived in heaven. Our home in heaven was more wonderful and beautiful than anything we know on earth. We belonged to a family there. We loved each other and were happy. Our Father in Heaven was the Father of our spirits, and for this reason we often call Him Heavenly Father. Because He is our Father, He loves us and cares about us.

Every person who lives on this earth was our brother or sister in heaven. The oldest child in our heavenly family was Jesus Christ.* He is our oldest brother.

When we lived in heaven we did not have bodies of flesh and bones like the ones we now have. We were spirits. A spirit has the same form as a person. As spirits, we were able to talk to each other, move about, make choices, and know the difference between good and evil.

We were not all alike in heaven. We were different, just as we are now. We had different desires and abilities. We learned to use our abilities in different ways.

Discussion

- What was our home in heaven like?
- Who was our Father?
- Who was our oldest brother?

Our Father in Heaven Knew We Could Become like Him

Since our Father in Heaven is the Father of our spirits, He knew us very well. He loved us. He knew we had received from Him the ability to learn



*Our Father in Heaven provided us a heavenly home more glorious
and beautiful than any place on earth.*

the things He knows and to become like Him. He wants us always to be good, as He is. He wants to help us improve our ability to become like Him.

Discussion

- How does our Father in Heaven feel about us, and what does He want for us?
- How does it make you feel to know that you have a Father in Heaven?

Our Father in Heaven Made a Plan to Help Us

In heaven we learned many things and improved ourselves as much as we could, but there were things we could not learn and do there. Our Father in Heaven made a plan for us to learn more.

He called us to a meeting in heaven. We were all there. He explained His plan to help us to learn and told us that if we followed His plan we would become like Him.

Our Father in Heaven said He would have an earth made, on which we would live for a time. On the earth, we would not remember our life with Him in heaven. We would be able to choose good things or bad things. This would be a test to see if we would obey our Father in Heaven when we were not with Him.

According to our Father in Heaven's plan, we would each receive a body of flesh and bones. We would need this kind of body to learn the things He knows and do the things He does. Later, we would die, and our spirits would leave our bodies of flesh and bones. But our spirits would be joined again with our bodies, and we would never die again. Those who had done the things that our Father in Heaven told us to do would return to live with Him forever.

We learned that everyone would have problems on earth, such as sickness, pain, sorrow, and death. But we understood that we would learn from these things. These problems could teach us to love and help one another.

Our Father in Heaven would choose the time and the place for each of us to be born on earth. He knew where on earth to send each of us to learn the things that we would need to know. We would all have opportunities to do many different things. Our Father in Heaven wanted us to do good things and be able to return to Him. However, He would never force us to do anything.

Some of us would choose to obey Him. If we did obey Him, we would become more like Him and return to live with Him. Some of us would

choose not to obey Him. If we did not obey Him, we would not be able to become like Him and would not be able to return to live with Him.

When we heard our Father in Heaven's plan for us, we were very happy. We wanted to be able to learn and develop. Everyone who has lived on earth agreed to live by His plan.

Discussion

- What was our Father in Heaven's plan for us?
- Why did we need to leave our home in heaven?
- What does our Father in Heaven want us to do on earth?

References

Each of Us Is a Child of Our Father in Heaven

- Luke 24:39 (A spirit does not have flesh and bones.)
- Hebrews 12:9 (God is the Father of our spirits.)

Our Father in Heaven Knew We Could Become like Him

- Matthew 5:48 (Jesus told us to become like our Father in Heaven.)
- 3 Nephi 12:48 (Jesus told us to become perfect as He and God, our Father, are.)
- 3 Nephi 27:27 (We should follow Jesus Christ's example and become like Him.)

Our Father in Heaven Made a Plan to Help Us

- John 14:2-3 (Jesus said we could return to our Father in Heaven.)
- Acts 17:26 (Our Father in Heaven sent us to earth in a place and at a time according to His plan.)
- 1 Nephi 17:36 (Our Father in Heaven had an earth created for His children to inhabit.)
- 2 Nephi 9:13; Alma 42 (God has a plan for us.)

OUR SAVIOR

Chapter 3

Who is the one person who can guide us back to our Father in Heaven? Why should we follow Him?

We Needed a Leader

Our Father in Heaven knew that while we were on earth we would not remember our life with Him. We would not know the things we needed to do to return to Him. He also knew we would sin. Because of our sins, we would be punished by being separated from Him forever. And when we died, we would not have our bodies of flesh and bones anymore.

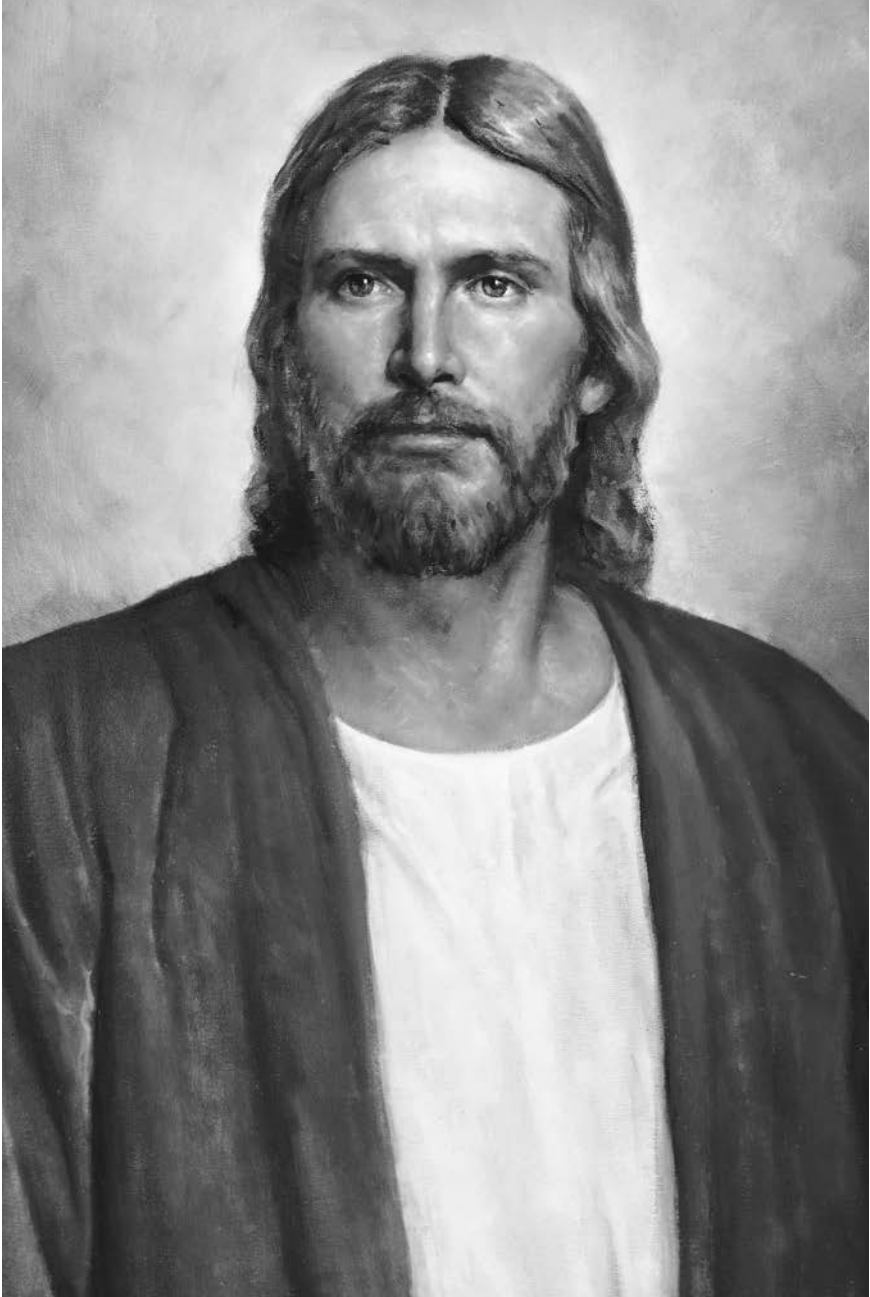
We would need someone to help us with these problems. This person would teach us what we would have to do to return to our Father in Heaven. He would help us overcome the wrong things we would do. He would also make a way for us to have our bodies of flesh and bones again after we die. This person would be called our Savior. Only He could save us from the punishment for the things we would do wrong. Only He could help us learn to be obedient to our Father in Heaven. Only He could make it possible for us to have our bodies of flesh and bones again after death.

Discussion

- What are some of the problems our Father in Heaven knew we would meet on the earth?
- Why do we need a Savior to help us?

Our Father in Heaven Chose Jesus to Be Our Savior

Our Father in Heaven loves us, and He knew we would need help. He knew we would be very sad if we could not have bodies of flesh and bones and could not return to live with Him forever. We needed someone to help us. Our Father in Heaven wanted someone to be our Savior. Two of our brothers offered to be our Savior.



Under our Father in Heaven's direction, Jesus Christ made the earth.

Our oldest brother, Jesus, asked our Father in Heaven to send Him. He said He would follow our Father in Heaven's plan. He would come to the earth and teach us the things that we would need to do to return to our Father in Heaven. He would die to pay for the wrong things we did. He would also make it possible for us to live again after we die. He would allow us to choose for ourselves to obey or not to obey our Father in Heaven.

Jesus knew that it would be important for us to choose for ourselves the things we would do. If someone forced us to obey, we could not learn and become like our Father in Heaven. Jesus wanted our Father in Heaven to have all the glory and honor.

Satan, who was called Lucifer, also asked our Father in Heaven to choose him to be our Savior. He said he would come to earth and force us to do what we should do. He said that none of us would be lost. He would not allow us to choose for ourselves. As his reward, he wanted all the glory and honor our Father in Heaven had.

Because our Father in Heaven loves us, He chose Jesus to be our Savior. For this reason, Jesus is often called Jesus Christ. *Christ* means chosen by our Father in Heaven to be the Savior. Our Father in Heaven chose Jesus rather than Satan because our Father in Heaven did not want us to lose our right to choose for ourselves. He knew we must do good things because we want to, not because someone forces us to.

Discussion

- What did Jesus want to do for us?
- What did Satan want to do?
- Why did our Father in Heaven choose Jesus to be our Savior?

Jesus Is Our Savior and Leader

When our Father in Heaven chose Jesus, Satan became very angry. He persuaded one-third of the spirits in heaven to follow him. Together they fought against Jesus and His followers. They wanted to force our Father in Heaven to accept Satan's plan. Our Father in Heaven made Satan and his followers leave heaven.

Satan and his followers will not receive bodies of flesh and bones. They will not be able to return and live with our Father in Heaven. Only those who accepted Jesus to be their Savior can have bodies of flesh and bones.

We know, because we have bodies of flesh and bones, that we accepted Jesus to be our Savior. We chose the right things in heaven. We should

continue to choose the right things here on earth. We should follow Jesus. Only He can teach us how to return to our Father in Heaven. He can help us overcome the wrong things we do and help us learn to do good things until we become like our Father in Heaven.

Our Father in Heaven wants us to follow and obey Jesus. He knows that Jesus will always teach us our Father's way of doing things, so when we obey Jesus we are also obeying our Father in Heaven. A commandment or message from Jesus is a commandment or message from our Father in Heaven also.

Discussion

- How do we know that we chose Jesus to be our Savior?
- Who is the only person who can show us how to return to our Father in Heaven?
- Why should we follow Jesus?

References

We Needed a Leader

- John 14:6 (Jesus is the one we must follow in order to return to our Father in Heaven.)
- 1 Peter 2:21 (We must follow in Jesus Christ's steps.)
- 2 Nephi 31:13, 16 (If we follow the Savior's example, we will be saved.)

Our Father in Heaven Chose Jesus to Be Our Savior

- 1 John 4:14 (Our Father in Heaven chose Jesus to be the Savior of the world.)
- 2 Nephi 9:6–26 (Jesus died for us.)
- 3 Nephi 27:13–14 (Jesus Christ came to earth to be our Savior.)

Jesus Is Our Savior and Leader

- Matthew 1:21 (Jesus came to save us from our sins.)
- 3 Nephi 11:10–11 (Jesus Christ suffered for the sins of mankind.)
- 3 Nephi 18:16 (Jesus showed us an example to follow.)
- 3 Nephi 27:21 (Jesus showed us what to do.)

WE ARE FREE TO CHOOSE

Chapter 4

All of us make choices every day. Our Father in Heaven has given us the right to choose for ourselves. Why should we try to make good choices?

Our Father in Heaven Gives Us the Right to Choose

In heaven we were free to choose. We were free to follow Jesus or to follow Satan. Most of our Father in Heaven's children chose to follow Jesus. The others chose to follow Satan. Our Father in Heaven allowed all His children to make their own choice.

Our Father in Heaven also allows us to choose for ourselves here on earth. When we came to earth, He caused us to forget our life with Him. We needed to learn to choose for ourselves when we were not with Him.

Discussion

- How do you feel when you are forced to do something?
- How do you feel when someone allows you to choose the things that you want to do?

Our Father in Heaven's Plan Can Work Only If We Are Free to Choose

Part of our Father in Heaven's plan was to send us to earth where there would be both good things and evil things. He wants us to choose what is good. Satan tries to persuade us to choose evil. We are free to choose between good and evil.

When we make right choices, we become more able to do the things our Father in Heaven wants us to do. As we do the things our Father in Heaven wants us to do, we become more like Him. We find out for ourselves the best choices to make. We understand better the things that make us happy and the things that make us sad.

If we could not choose for ourselves, we would not be able to become more like our Father in Heaven. We would not be able to learn for ourselves the best things to choose. We would not be able to show our Father in Heaven that we love Him and really want to follow Him.

Discussion

- Why must we have the right to choose?

Choosing to Obey Our Father in Heaven Makes Us Happy

Right choices bring us good results; wrong choices bring us bad results. If we choose to obey our Father in Heaven, we will be happier and better people. If we choose not to obey Him, we will become sad and will not become better.

When we make the correct choices, we see that we are happier because of them. We learn that we should do more good things. When we see that choosing to do the right thing makes us happy, we want to make more correct choices. We desire more and more to be good. We can make correct choices more easily because we know the results will be good for us. We learn the things we need to know and do to become more like our Father in Heaven.

When we make wrong choices, we feel sorrow and shame. If we keep doing wrong things, Satan begins to have power over us. It becomes harder and harder to choose to do what is right. We stop trying to follow our Father in Heaven's plan.

Discussion

- Think of some choices you have made. What was the result of each choice?
- How can you choose to be happy and to return to live with our Father in Heaven?
- How does making a correct choice help you to make more correct choices?
- How does choosing wrong things stop you from making good choices in the future?

Our Father in Heaven Will Help Us Make Good Choices

Our Father in Heaven wants us to make good choices so we can learn the things He knows, do the things He does, and have the things He has. He knows we will be happy and will be able to return to live with Him if we choose to do the right things.

Our Father in Heaven wants to help us make good choices. With His help, we can choose to do everything He has told us to do. When we ask Him, He will help us to resist Satan's temptations. He will give us strength to choose what is right. He will help us to follow His plan and become more like Him.

Discussion

- Why does our Father in Heaven want us to make good choices?
- Will He ever force us to do what is right? Why?

References

Our Father in Heaven Gives Us the Right to Choose

- John 14:15 (If we love Jesus, we obey His commandments.)
- 2 Nephi 2:27–29 (We are free to choose to follow Jesus Christ.)
- Helaman 14:30–31 (Our Father in Heaven has made us free to choose good or evil.)

Our Father in Heaven's Plan Can Work Only If We Are Free to Choose

- 2 Nephi 2:11 (For every good thing there is an evil thing to act against it.)
- Alma 41:3–5 (If we do good, we will return to live with our Father in Heaven. If we do evil, we will be sad forever.)
- 3 Nephi 27:14–15 (We will be judged according to what we choose to do.)

Choosing to Obey Our Father in Heaven Makes Us Happy

- 2 Nephi 9:18 (Those who have believed in Jesus will have great joy.)
- Mosiah 2:41 (Those who obey our Father in Heaven's commandments are happy because they are blessed.)

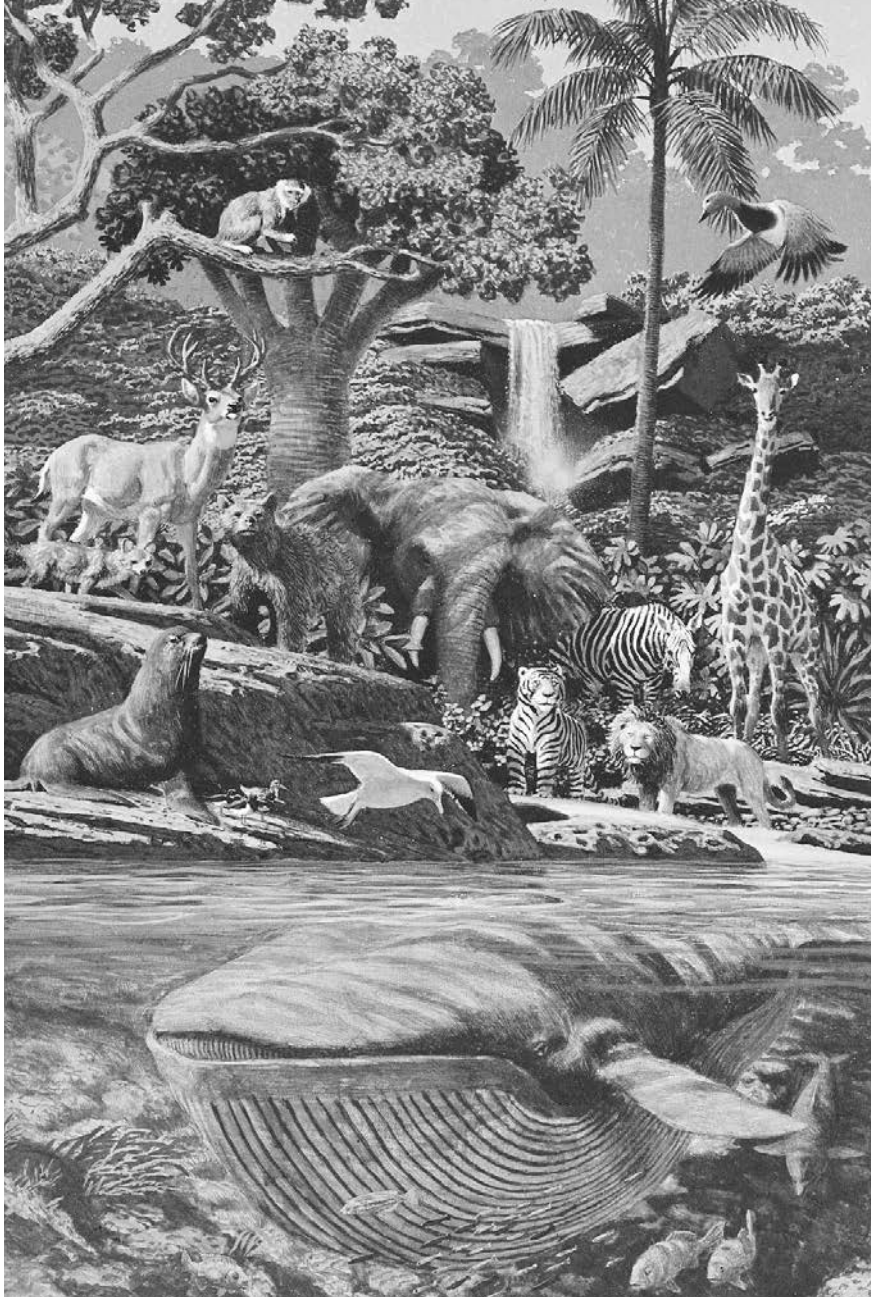
Our Father in Heaven Will Help Us Make Good Choices

- Psalm 5:12 (Our Father in Heaven will bless those who are good.)
- Psalm 25:9 (Our Father in Heaven helps those who choose to do good.)
- Romans 12:9 (We should do good things.)
- 1 Corinthians 10:13 (Our Father in Heaven will not permit temptations to be too strong for us to resist.)
- Moroni 7:28 (Those who believe in Jesus want to do good.)

LEAVING THE PRESENCE OF GOD

Part Two





Jesus created a beautiful earth for us.

JESUS MADE THE EARTH

Chapter 5

Who made the earth? Why did He make it?

We Needed an Earth

Part of the plan that our Father in Heaven explained to us in heaven was for us to leave heaven for a time. We needed a place to go, away from His presence, to receive bodies of flesh and bones and to be tested to show whether we would make correct choices. He needed to have someone make this place for us. He chose Jesus to do it.

Discussion

- Why did God plan to make an earth for us?

Jesus Made the Earth

Jesus made the earth. He made the day and the night. He made the sun, the moon, and the stars. He separated the water from the dry land and made seas, lakes, and rivers. He planted grass, trees, flowers, and all other kinds of plants on the earth. Then He put animals, fish, birds, and insects on the earth. When Jesus had done all this, the earth was ready for people to live on it.

Our Father in Heaven then made a man and a woman. The man was named Adam, and the woman was named Eve. They each had a body of flesh and bones like the body of our Father in Heaven. All of this work of making the earth and placing living things upon it is called the Creation. Our Father in Heaven was pleased with the earth and all the things He had instructed Jesus to place on it.

Discussion

- How were Adam and Eve different from the other things that God made?

Heavenly Father's Creations Show He Loves Us

We are now living in the beautiful world that our Father in Heaven instructed Jesus to make. The sun gives us warmth and light. The rain makes the plants grow and gives us water to drink. The plants and animals on the earth provide food and clothing for us.

Jesus made all these things for us, under our Father in Heaven's direction. When we see that He had all these things made for us, we realize that our Father in Heaven loves us and cares for us.

Discussion

- Think of some of the things our Father in Heaven had made for us.
- How do we know our Father in Heaven loves us and cares for us?

We Can Show We Are Grateful for the Earth

We should always remember that our Father in Heaven had everything on the earth made for us. He is not happy when we do not remember that. We can show Him that we are grateful by using wisely the things on the earth. We should not waste anything on the earth. We should care for the earth and keep it clean. We should thank our Father in Heaven for this beautiful world when we pray to Him. We also show Him we are grateful for the earth by doing the things He wants us to do here.

Discussion

- How can we show our Father in Heaven we are grateful for the earth?

References

We Needed an Earth

- Isaiah 45:18 (God made the earth for mankind to live on.)
- 2 Nephi 2:15 (God made the earth as a part of His plan for us.)

Jesus Made the Earth

- Isaiah 45:12; Hebrews 1:1–3 (Jesus made the earth under our Father in Heaven's direction.)

Heavenly Father's Creations Show He Loves Us

- Genesis 1 (God made all things on the earth for us.)
- Romans 8:38–39 (Nothing can separate us from the love of God.)

We Can Show We Are Grateful for the Earth

- Ephesians 5:20 (We should thank God for all things.)
- Mosiah 2:20–25 (We should thank God, who made us.)

ADAM AND EVE

Chapter 6

Who were Adam and Eve? What did they do to help us?

Adam and Eve Were the First People to Come to This Earth

Our Father in Heaven named the first people on earth Adam and Eve. They were two of His most valiant children. They made it possible for all of us to come to earth.

In heaven, Adam was called Michael. He was one of our leaders. He led us in the war against Satan. Michael was a good man. He did what our Father in Heaven wanted him to do. He became the first man to be on this earth.

Eve was a very good daughter of our Father in Heaven. Our Father in Heaven sent Eve to the earth with Adam to be his wife and to help him. Our Father in Heaven knew it was not good for Adam to be alone. Adam, by himself, could not make it possible for us to come to earth. Eve's part in the plan was as important as Adam's.

Discussion

- Before coming to earth, what was Adam called and what did he do?
- Why did our Father in Heaven send Eve to be with Adam?

The Garden of Eden Was the First Home of Adam and Eve

Our Father in Heaven created a beautiful place on the earth for Adam and Eve to live in. It was called the Garden of Eden. When Adam and Eve were in the Garden of Eden, they each had a body of flesh and bones that could not die. They did not have children. They did not have to plant and harvest or work for the things they needed. They did not remember their life in heaven. They did not know what was good and what was evil.

In the Garden of Eden, Adam and Eve were able to walk and talk with our Father in Heaven. He told them the things that they should do. He told



Adam and Eve kneeling at an altar.

them to take care of the garden and keep it beautiful. He told them to have children. He also told them they could eat freely the fruit of every tree in the garden, except one. Our Father in Heaven told them not to eat the fruit of the tree of knowledge of good and evil. He warned them that if they ate the fruit of that tree they would die.

Discussion

- How was life for Adam and Eve in the Garden of Eden different from life today?
- What did our Father in Heaven tell Adam and Eve to do?

Adam and Eve Became Separated from Our Father in Heaven

Satan thought he could destroy the plan of our Father in Heaven. He came to the Garden of Eden and tried to persuade Eve to eat some of the fruit of the tree of knowledge of good and evil. He told her that if she ate the fruit she would not die. He said she would know the difference between good and evil, as our Father in Heaven does. Eve believed Satan, and she ate the fruit. When Eve told Adam she had eaten some of the fruit, he knew she would have to leave the garden. He ate some of the fruit too so they could stay together.

The lives of Adam and Eve changed after they ate the fruit our Father in Heaven had told them not to eat. Our Father in Heaven sent them out of the Garden of Eden. They could not walk and talk with Him anymore. From then on mankind was separated from the presence of our Father in Heaven. Not being able to be with our Father in Heaven is called spiritual death.* Adam and Eve had to live in the world outside the beautiful garden. They had to work to obtain the things they needed.

Their bodies changed. Now they could have children. They could become sick and feel pain and sorrow, and someday they would die. The changes that came upon Adam and Eve are called the Fall of Adam.

These changes affect all of the descendants of Adam and Eve. Like them, we too have the power to have children; and sickness, pain, sorrow, and death also come to us.

Discussion

- What did Satan do to try to destroy our Father in Heaven's plan?
- How did Adam and Eve's lives change after they ate the fruit of the tree of knowledge of good and evil?
- What is spiritual death?
- What is the Fall of Adam?

The Fall of Adam Was a Necessary Part of Our Father in Heaven's Plan

Our Father in Heaven planned for His children to come to earth to receive bodies of flesh and bones. After He sent Adam and Eve out of the Garden of Eden, they began to have children. Later their children married and had children. In this way our Father in Heaven's spirit children who lived with Him began to come to earth as He had planned. Because of what Adam and Eve did, each of us could come to earth and receive a body of flesh and bones.

Our Father in Heaven also planned for His children to work to obtain the things they wanted and needed. Ever since Adam and Eve left the Garden of Eden, our Father in Heaven's children on earth have had to work to obtain the things they want and need.

After Adam and Eve ate the fruit that our Father in Heaven had told them not to eat, they learned the difference between good and evil. Now, each of us on the earth can learn the difference between good and evil and choose for himself to do good things or bad things.

When our Father in Heaven sent Adam and Eve out of the Garden of Eden, they tried to learn the things He wanted them to do. They obeyed Him and taught their children to obey Him. Each of us should also learn the things our Father in Heaven wants us to do, and we should obey Him and teach our children to obey Him.

Discussion

- Did Satan destroy our Father in Heaven's plan?
- Why should we be grateful for the things that Adam and Eve did?

References

Adam and Eve Were the First People to Come to This Earth

- Genesis 1:26–27 (God made a man and a woman.)
- Revelation 12:7–9 (Adam, who was called Michael at that time, led the righteous spirits against Satan.)
- 1 Nephi 5:11; 2 Nephi 2:19–20 (Adam and Eve were the first parents.)

The Garden of Eden Was the First Home of Adam and Eve

- Genesis 2:15 (Our Father in Heaven told Adam and Eve to take care of the Garden of Eden.)
- Genesis 2:16–17 (Our Father in Heaven told Adam and Eve not to eat the fruit of the tree of knowledge of good and evil.)

Adam and Eve Became Separated from Our Father in Heaven

- Genesis 3:1–5 (Satan tempted Eve.)
- Genesis 3:23–24 (God sent Adam and Eve away from the Garden of Eden.)
- Helaman 14:16 (Adam and Eve were not allowed to stay where God was.)

The Fall of Adam Was a Necessary Part of Our Father in Heaven's Plan

- 2 Nephi 2:22–25 (We could not have come to earth if it were not for the Fall of Adam.)
- Alma 12:23–35 (The Fall of Adam was part of God's plan.)

COMMUNICATING WITH GOD

Part Three



THE HOLY GHOST

Chapter 7

Our Father in Heaven has chosen someone to tell us the things that He wants us to know. Who is this person, and how can we learn to understand our Father in Heaven's messages?

The Holy Ghost Works with Our Father in Heaven and Jesus to Help Us

The Holy Ghost works with our Father in Heaven and Jesus. He testifies to us that They live and They love us. He helps Them teach us the things we need to know and do and helps us obey Their commandments. He does not have a body of flesh and bones as our Father in Heaven and Jesus have. He is a spirit. He looks like a man.

Our Father in Heaven, Jesus Christ, and the Holy Ghost are three separate persons. They work together to help us learn the things we need to know and do. When we receive messages from our Father in Heaven or Jesus, it is usually the Holy Ghost who brings them to us. He also helps us obey Their commandments.

Discussion

- Whom does the Holy Ghost work with?
- How is the Holy Ghost different from our Father in Heaven and Jesus?

The Work of the Holy Ghost

The Holy Ghost teaches us about our Father in Heaven and Jesus. He tells us that They live and that They love us. He tells us that our Father in Heaven is the Father of our spirits. He also tells us that Jesus is our Savior.

The Holy Ghost helps us understand about our Father in Heaven and Jesus and the things we must do in order to return to heaven. He also helps us learn and understand all truth.

The Holy Ghost also gives us strength to obey the commandments of our Father in Heaven and Jesus. He can help us to make the correct decision when we have to choose between two actions. He can give us peace in times of trouble.

Discussion

- What is the Holy Ghost's work?
- What can the Holy Ghost help us to know?
- What can the Holy Ghost help us to do?

The Holy Ghost Teaches Us in a Powerful Way

The Holy Ghost teaches us what is right and what is wrong. This teaching is so strong we never forget it. The Holy Ghost does not usually talk to us in a way we can hear with our ears. Instead, He causes us to think or feel whether what we read or hear is true. These feelings are very strong.

The power of the Holy Ghost can be felt by many people at the same time. To understand this better, think of the sun. There is only one sun, but its light and warmth are felt by people in many places at the same time. The Holy Ghost can be thought of in the same way. His power may be felt by people in many places at the same time even though He Himself is in only one place at any one time.

Discussion

- How does the Holy Ghost tell us the things we need to know?
- How can the Holy Ghost help many people at the same time?

The Holy Ghost Will Help Each of Us

After our Father in Heaven sent Adam and Eve out of the Garden of Eden, they prayed and asked Him what they should do. Our Father in Heaven sent the Holy Ghost to teach them about Him and Jesus and about the things that Adam and Eve should do. The Holy Ghost told them that our Father in Heaven's teachings were true. He gave them strength to do the things our Father in Heaven wanted them to do.

He also helped them to be humble and grateful for the things our Father in Heaven did for them.

Through the guidance of the Holy Ghost, Adam and Eve learned they could live again with our Father in Heaven someday if they would always follow Jesus and obey His commandments. The guidance of the Holy Ghost made them very happy.

Our Father in Heaven loves each of us. He sends the Holy Ghost to guide us and teach us the truth. However, the Holy Ghost will help us only if we try earnestly to follow the commandments and instructions He brings us from our Father in Heaven and Jesus. If we do not try earnestly to obey Their commandments, or if we do not want the Holy Ghost to teach us, He will not tell us anything. We will have a better life if we follow the teachings of the Holy Ghost.

Discussion

- How did the Holy Ghost help Adam and Eve?
- What must we do to receive help from the Holy Ghost?

References

The Holy Ghost Works with Our Father in Heaven and Jesus to Help Us

- John 14:26; 2 Nephi 33:1 (The Holy Ghost will help us remember the things we have learned.)
- John 15:26 (The Holy Ghost will show us the truth concerning Jesus.)
- 1 John 5:7 (The Holy Ghost works with our Father in Heaven and Jesus Christ.)
- 3 Nephi 28:11 (The Holy Ghost gives knowledge concerning our Father in Heaven and Jesus.)

The Work of the Holy Ghost

- 1 Corinthians 12:3; Hebrews 10:15 (The Holy Ghost teaches us to know that Jesus is the Savior.)
- 2 Nephi 32:5 (The Holy Ghost will help us know the things we should do.)

The Holy Ghost Teaches Us in a Powerful Way

- Moroni 10:5–7 (The Holy Ghost tells us which things are true and which things are not true.)

The Holy Ghost Will Help Each of Us

- John 16:13 (The Holy Ghost will guide us to all truth.)
- Romans 8:16–17 (The Holy Ghost helps us know we are the children of our Father in Heaven.)

TALKING TO HEAVENLY FATHER

Chapter 8

Our Father in Heaven loves us very much. He has made a way for us to talk with Him whenever we want to. How can we talk with our Father in Heaven?

We Can Talk to Our Father in Heaven

Talking to our Father in Heaven is called prayer. Even though our Father in Heaven lives in heaven, we can talk to Him, and He hears us. He wants to help us. He has asked us to talk to Him. When we talk to Him, He will help us do the things that are good for us to do.

We can tell our Father in Heaven the things we think about. We can tell Him we love Him. We can tell Him we are grateful for the things He has given us. We can ask Him to help us.

We can talk to our Father in Heaven whenever we need to talk to Him. We should talk to Him when we are alone. When we are alone we can talk to Him about our personal feelings and problems. We should talk with Him at least every morning and every night.

We should also talk to Him together with our family. We can do this every morning and night. We can also do this before each meal when we thank Him for our food.

Our Father in Heaven will never stop wanting us to talk to Him. He will always love us and want to help us. Even when we do wrong things, He still loves us. He will listen to us and help us.

Discussion

- Why should we talk to our Father in Heaven?
- When should we talk to Him?



We should pray individually and as families morning and night.

Our Father in Heaven Has Told Us How to Talk with Him

When we pray, we should tell our Father in Heaven the things we really feel and need. We should not say the same words every time we talk to Him. We do not need to chant or shout.

He has told us the way to talk to Him. We should speak directly to Him, saying: "Our Father in Heaven," or similar words. We should speak to Him with love and respect.

Next, we should thank Him for the things He has done for us.

These are some of the things for which we should thank Him:

1. We should thank Him for the beautiful earth and for our food, clothing, and other possessions.
2. We should thank Him for His teachings and for our ability to learn more about Him.
3. We should thank Him for our family and friends, our good health, and our job.

We then ask Him for the things that we need. These are some of the things for which we might want to ask Him:

1. We can ask Him to help us know which things are true and which things are not true.
2. We can ask Him to protect us and our family and neighbors.
3. We can ask Him to help us to do the things He wants us to do.
4. We can ask Him to help us to choose to do right things.
5. We can ask Him to help us to repent of our sins.
6. We can ask Him to help us to obtain enough food for the day.
7. We can ask Him to help us to solve our problems.
8. We can ask Him to help our family or friends to solve any problems that they have.

We should end our prayer by saying, "In the name of Jesus Christ, amen." This helps us to remember that Jesus is our Savior. Jesus works under the direction of our Father in Heaven to help us with all the things we need. We should speak Jesus' name with respect.

Discussion

- When we talk to our Father in Heaven, how do we begin?
- What are some of the things for which we can thank Him?
- What are some of the things for which we can ask?
- What do we say when we have finished talking with our Father in Heaven?

Our Father in Heaven Always Answers Us

We can be sure our Father in Heaven listens to us. He knows the things that are best for us to have. He is always ready to help us.

Often our Father in Heaven sends an answer through the Holy Ghost. The Holy Ghost helps us understand the things we need to know and do. Sometimes the Holy Ghost prompts another person to help us.

We should be willing to accept the answers our Father in Heaven gives us. He may not give us the things for which we ask. He may not answer us in the way we expect. But He knows what is good for us.

Discussion

- How does our Father in Heaven answer us?
- Why does He not always give us the things for which we ask?

We Become Better People by Praying

We may not know the right things to do. We may be afraid. We may not know how to solve our problems. We may not know which things are true and which things are not true. We may know the right things to do but not be strong enough to do them.

When we talk to our Father in Heaven often, He helps us with our problems. He helps us know and do the right things. When we know and do the right things, we become better people. We become more like our Father in Heaven.

Discussion

- How do we become better people by talking to our Father in Heaven?

References

We Can Talk to Our Father in Heaven

- Psalm 55:16–17; 2 Nephi 32:9 (We should talk to our Father in Heaven often.)
- Luke 18:1 (We should always pray.)
- Alma 37:37 (We should talk to our Father in Heaven about everything we do.)

Our Father in Heaven Has Told Us How to Talk with Him

- Matthew 6:6–13 (We are told how we should pray.)
- James 1:5 (We can talk to our Father in Heaven about many things.)

- Alma 34:17–27 (Here are some of the things about which we should pray to our Father in Heaven.)
- 3 Nephi 19:6, 24 (Jesus teaches us how to talk to our Father in Heaven.)

Our Father in Heaven Always Answers Us

- Proverbs 15:29 (Our Father in Heaven hears prayers.)
- Matthew 7:7 (Ask and you will receive.)
- Moroni 7:26; 3 Nephi 18:20 (Whatever we ask for that is good for us we will receive.)

We Become Better People by Praying

- Luke 22:40 (Pray for strength so you will not be tempted.)
- James 5:15–16 (The prayers of those who are righteous cause many good things to happen.)

PROPHETS

Chapter 9

Who speaks for our Father in Heaven on earth today and can tell us what our Father in Heaven wants us to know and do?

A Prophet Is a Man Who Speaks for Our Father in Heaven

Our Father in Heaven chooses a man to speak for Him on earth. This man is called a prophet. The prophet loves our Father in Heaven and does the things that our Father in Heaven wants him to do. Our Father in Heaven teaches the prophet things we need to know and do. The prophet then tells us those things. When the prophet speaks for our Father in Heaven, he says the things our Father in Heaven Himself would say if our Father in Heaven were speaking to us.

These are some of the things the prophet tells us:

- He tells us that Jesus is the Son of our Father in Heaven, that Jesus is our Savior, and that Jesus' teachings are true.
- He teaches us things our Father in Heaven has said we should do.
- He tells us to stop doing bad things.
- He tells us about things that will happen in the future.

Only our Father in Heaven can choose a prophet. People cannot choose a prophet. A man cannot choose himself to be a prophet. Our Father in Heaven gives the prophet the authority to do His work and speak for Him. A man cannot represent our Father in Heaven if he does not have this authority.

Discussion

- For whom does a prophet speak?
- What are some of the things that a prophet tells us?

Our Father in Heaven Has Always Sent Prophets to Help Us

Our Father in Heaven has always cared about His children on earth. Ever since the time of Adam, He has sent prophets to help His children. He sends prophets to warn the people of danger. He sends them to lead the people away from trouble. He sends them to help the people prepare for great events. These are some of the prophets whom our Father in Heaven has sent:

1. Noah: He warned the people that our Father in Heaven would send a flood to destroy them if they did not stop doing bad things.
2. Abraham: He obeyed our Father in Heaven and taught his children to obey our Father in Heaven. Our Father in Heaven promised to give many things to Abraham and to his descendants.
3. Moses: He led the people of Israel out of Egypt into a land that our Father in Heaven had prepared for them.

In our days, too, our Father in Heaven has sent prophets. One of the prophets who lived not long ago was a man called Joseph Smith. He lived in the United States of America. In 1820 Joseph Smith was 14 years old. At that time, many people joined different churches, looking for the true Church. Joseph wanted to be a good person and find the true Church of our Father in Heaven.

One day Joseph was reading a holy book called the Bible. He read that if you want to know something, you should ask our Father in Heaven, and our Father in Heaven will tell you. He believed that our Father in Heaven really would tell him the things he should do. He decided to say a special prayer to our Father in Heaven.

One morning, Joseph went to a small forest to pray. While he was praying, a light that was brighter than the sun came down from the sky. In this light he saw our Father in Heaven and Jesus Christ. Our Father in Heaven pointed to Jesus and said, *"This is My Beloved Son. Hear Him!"*

Joseph listened to all that Jesus told him, and he obeyed the instructions that Jesus gave him.

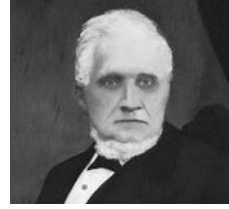
As Joseph grew older, our Father in Heaven chose him to be His prophet. He was a great prophet. He taught the people the things that our Father in Heaven wanted them to do.



Joseph Smith



Brigham Young



John Taylor



Wilford Woodruff



Lorenzo Snow



Joseph F. Smith



Heber J. Grant



George Albert Smith



David O. McKay



Joseph Fielding Smith



Harold B. Lee



Spencer W. Kimball



Ezra Taft Benson



Howard W. Hunter



Gordon B. Hinckley

Our Father in Heaven has sent prophets in our own day.

Joseph Smith died in 1844. After he died, our Father in Heaven chose another man to be the prophet. Today, whenever the prophet dies, our Father in Heaven chooses another man to speak for Him on earth.

Discussion

- Who are some of the prophets our Father in Heaven has chosen?
- What did Joseph Smith do?

There Is a Prophet on the Earth Today

Our Father in Heaven loves His children who are on the earth today. He knows that we have many problems. He has sent a prophet to help us. He speaks to the prophet today just as He spoke to prophets in the past. Our Father in Heaven gives this prophet instructions for the people of the whole world. The prophet is the only person who can receive instructions from our Father in Heaven for the whole world.

The prophet who lives today is a great man. He loves our Father in Heaven and wants to obey Him. Our Father in Heaven tells the prophet things He wants us to know and to do.

Discussion

- Why has our Father in Heaven sent a prophet today?
- For whom does the prophet receive instructions?
- Why can we believe all the prophet tells us?

Our Father in Heaven Helps Us When We Obey the Instructions He Gives to the Prophet

Our Father in Heaven has commanded us to obey His prophet when the prophet speaks for Him. When we obey the instructions our Father in Heaven gives the prophet, we learn how to become more like our Father in Heaven. We learn the things we should do. We can learn how to solve problems when we have them. Our Father in Heaven will help us, and we will have peace in our hearts.

Discussion

- Why should we listen to the things the prophet tells us to do?
- How will our Father in Heaven help us when we do the things He instructs the prophet to tell us?

References

A Prophet Is a Man Who Speaks for Our Father in Heaven

- Numbers 12:6; Luke 1:70 (Our Father in Heaven speaks through prophets.)
- Jeremiah 1:5, 7 (Our Father in Heaven tells His prophets what to say.)

Our Father in Heaven Has Always Sent Prophets to Help Us

- Amos 3:7 (Our Father in Heaven always speaks through His prophets.)
- Hebrews 1:1 (In the past, our Father in Heaven spoke to men through prophets.)

There Is a Prophet on the Earth Today

- 2 Nephi 3:7–24 (Our Father in Heaven promised to choose prophets in the latter days.)

Our Father in Heaven Helps Us When We Obey the Instructions He Gives to the Prophet

- Deuteronomy 18:18–19 (Those who will not listen to the prophets will still be judged by what the prophets have taught.)
- 3 Nephi 28:34 (Our Father in Heaven will not allow those who reject the words of His prophets to live with Him again.)

SCRIPTURES

Chapter 10

Our Father in Heaven has given us four sacred books to help us. Do you know the names of these four books?

Our Father in Heaven Shows His Love for Us by Giving Us Sacred Writings

Our Father in Heaven has told the prophets to write the things He wants us to know. These writings are called scriptures. They are very sacred because the things that are in them come from our Father in Heaven. They are greater and more important than anything a person could write without our Father in Heaven's help.

Our Father in Heaven gives us these writings to help us. By reading them we can learn of our Father in Heaven's great plan for us. We can learn about our life with Him before we were born. We can learn about Jesus Christ. We can learn the things we must do to be happy and become like our Father in Heaven.

These writings help us learn that our Father in Heaven loves us and wants us to do the right things. They tell us about other people who learned about our Father in Heaven. They tell us that He loves all people. We read in these scriptures that when people choose to obey our Father in Heaven, they are happy, and He helps them. When they do not obey Him, they are not happy and do not receive His help.

Discussion

- What are the scriptures?
- What can we learn from the scriptures?

We Have Four Books of Scripture

The four books of scripture are the Bible, the Book of Mormon, the Doctrine and Covenants, and the Pearl of Great Price. They all contain the words of our Father in Heaven and Jesus Christ. They all teach the true teachings of our Father in Heaven and Jesus Christ.

The Bible

The Bible contains our Father in Heaven's words given to people from the time of Adam to the time when the Apostles* of Jesus lived. These words are also for us to study and follow today. The Bible is divided into two parts. These are the Old Testament and the New Testament.

The Old Testament starts with the story of how our Father in Heaven created the earth and sent the first man and woman to earth. The Old Testament contains the stories of many prophets, such as Noah, Abraham, Israel, Moses, Isaiah, and Elijah. The stories tell how our Father in Heaven helped the people when they did what was good. It also explains that when the people did not listen to the prophets and did not obey our Father in Heaven's teachings, they could not receive His help.

The New Testament is the second part of the Bible. It tells the story of the birth and life of Jesus on earth. It contains some of Jesus' beautiful teachings and many stories of His love for the people and how He helped them. It explains how He called Apostles from among His followers and how He taught these Apostles and gave them authority to do His work. His followers knew He was the Lord. Later writers called Him the Lord Jesus Christ.

The New Testament tells how Jesus suffered and died for all. The New Testament ends with the stories of how His Apostles taught others about Him, the things that will happen before Jesus comes again, and the end of the world.

The people of the world did not accept the Apostles but laughed at them, persecuted them, and killed them. When all of the Apostles and prophets were dead, there was no one left to write the words of our Father in Heaven.

The Bible contains the words of our Father in Heaven as far as it is translated correctly.

The Book of Mormon

The Book of Mormon contains our Father in Heaven's teachings to people who lived on the American continents. Parts of this record were written 2,000 years before Jesus Christ was born. Another part begins about 600 years before Jesus Christ and ends 400 years after He was born. This book contains important teachings of our Father in Heaven. The Book of Mormon was written to help people then and now to know that Jesus is the Savior of all the world.

Most of the Book of Mormon tells about a group of people who traveled from Jerusalem to the American continent. They made the journey 600 years before Jesus Christ was born. They were led by a prophet named Lehi and his son Nephi. Two of the brothers of Nephi were wicked and would not obey their father. They were called Laman and Lemuel.

When Lehi died, the members of his family separated into two groups. Those who followed Nephi were called Nephites. Those who followed Laman were called Lamanites. These small groups grew to be great nations. The Nephites and the Lamanites fought many wars against each other. Our Father in Heaven blessed and protected the people who were obeying His commandments.

Our Father in Heaven chose many prophets to teach and lead His people in America. The stories of their lives and their teachings are found in the Book of Mormon. Some of the most important prophets in this book are Nephi, Jacob, Benjamin, Alma, Mormon, and Moroni. All of these men wrote the history of our Father in Heaven's people in America. Mormon took these records written by the prophets and put them together in one book.

The prophets told the people that Jesus would come to visit their land after He completed His work in Jerusalem. Jesus did appear to the good people in America. He taught them His gospel* and the things they must do to return to our Father in Heaven after they died.

The people believed Jesus and obeyed Him for many years. They were good and lived in peace. Then they started to forget about Jesus. They stopped listening to their prophets. They did only wicked things.

Mormon, one of the last prophets in the book, gave the history of his people, the Nephites, to his son Moroni. After all his people were killed in a great battle with the Lamanites, Moroni buried in a hill the history that the prophets had written of his people.

The history remained buried in the hill for hundreds of years. Finally, in 1820, our Father in Heaven chose Joseph Smith to be His prophet and sent Moroni, a resurrected* being, to show Joseph where the history was buried. Joseph translated the history into English. It is known today as the Book of Mormon.

The Book of Mormon was written to show that our Father in Heaven knows and loves people everywhere on earth. The Book of Mormon teaches that Jesus is the Savior of all the people on earth and is the Son of our Father in Heaven.

The Doctrine and Covenants

The Doctrine and Covenants contains the words of our Father in Heaven to people of modern times. It contains instructions for organizing the Church of Jesus Christ. It explains the duties of the members and leaders. It also contains teachings that had been lost for a long time to the people of the world. It explains some teachings of the Bible.

The Doctrine and Covenants has messages for us who live today. It warns us of the things that will come if we do not obey our Father in Heaven. It also tells us about the wonderful things our Father in Heaven has prepared for us if we obey Him.

The Pearl of Great Price

The Pearl of Great Price contains the book of Moses, the book of Abraham, and some inspired writings of Joseph Smith.

The book of Moses contains visions that our Father in Heaven gave to Moses. It explains the Creation of the earth. It contains teachings that were lost from the Bible.

The book of Abraham tells about the Creation of the earth and about our Father in Heaven and His power.

The writings of Joseph Smith tell how our Father in Heaven called him to be a prophet. They also include some of his translation of the Bible and statements explaining some of the beliefs of The Church of Jesus Christ of Latter-day Saints. These statements are called the Articles of Faith.

The prophet of our Father in Heaven who lives today also writes things that our Father in Heaven tells him. Our Father in Heaven has made known many great and important things to prophets in the past. He continues to make known great and important things to His prophet today.

Discussion

- What are the four books of scripture we have today?
- Why is each of these books important to us?

Our Father in Heaven Will Help Us When We Study the Scriptures

In the scriptures, our Father in Heaven teaches us His plan for us to return to Him. By studying the scriptures we can learn the things He wants us to know and do. If we do not study the scriptures, we will not know what is in them. We will not know what our Father in Heaven wants us to do.

We need to study the scriptures every day. We should also read to our families from the scriptures. We should help our families understand the scriptures. We should teach our children that these are sacred books that come from our Father in Heaven. We should help them to know what is in these books and to be grateful for them.

Discussion

- How will our Father in Heaven help us when we read the scriptures?

References

Our Father in Heaven Shows His Love for Us by Giving Us Sacred Writings

- 2 Timothy 3:16–17 (Our Father in Heaven gives us scriptures to help us.)
- 2 Nephi 29:3–13 (Our Father in Heaven gives scriptures to all who obey Him.)
- 2 Nephi 33:10 (The scriptures give us the words of Jesus Christ.)

We Have Four Books of Scripture

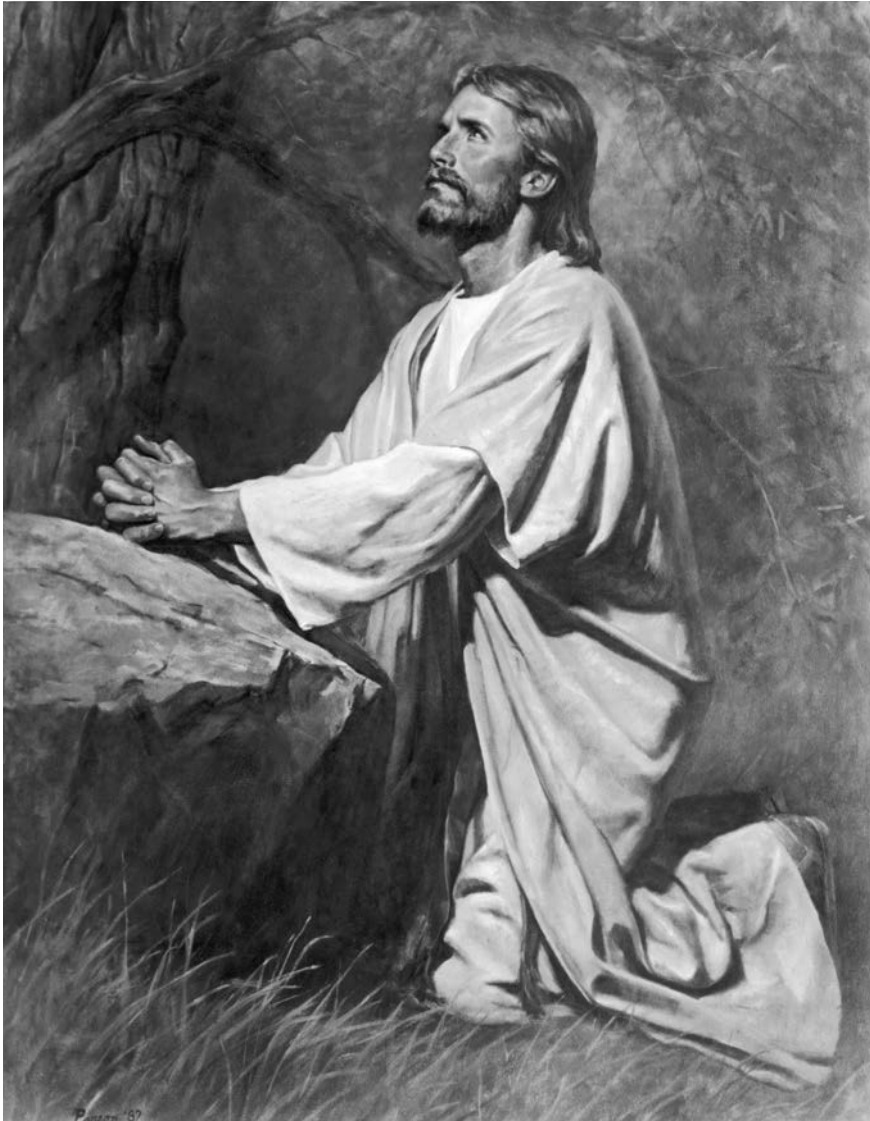
- 2 Nephi 3:12; 2 Nephi 29 (Our Father in Heaven commands many prophets to write scriptures.)
- Doctrine and Covenants 20:9 (The Book of Mormon contains the gospel taught by Jesus.)

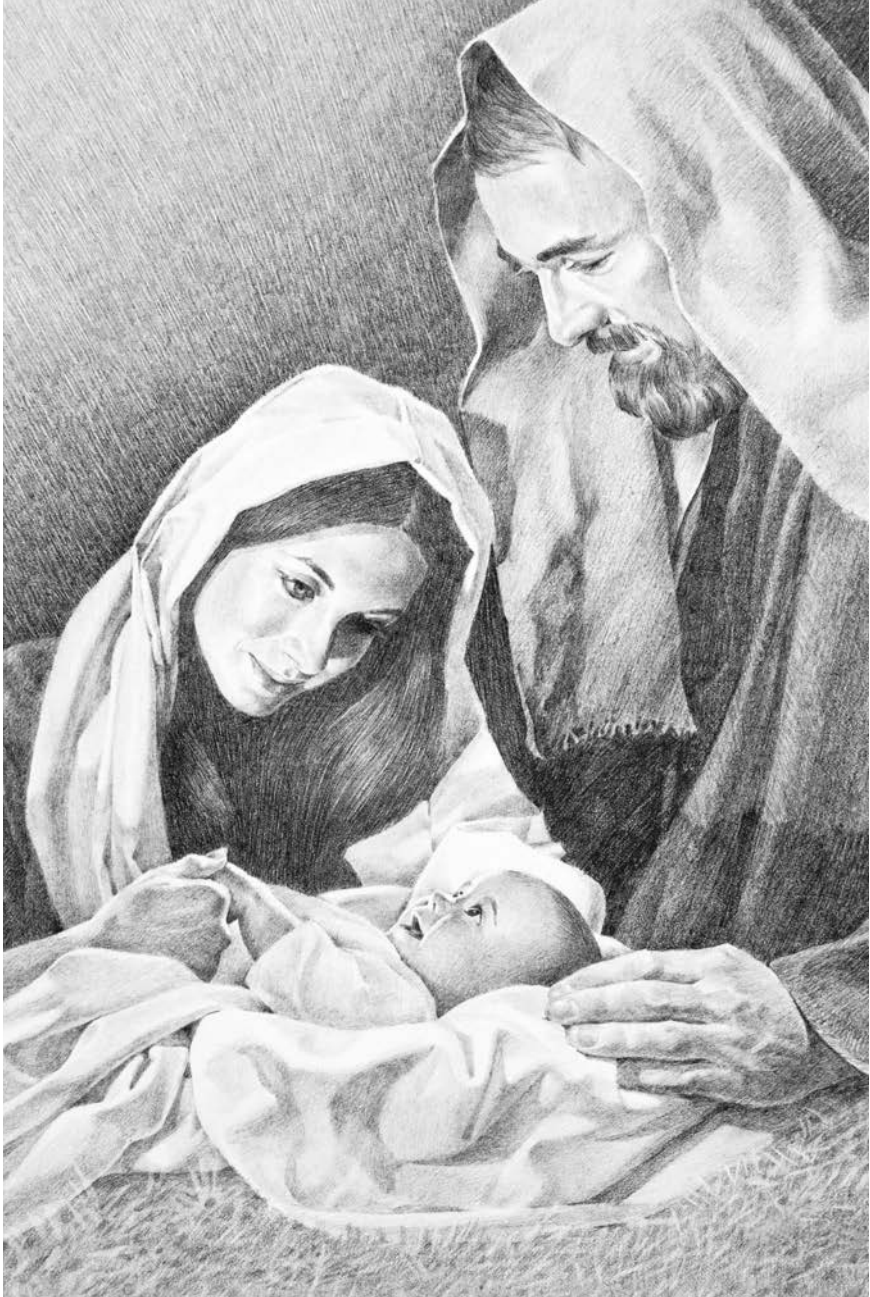
Our Father in Heaven Will Help Us When We Study the Scriptures

- John 5:39 (Study the scriptures. They will help us to return to our Father in Heaven.)
- Mormon 7 (Scriptures teach us the things that we must know.)
- Moroni 10:3–5 (The Holy Ghost will help us to know that the scriptures are true.)

OUR SAVIOR, JESUS CHRIST

Part Four





The Savior, Jesus Christ, was born in a humble stable.

THE LIFE OF JESUS CHRIST

Chapter 11

Jesus Christ is the only person who can lead us back to our Heavenly Father. What do you know about Him?

Many People Waited with Great Desire for the Coming of Jesus Christ

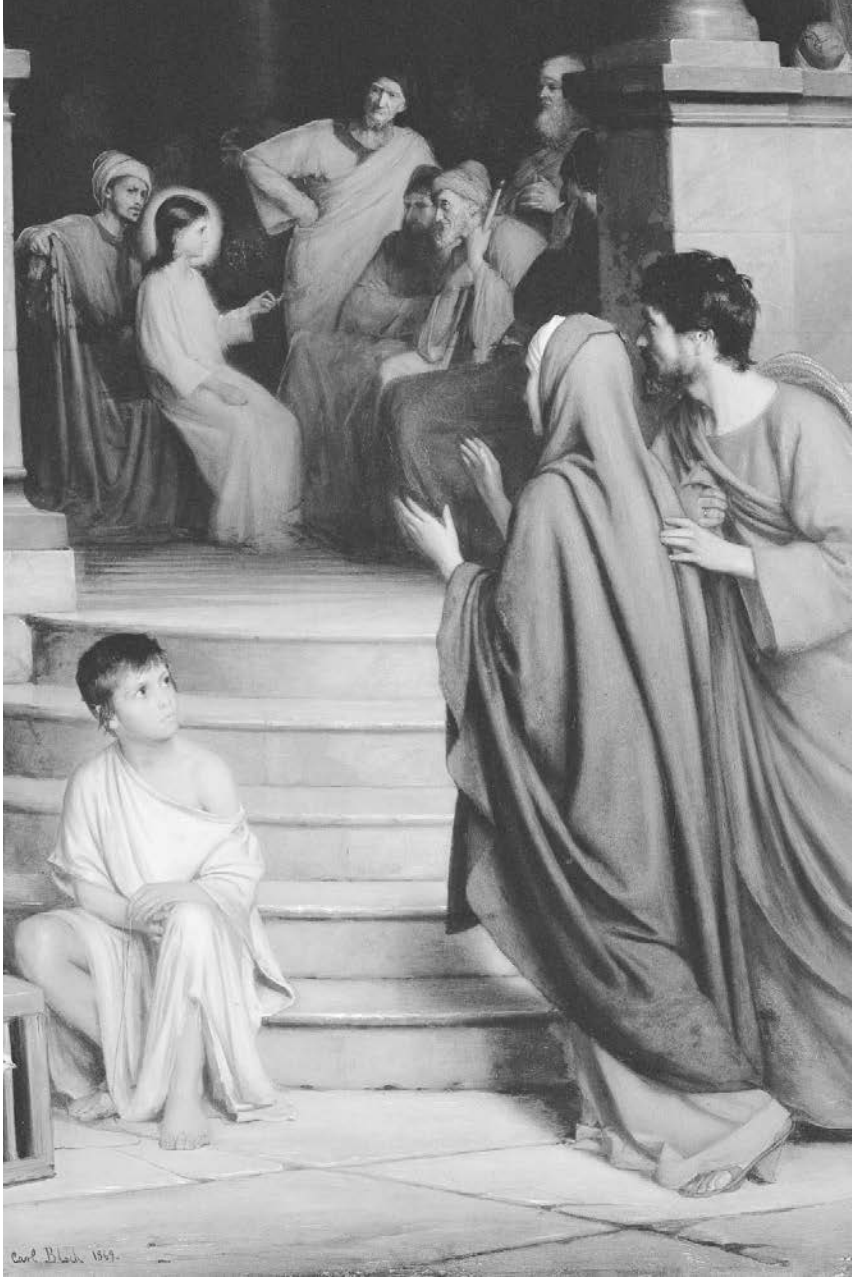
Jesus offered to be our Savior. He said He would come to earth to show us how to return to our Father in Heaven. Many people who lived before Jesus was born believed He would come to be their Savior. They looked forward to His coming. They knew He could save them from being punished forever for their sins.

All the prophets who lived before Jesus was born told the people He would come. Our Father in Heaven sent an angel to tell Adam that Jesus would come to earth.

Many years before Jesus was born, a prophet named Isaiah saw in a vision that Jesus would suffer to pay for our sins. Isaiah said people would hate and reject Jesus and Jesus would feel great sorrow.

Nephi, a prophet about whom we read in the Book of Mormon, saw the things Jesus would do. Nephi saw these things many years before Jesus was born. He saw the baby Jesus in His mother's arms. An angel told Nephi the baby was the Son of our Father in Heaven.

We read about a prophet named Benjamin in the Book of Mormon. He told the people Jesus would soon come to the earth. Benjamin told them Jesus would heal the sick, make the lame walk, make the blind see, and make the deaf hear. He would also cast out evil spirits and bring dead people back to life. Benjamin said Jesus would teach the people to love our Father in Heaven and love each other.



While yet a boy, Jesus taught the learned men in the temple.

All the prophets who lived after Jesus was born have told us He did come. Without Jesus Christ, the plan of our Father in Heaven would have failed.

Discussion

- Why did Jesus offer to come to earth?
- Who were some of the prophets who testified that He would come?

The Birth of Jesus Brought Great Joy to the World

Jesus was born in the little town called Bethlehem. Angels sang when He was born because they were very happy. A new star appeared in the sky. Shepherds and wise men went to see and worship Him. Many people all over the world still celebrate His birth.

Jesus was different from any other child ever born. The Father of Jesus was our Father in Heaven. Our Father in Heaven was not only the Father of Jesus' spirit but also the Father of His body of flesh and bones. Jesus received power from His Father that other people do not have. People could not take His life unless He allowed them to take it. After He died, He had power to make His body become alive again.

The mother of Jesus was Mary. She was a pure young woman who lived almost 2,000 years ago in a town called Nazareth. While she was a young virgin, not yet married, an angel from our Father in Heaven came to her. The angel told her that she would be the mother of Jesus Christ. The angel told her that our Father in Heaven would be the Father of Jesus. No man on earth would be His Father.

The angel also came to the man whom Mary was going to marry. The man was named Joseph. The angel told Joseph the child who would be born would be the Son of our Father in Heaven and not the son of any man on earth. The angel told him he should marry Mary. So Joseph and Mary were married. After Jesus was born, Joseph cared for Him as if Jesus were his own son.

Since His mother was mortal, Jesus could feel hunger, thirst, and pain, and He could die.

Discussion

- How do we know that the birth of Jesus was an important event?
- What powers did Jesus receive from His Father?
- What things did Jesus feel because He had an earthly mother?

Jesus Came to Teach Us His Gospel

Jesus Was Sinless

Jesus was sinless. He did everything our Father in Heaven wanted Him to do. Jesus grew in the same way as other children grow. As He grew, He gained wisdom. He had the power of our Father in Heaven.

By the time Jesus was 12 years old, He knew He had been sent to do the things our Father in Heaven wanted Him to do. He knew He had a special work to do on earth.

One day He went with Mary and Joseph to Jerusalem. When Mary and Joseph were returning home, they saw that Jesus was not with them. They went back to Jerusalem to look for Him. After three days they found Him in the temple, talking with the wise men and answering their questions. Everyone who heard Him was surprised He knew so much and could answer their questions. Joseph and Mary were happy to find Him, but they were unhappy He had not stayed with them. Jesus told them it was because He had to do His Father in Heaven's work.

*Jesus Was Baptized**

When Jesus was 30 years old, He went to John the Baptist to be baptized. John thought he should not baptize Jesus, because Jesus had never sinned. But Jesus told John to baptize Him. Jesus wanted to obey all of our Father in Heaven's commandments. John baptized Jesus, putting Him completely under the water and raising Him up again. When Jesus was baptized, our Father in Heaven spoke from heaven and said that Jesus was His Son and that He, our Father in Heaven, was very happy with Him. The Holy Ghost also came to Jesus when He was baptized.

Satan Tempted Jesus

After Jesus was baptized, He went to a desert to be alone and to fast and pray. After Jesus had fasted for 40 days, Satan came and tempted Him. Satan knew that if he could cause Jesus to commit one sin, Jesus would not be able to do the things He had been sent to do. Then the plan of our Father in Heaven would fail.

Jesus resisted all the temptations of Satan. Finally, He told Satan to leave. After Satan left, angels came and visited Jesus.

Jesus Taught Us to Love Our Father in Heaven and to Love One Another

After He had resisted Satan, Jesus began to teach the people. One reason He came to earth was to teach us the way we should live.

Jesus taught that we should love our Father in Heaven with all our heart, mind, and strength. He taught that we should also love other people as much as we love ourselves. We should also forgive and serve other people. Jesus showed us how to do these things. He showed His love for our Father in Heaven by doing everything our Father in Heaven asked Him to do.

Jesus Loved All People

Jesus had love for everyone. He healed the sick. He made the blind see and the lame walk. He took little children in His arms and blessed them.

Jesus showed love for those who had sinned. He taught them to be sorry for their sins and not sin anymore. Jesus even loved those who killed Him. He prayed to our Father in Heaven for them. Jesus taught that we should love one another as He has loved us.

Discussion

- What are some of the things we can do to show our Father in Heaven we love Him?
- What are some of the things we can do for others to show our love for them?

Jesus Organized a Church

Jesus wanted all people to know the way to return to our Father in Heaven. His way is called the gospel. Jesus organized a church so all people could learn the gospel.

Jesus chose twelve men, called Apostles, to lead the Church. They would teach people the gospel after He went back to heaven. Jesus gave the Twelve Apostles the authority to represent Him. They could teach the gospel to all people and baptize them. They could choose others to help teach the gospel and do all the things He wanted done.

Discussion

- Why did Jesus choose the Twelve Apostles?

When We Learn about Jesus, We Understand What a Great Person He Is

Jesus helped each of us by showing us how to live. When we learn to be like Him, we learn to do the things that make us happy. We can also learn the things that will help us return to heaven to live with our Father in Heaven.

When we know that Jesus loves us, we feel peace. We feel safe and unafraid. We know we can depend upon Him to be our leader. We know that He understands our problems. His teachings help us to overcome our problems. When we understand all that Jesus has done for us, our love for Him increases. Our love for Him makes us want to obey Him. We look forward to the time when we can be with Him.

Discussion

- How does learning about Jesus help us?
- How do you feel as you learn about Jesus?

References

Many People Waited with Great Desire for the Coming of Jesus Christ

- Isaiah 53:3–7 (Isaiah told about Jesus.)
- Mosiah 3:5–7 (Benjamin told the things that Jesus would do.)

The Birth of Jesus Brought Great Joy to the World

- Luke 2; 3 Nephi 1 (The birth of Jesus.)

Jesus Came to Teach Us His Gospel

- Matthew 3:13–17 (Jesus was baptized.)
- Matthew 4:1–11 (Satan tempted Jesus.)
- Matthew 25:35–46; John 15:12 (Jesus wants us to help others.)
- Mark 1:34; Matthew 14:14 (Jesus healed the sick people.)
- Luke 2:40 (Jesus grew to be very wise, even while He was still a child.)
- Luke 2:46–47 (The boy Jesus taught the learned men in the temple.)
- John 8:28–29 (Jesus did the things that our Father in Heaven wanted Him to do.)

When We Learn about Jesus, We Understand What a Great Person He Is

- Matthew, Mark, Luke, John (The life and teachings of Jesus.)

THE ATONEMENT OF JESUS CHRIST

Chapter 12

Jesus suffered greatly because of our sins. Why did He choose to die for us?

Our Father in Heaven Sent Jesus Christ to Earth to Be Our Savior

We need to have bodies of flesh and bones to become like our Father in Heaven, but our Father in Heaven knew that we would all die and lose our bodies because Adam and Eve disobeyed our Father in Heaven. By eating the fruit that our Father in Heaven told them not to eat, they would eventually die, and so would everyone else born after them. Also, our Father in Heaven knew that all of us would sin while on earth, and because of our sins we would not be able to return to live with Him. We would need help to pay the penalty for our sins and to become obedient so that we could return to our Father in Heaven. We would need help to regain our bodies of flesh and bones after death. Jesus said He would help us. He would be our Savior.

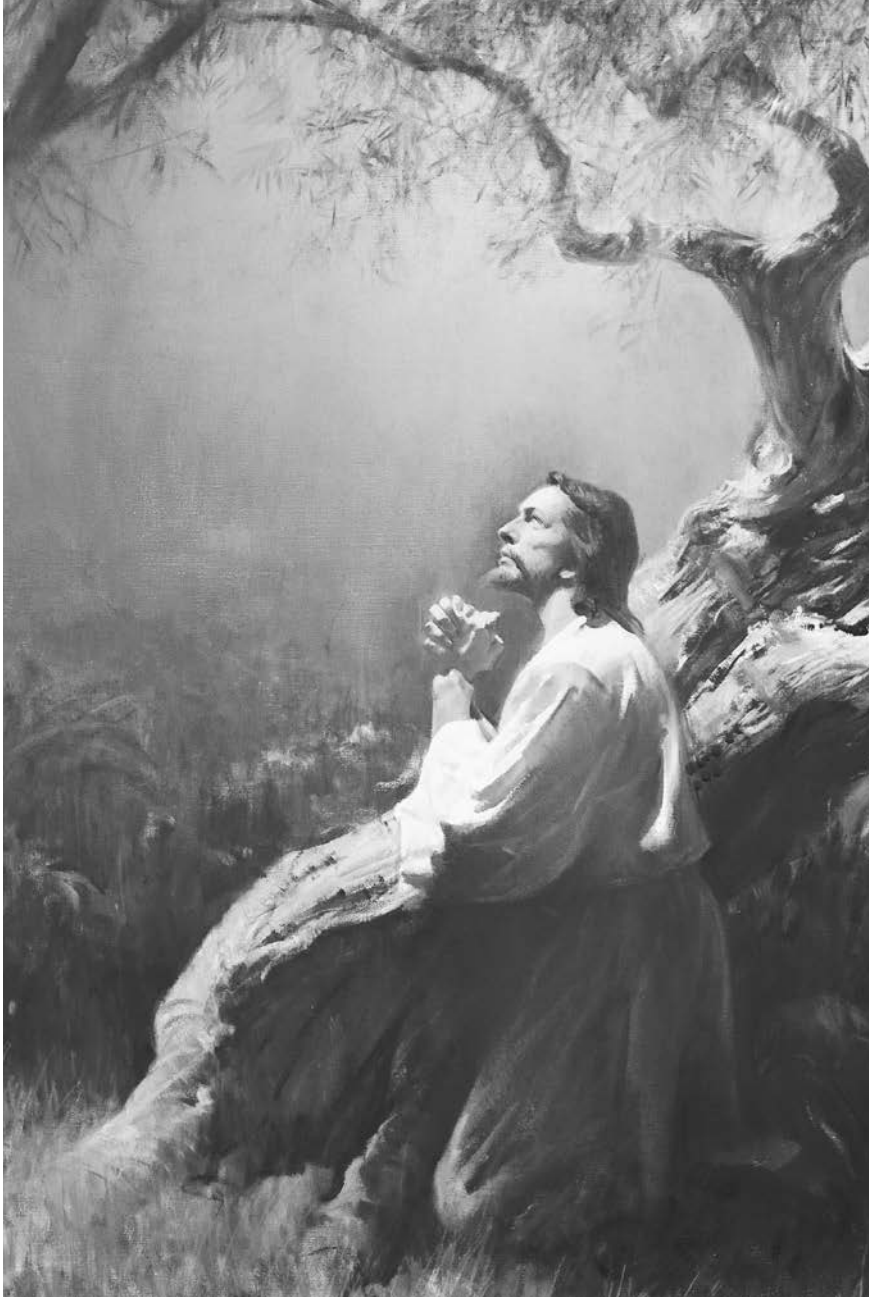
We needed someone who was sinless to pay for our sins. Jesus is the only one who could do this. He did not sin. He had power over death, so He could help us to have our bodies again after we die. He loved us very much. He was willing to suffer for our sins so we could be clean from them. He was willing to die for us so we could come back to life after death. Jesus' sacrifice for us is called the Atonement.

Discussion

- Why was it necessary for our Father in Heaven to send Jesus to this earth?

Jesus' Suffering Shows Us How Much He and Our Father in Heaven Love Us

Our Father in Heaven loves us so much that He sent His Son, Jesus, to earth and allowed Him to suffer and die for us. Jesus loves us so much that He suffered great pain and death for us. Jesus knew the suffering would



In the Garden of Gethsemane, Jesus took upon Himself the sins of all mankind.

be very great. It was almost more than He could bear. But He wanted us to be able to become like our Father in Heaven.

Jesus went to a place called the Garden of Gethsemane. There He knelt and prayed to our Father in Heaven for help. He asked our Father in Heaven, if it were possible, that He not be made to suffer. But He said He would do what our Father in Heaven wanted Him to do. Jesus was not forced to suffer. He chose to suffer because it was part of our Father in Heaven's plan so we could be cleansed from our sins.

In Gethsemane, Jesus suffered for the sins of all mankind, as if they were His own. His suffering for all of these sins was greater than any of us can understand. The pain was so great that He trembled. Blood came out from every pore of His body.

Afterward, wicked people came and took Him to the rulers of Jerusalem. There they spat on Him and beat Him. They made a crown of thorns and put it on His head. They laughed at Him and made fun of Him.

The rulers told the soldiers to crucify Jesus. They made Him carry a heavy wooden cross to the place where He would die. They hung Him on the cross by driving nails through His hands and feet. On the cross, He finished suffering the penalty for Adam's disobedience and for our own sins.

He was left to hang there for many hours. Even though He was suffering, and even though some people still made fun of Him, He was quiet and patient. Finally, He told our Father in Heaven He was returning His spirit to Him, and He died.

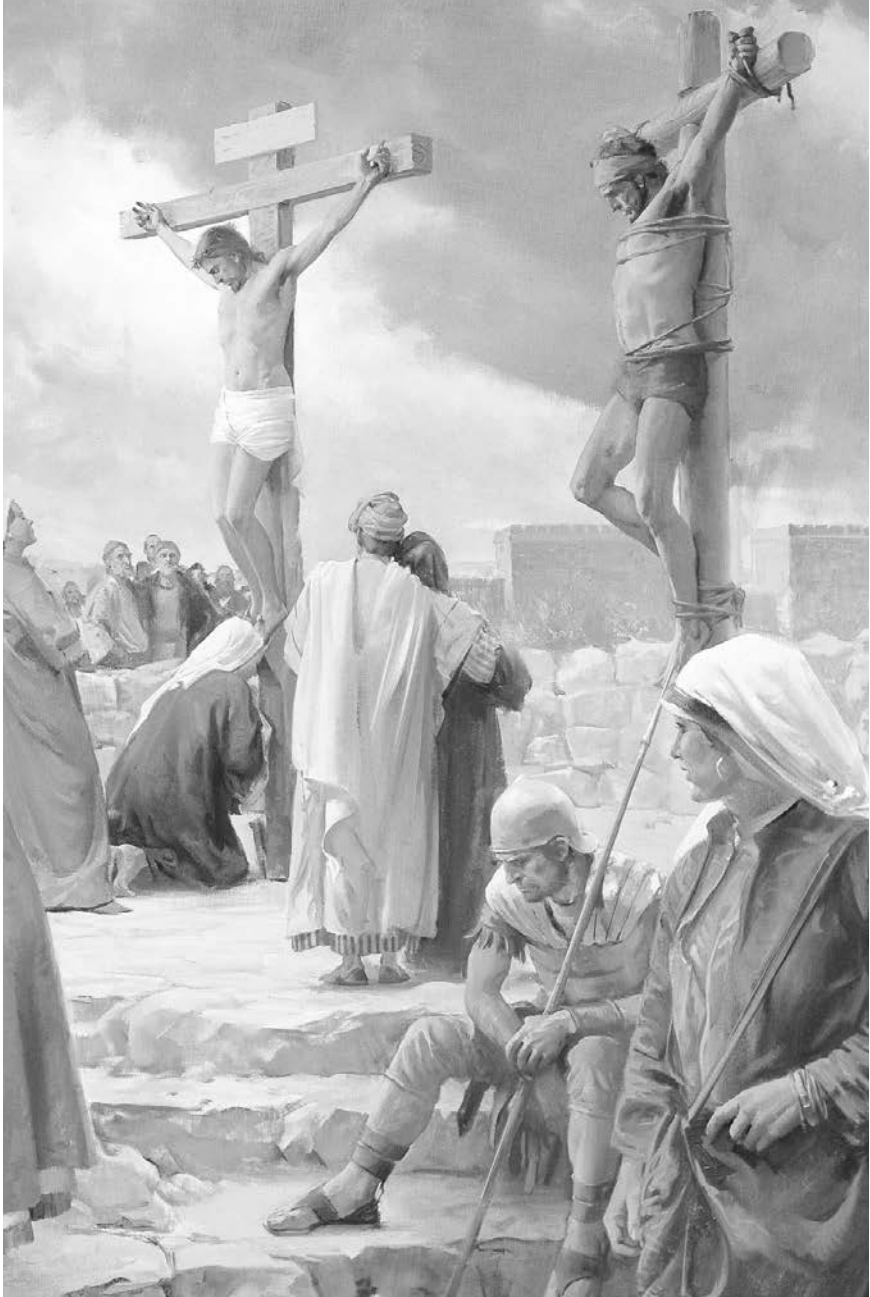
Jesus had power to save Himself from death. He could have continued to live, but He chose to die so we could live again with our Father in Heaven.

When Jesus died, His spirit left His body. On the third day after He died, His spirit returned to His body, and He lived again. The return of the spirit to the body is called resurrection.

Jesus appeared to His Apostles and to other people after He was resurrected. He showed His Apostles the marks left by the nails in His hands and feet. They touched them and knew that this was their leader, Jesus, come back to life. He talked with them and ate with them.

Discussion

- How did our Father in Heaven show His love for us?
- How did Jesus show His love for us?



Jesus died on the cross for the sins of all people.

Jesus Made It Possible for Us to Be Cleansed from Sin

Only Jesus could pay for our sins. We receive the full benefits of His sacrifice by believing that He lives and by keeping His commandments. We must be sorry for our sins. We must not do them anymore. We must follow the teachings of Jesus Christ. Then our Father in Heaven forgives our sins.

Discussion

- Why do you need Jesus to help you overcome your sins?
- What do you need to do so that the Atonement of Jesus can pay for your sins?

Jesus Made It Possible for All of Us to Regain Our Bodies

Jesus died willingly and was the first person to be resurrected. He is the only person who had power to resurrect Himself. He has also made it possible for us to be resurrected.

Even though we will die, we will live again. When we die, our spirits leave our bodies. But since Jesus overcame death, our spirits and bodies will be joined together again forever. We will never die again. This is a gift Jesus has given to everyone born on earth.

Discussion

- How did Jesus make it possible for us to regain our bodies?
- Who will be resurrected?

References

Our Father in Heaven Sent Jesus Christ to Earth to Be Our Savior

- Matthew 16:21 (Jesus told His Apostles He would die and be resurrected.)
- Alma 34:9–16 (Jesus is the only one who could pay for our sins.)

Jesus' Suffering Shows Us How Much He and Our Father in Heaven Love Us

- Luke 22:39–46 (The account of Jesus in the Garden of Gethsemane.)
- John 3:16 (Our Father in Heaven loved us so much He sent Jesus to save us.)

Jesus Made It Possible for Us to Be Cleansed from Sin

- Romans 5:12–17 (We overcome death and sin through Jesus.)
- 1 Peter 1:18–20 (We are saved by the shedding of Jesus' blood.)
- 1 John 1:7 (Jesus made it possible for us to be cleansed from all sin.)
- 2 Nephi 9:21–22 (Jesus' suffering will save us if we obey His commandments.)
- Helaman 14:15–18 (Jesus would die for us so we could live again.)

Jesus Made It Possible for All of Us to Regain Our Bodies

- John 5:28–29 (All of us will be resurrected.)
- 1 Corinthians 15:21–22 (Death came because of Adam; resurrection, because of Jesus.)
- Alma 11:40–45 (The body will be restored to its perfect form.)
- Mormon 9:12–14 (The resurrection allows us to overcome death.)

THE GOSPEL OF JESUS CHRIST

Part Five





To return to our Father in Heaven, we must have faith in Jesus Christ.

FAITH IN JESUS CHRIST

Chapter 13

How can we believe in Jesus Christ even though we have not seen Him?

We Can Believe in Jesus Christ and Trust Him

To have faith means we believe in someone or something we do not see, and we act according to that belief. For example, a farmer has faith that plants will grow if he plants seeds and cares for them. So he plants the seeds and waters and cares for them. When he does this, the plants grow and give him food.

Having faith in Jesus means we believe He lives and we obey Him, even if we do not see Him. These are some of the things we believe about Jesus when we have faith in Him:

1. We believe that our Father in Heaven chose Jesus to help us to follow our Father in Heaven's plan.
2. We believe that Jesus is our Savior.
3. We believe He was born in this world as the Son of our Father in Heaven.
4. We believe He came to earth to teach us how to return to our Father in Heaven.
5. We believe He loves us.
6. We believe He suffered for our sins so we can repent and not have to be punished for them.
7. We believe He died and was resurrected.
8. We believe that His teachings are true.
9. We believe that if we obey Jesus we can return to live with our Father in Heaven.

Having faith in Jesus Christ is essential to our returning to our Father in Heaven. When we have faith in Him, we trust Him and want to learn about Him. Jesus is the only one who can lead us back to our Father in

Heaven. Only those who believe in Jesus and obey Him can return and live with our Father in Heaven.

Discussion

- What is faith?
- What is faith in Jesus?
- What are some of the things we believe about Jesus?
- Why do we need to have faith in Jesus Christ?

Jesus Gave Us a Way to Develop Faith in Him

Jesus has told us how we can learn about Him and have faith in Him. He has told us to read the scriptures and learn what the prophets have written about Him. He has asked us to listen to the prophet who lives today. When we do these things, we learn more about Jesus.

As we learn about Jesus, we should pray. We should ask our Father in Heaven to help us understand what we read and hear about Jesus. Our Father in Heaven will send the Holy Ghost to help us to understand the things we are learning. The Holy Ghost will tell us that Jesus is the Son of our Father in Heaven, that He is our Savior, and that His teachings are true.

A prophet named Alma said that if we want to know whether something is true, we should test it. He compared this to planting a seed. If we plant a good seed and take care of it, it will grow, and we will know it was a good seed. If the seed does not grow, we will know it was a bad seed. If we want to know whether the teachings of Jesus are true, we should study them and obey them.

Faith in Jesus means more than just saying that we believe in Him. It means trusting in Him so strongly that we want to obey Him, whatever He commands us to do. Only those who obey Jesus truly have faith in Him. And as we obey Him, our faith in Him becomes stronger. We learn that His teachings come from our Father in Heaven, and not from men.

If we do not obey Jesus, our faith becomes weaker. When we do the things He commands us to do, our faith grows stronger. Our faith can continue to become stronger until we have a sure knowledge that He lives, just as surely as if we could see Him.

Discussion

- How can we have faith in Jesus even if we do not see Him?
- Why do we have to obey Jesus in order to have faith in Him?

We Can Receive Great Knowledge and Power When We Have Faith in Jesus

The prophets we read about in the scriptures had strong faith in Jesus. This faith gave them power to help their people. Because they had faith in Jesus, they had power to do things they could not do by themselves.

Before Jesus was born on the earth, our Father in Heaven instructed Him to tell a prophet named Noah to build a ship because our Father in Heaven was going to send a great flood if the wicked people of Noah's time did not repent. The people did not repent. Noah believed Jesus and built the ship. When the flood came, all the people who did not repent were killed; but Noah and his family were safe in the ship because they had believed Jesus and had done what He said.

Moses was a prophet who led his people out of slavery. Our Father in Heaven sent Jesus to help Moses because Moses believed in Jesus and did the things Jesus told him to do.

When Jesus lived on the earth, a woman had great faith in Him. She had been sick for a long time, and she believed that if she could only touch Jesus' clothes, she would be healed. Jesus was walking in a crowd of people. She pushed through the crowd to Him and touched His clothes. She was healed immediately. Jesus told her that her faith had made her well.

The Prophet Joseph Smith had faith in Jesus Christ. He read in the Bible that our Father in Heaven will answer our prayers if we believe He will. Joseph prayed to our Father in Heaven. Our Father in Heaven and Jesus appeared to Joseph. Our Father in Heaven told Joseph to listen to Jesus and obey what Jesus told him. Joseph obeyed Jesus, and so he was able to receive the Book of Mormon and help restore the Church of Jesus Christ.

Jesus will also help us if we have faith in Him. He will help us with our problems. He will help us if we are discouraged. He will help us to overcome sin. We will be able to help our families and other people.

When we have faith in Jesus, we begin to follow our Father in Heaven's plan. We start to live and do things that will lead us back to our Father in Heaven. If we continue, someday we will be able to live with Him forever.

Discussion

- What kind of knowledge and power can we have when we have faith in Jesus?

References

We Can Believe in Jesus Christ and Trust Him

- John 14:6 (Only Jesus can show us the way back to our Heavenly Father.)
- Acts 4:12; 2 Nephi 2:9; 9:23; Mosiah 3:12 (Only those who have faith in Jesus can be saved from their sins.)
- Hebrews 11:1; Alma 32:21 (To have faith is to believe in what we cannot see.)
- Hebrews 11:6 (Without faith, we cannot serve our Father in Heaven.)
- Mosiah 4:10–11 (We should have faith in Jesus.)

Jesus Gave Us a Way to Develop Faith in Him

- John 5:39 (The scriptures testify of Jesus, so we must study them.)
- John 7:16–17 (If we do the things Jesus has told us to do, we will know His teachings are true.)
- 1 Corinthians 12:3 (The Holy Ghost helps us have faith in Jesus.)
- James 2:17 (We show we believe in Jesus by doing the things He has told us to do.)
- Alma 32:27–39 (If we try to obey Jesus, we will know His teachings are good.)

We Can Receive Great Knowledge and Power When We Have Faith in Jesus

- Luke 8:43–48 (Jesus healed a woman because of her faith in Him.)
- Hebrews 11 (Jesus has helped many people because of their faith.)

REPENTANCE

Chapter 14

Doing wrong things makes us sad. How can we become happy again after we have done something wrong?

Our Father in Heaven Planned a Way for Us to Overcome Sin

Our Father in Heaven knew that all of us would do wrong things on earth. The wrong things we do are sins. We sin when we do the things God has told us not to do. We also sin when we do not do the things God has told us to do.

Our Father in Heaven does not sin, and He does not allow people who sin to live with Him. To live with Him we must repent of our sins. To repent means to feel sorry for our sins and stop doing them.

Our Father in Heaven loves us. He does not want our sins to keep us from going back to Him. So He planned a way to help us.

Our Father in Heaven sent Jesus to help us to repent of our sins. Jesus teaches us the things that we should do to avoid sin. He also gives us strength to do these things. When we believe in Him and follow Him, He changes our hearts so we do not even want to sin, but want only to do good. If we do not want to suffer for our sins, we must believe in Jesus. Those who truly believe in Jesus repent of their sins.

When we believe in Jesus and repent, the suffering of Jesus pays for our sins and we become cleansed. We are able to return to live with our Father in Heaven because we are clean.

Discussion

- What does it mean to repent?
- Why does our Father in Heaven want us to repent of our sins?
- Why is it that those who truly have faith in Jesus repent of their sins?

Our Father in Heaven Has Told Us What We Need to Do to Repent

To repent, we must believe in Jesus and the things He taught. We must believe He suffered for our sins. We must believe that only He could pay for our sins. We must believe that He wants us to overcome our sins and that He will help us do this. We must work hard to do what He commands us to do.

When we repent, we let Jesus change us to be the way He wants us to be. We stop doing wrong things and start doing right things. If we have said things that are not true, we stop and say only things that are true. If we have stolen something, we return it to its owner and never steal anything again. If we have been unkind to others, we stop and do kind things for them.

When we repent we do the following things:

We admit to ourselves that we have sinned. We know that we are sinning when we are not obeying our Father in Heaven. When we repent, we do not make excuses for doing wrong things. We admit that we have done wrong, and we want to change.

We feel sorry for the wrong things we have done. When we repent, we feel sincerely sad for doing wrong things. We do not just say that we are sorry for our sins. We truly feel sorry for doing them and wish we had not done them. We also want to do what our Father in Heaven commands us to do.

We stop doing wrong things. If we only admit to ourselves that we have sinned, and if we only say that we feel sorry, we have not truly repented. To repent truly, we must also stop doing the wrong things. Sometimes it is not easy to stop, but Jesus came to earth to give us the help we need. Our Father in Heaven wants us to let Jesus help us because that is the only way we can become perfected and return to live with God.

We confess our sins. In The Church of Jesus Christ of Latter-day Saints, to confess means to tell our Father in Heaven and a Church leader what we have done wrong. Some sins we commit affect only ourselves. When we pray to our Father in Heaven, we should tell Him about these sins and ask Him to forgive us and help us overcome them. If our sin affects another person, we should confess it to that person and to God. We should confess very bad sins, such as adultery, to our Church leader, who may be our bishop* or our branch* president.

We do what we can to make right what we have done wrong. When we repent, we correct the bad things we have done. For example, if we have stolen

from a neighbor, we give back the thing we have taken. If we do not have the thing we took anymore, we replace it or pay for it.

We forgive the sins of others. Our Father in Heaven has commanded us to forgive others. If we want Him to forgive us, we must forgive others. If we hate other people because of the wrong things they have done and we do not forgive them, our Father in Heaven will not forgive us for our sins.

We sincerely try to obey all the commandments of Jesus all our lives. We continue to change what we do wrong until we do the right things. We do what we can every day to correct the bad things we do.

We must repent whenever we have done something wrong. We may think repenting right now is difficult. We may think repenting will be easier later, but it will not. Repenting becomes harder when we wait to do it. Waiting to repent also holds us back spiritually, because Jesus cannot help us learn more about our Father in Heaven and prepare to live with our Father in Heaven if we don't repent of the wrong things we do. Whenever we realize that we are doing wrong things, we should repent immediately.

Discussion

- What do we need to do to repent?

Each of Us Can Repent

Each of us can repent. Sometimes repentance may seem too difficult for us. We may feel we will never be able to overcome our weaknesses. Satan wants us to believe this so we will keep doing wrong things. We must remember that we can repent. We cannot do it by ourselves. We need help. Each of us is a child of our Father in Heaven, and He has sent Jesus to help us. With Jesus' help we can do all the things our Father in Heaven has commanded us to do.

Jesus will help us to repent if we pray to our Father in Heaven for Jesus' help. He and our Father in Heaven want us to do right things. They do not like the wrong things we do. But They still love us, even when we do wrong things. They want us to repent so our Father in Heaven can forgive us and we can be happy.

Discussion

- Why should we repent even when repenting seems difficult?
- Who will help us repent?

Our Father in Heaven Rewards Us When We Repent

When we place our faith in Jesus and repent, our Father in Heaven forgives us completely. We do not have to worry about being punished for them. Not only does He forgive us; He also gives us help so that we no longer even want to sin but to do only good things always. Jesus gives us this help.

We should remember that we will not become like our Father in Heaven all at once. But as we continue to have faith in Jesus and repent of our sins and work to obey Jesus, our Father in Heaven continues to forgive our sins. Jesus continues to help us. We become more and more like our Father in Heaven. Eventually, we can return to live with our Father in Heaven.

When we repent, we feel happy. We are not sad for the wrong things we have done, but we feel happy because we have overcome our weaknesses with the help of Jesus. We know then that we have power to resist temptations and do the right things.

Discussion

- What rewards do we receive when we repent?

References

Our Father in Heaven Planned a Way for Us to Overcome Sin

- James 4:17 (To sin is to do what God has told us not to do.)
- 1 John 1:8 (If we say we have not sinned, we are not telling the truth.)
- 1 John 5:17 (To do anything unrighteous is to sin.)

Our Father in Heaven Has Told Us What We Need to Do to Repent

- Matthew 6:14–15; 3 Nephi 13:14–15 (We must forgive others.)
- Alma 32:13–16 (It is better for us to become humble by ourselves than be forced to become humble.)
- Alma 34:32–36 (Now is the time to repent.)

Each of Us Can Repent

- 1 Nephi 3:7 (Our Father in Heaven never asks us to do things that are impossible for us to do.)
- Alma 42:29–30 (We should not make excuses for our sins.)

Our Father in Heaven Rewards Us When We Repent

- Mosiah 5:5–9 (Jesus will help those who repent and obey Him.)
- Moroni 8:24–26 (Those who repent can be baptized.)

BAPTISM

Chapter 15

Being baptized is one of the most important things that you can do on this earth. Why is baptism so important? What is the correct way to be baptized?

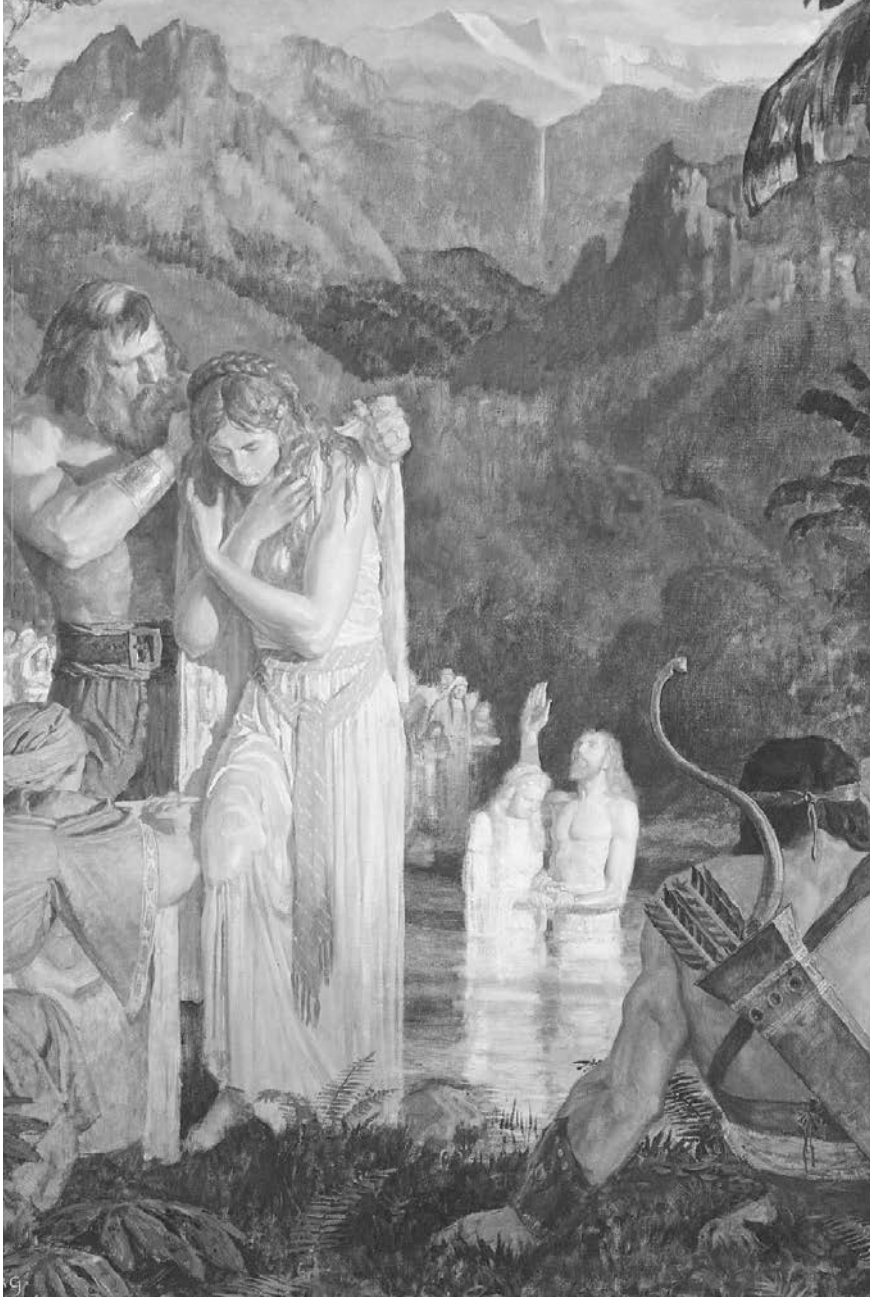
Our Father in Heaven Has Commanded Us to Be Baptized

Being baptized means being placed completely under water for a moment and being raised up again by a person who has the authority to do the baptism. Baptism is part of our Father in Heaven's plan for us. He commands us to be baptized to show that we believe in Jesus Christ, that we love Him and want to obey Him, and that we have repented of our sins.

Jesus knew that our Father in Heaven had commanded all His children to be baptized. When Jesus was on earth, He was baptized. He did this because He wanted to obey our Father in Heaven. He also wanted to show us that we should obey our Father in Heaven and be baptized.

Every person who has reached the age of eight, who understands what is right and what is wrong, and who has faith in Jesus and has repented should be baptized. Children who are younger than eight years old do not need to be baptized. Our Father in Heaven doesn't judge them for what they do. Also, people who are mentally incapable of understanding what is right and what is wrong do not need to be baptized. All other people must be baptized if they want to return to live with our Father in Heaven.

Jesus has told us when we should be baptized. He told His followers to baptize the people after the people had learned about Him, had believed in Him, and had repented. He gave some of the men in His Church the authority to baptize people.



Alma baptized in the Waters of Mormon.

Discussion

- Why does our Father in Heaven want us to be baptized?
- Why was Jesus baptized?
- Who needs to be baptized?

Being Baptized Is One of the Most Important Things We Can Do

By being baptized, we show our Father in Heaven we want to follow His plan for us. We promise to accept Jesus as our leader and obey everything He tells us to do. We promise to always remember Him and the things He has done for us.

When we place our faith in Jesus Christ, repent of our sins, and are baptized, our Father in Heaven forgives us for our sins. He promises us that we can return to live with Him. He accepts us as members of Jesus' Church. He sends the Holy Ghost to help us to learn more about Him and to help us do the right things. We receive all of these blessings if we continue to do the things that we promise to do when we are baptized.

We can receive these blessings only if we are baptized. This is the only way for us to return to live with our Father in Heaven. This is the only way for us to become members of the Church of Jesus Christ. This is the only way for us to receive the gift of the Holy Ghost, which is the right to have the Holy Ghost help us in our lives. This gift is given to us after we are baptized. All of these things are necessary in order for us to return to live with our Father in Heaven.

Discussion

- What promise do we make to our Father in Heaven when we are baptized?
- What promise does our Father in Heaven make to us when we are baptized?
- Why is baptism so important?

We Must Prepare Ourselves to Be Baptized

We must do certain things before we are ready to be baptized. We must learn about Jesus Christ and believe in Him, repent of our sins, and do the things Jesus commands us to do.

Discussion

- What must we do to prepare for baptism?



We must be baptized by immersion to be forgiven for our sins.

Baptism Gives Us a New Beginning

Baptism lets us start a new life, clean from sin. Jesus once said that it is like our being born again. He said that unless we are spiritually born again, we cannot return to live with our Father in Heaven.

One of Jesus' followers, whose name was Paul, said we should start a new life after we are baptized. He said that when we are put under the water for baptism, it is like burying all our sins. When we come up out of the water, it is like becoming a clean, new person, ready to begin a new life. Baptism starts us on the way to return to our Father in Heaven.

References

Our Father in Heaven Has Commanded Us to Be Baptized

- 2 Nephi 31:4–11 (Jesus showed us that we need to be baptized.)
- 3 Nephi 11:21–27 (Jesus taught how a person should be baptized.)
- Moroni 8:9–22 (Little children should not be baptized.)

Being Baptized Is One of the Most Important Things We Can Do

- Mosiah 18:7–11 (By being baptized we show that we are willing to serve God and keep His commandments.)
- 3 Nephi 27:16 (Our Father in Heaven blesses those who are baptized.)

We Must Prepare Ourselves to Be Baptized

- Doctrine and Covenants 20:37 (To prepare for baptism we need to repent and be willing to follow Jesus.)

Baptism Gives Us a New Beginning

- John 3:3–5 (Jesus said that we need to be born again in order to return to our Father in Heaven.)
- Romans 6:3–7 (We are cleansed through baptism.)



We must receive the gift of the Holy Ghost by the laying on of hands.

THE GIFT OF THE HOLY GHOST

Chapter 16

The Holy Ghost helps us to know and understand things that are true. How can we receive the gift of the Holy Ghost?

The Holy Ghost Can Lead Us to the Truth

The Holy Ghost can help people before they have been baptized. He can tell a person the teachings of Jesus are true. Sometimes He tells us where to find the true Church of Jesus Christ. But the Holy Ghost will not stay with us until we have been baptized and have been given the gift of the Holy Ghost.

In the New Testament we read of a man named Cornelius. He was a man who had not been baptized. The Holy Ghost told him the teachings of Jesus were true. Cornelius was later baptized and received the gift of the Holy Ghost.

Our Father in Heaven Has Given Us a Way to Receive the Gift of the Holy Ghost

As we learn about our Father in Heaven's plan for us, we want to repent of our sins and obey everything Jesus tells us to do. But we cannot do this without help. The gift of the Holy Ghost is the right to have help from the Holy Ghost at all times. We receive this gift soon after we have been baptized.

We must prepare in order to receive the gift of the Holy Ghost. We must believe in Jesus and try hard to do what He commands us. We must repent of our sins and be baptized.

After we are baptized, those who have the authority from our Father in Heaven place their hands on our head, give us the gift of the Holy Ghost, and make us official members of The Church of Jesus Christ of Latter-day Saints. They also bless us.

Discussion

- How do we receive the gift of the Holy Ghost?

There are many ways in which the gift of the Holy Ghost can help us. He can bring us messages from Jesus. He can teach us many things about Jesus and our Father in Heaven.

He can help us know how to solve our problems. He can comfort us. He can help us overcome our sins. He can help us do right things.

The Holy Ghost can help us understand and love others. He can help us know how we can help them. He can help us understand Jesus' teachings. He can help us know what to say to teach other people about our Father in Heaven and Jesus.

Discussion

- What are some of the ways the gift of the Holy Ghost can influence our lives?

We Must Repent of Our Sins to Have This Gift

Through the gift of the Holy Ghost we can become better persons and do good things. We can become more like our Father in Heaven. But we must always try to do good things, or the Holy Ghost will not stay with us. We must try to think good thoughts. We must try to follow Jesus' teachings. When we do something wrong, we must repent. As we try to do all of these things, the Holy Ghost helps us.

Sometimes the Holy Ghost guides us by causing us to have a warm, peaceful feeling in our hearts. When we start to do something wrong, this happy feeling leaves us. Sometimes we may hear a voice in our minds speaking to us, telling us what to do or not to do. We must always be ready to listen and to obey what the Holy Ghost tells us, because the Holy Ghost always tells us what Jesus wants us to do, and only by obeying Jesus can we return to our Father in Heaven.

If we do not obey the Holy Ghost and if we begin to do wrong things, the Holy Ghost leaves us. He will not stay with us or help us if we do not do right things. But if we listen for His direction, the Holy Ghost will be with us constantly. He helps us become better people and prepare for life with our Father in Heaven.

Discussion

- What must we do so that the Holy Ghost can help us?

We Receive Other Special Blessings through the Holy Ghost

Some special blessings we receive through the Holy Ghost are called spiritual gifts. Jesus gives these gifts to members of His true Church whenever His Church is on the earth. He gives us these gifts through the power of the Holy Ghost. We need to understand these gifts so we can use them wisely.

The Gift of Speaking Other Languages

One gift helps people speak other languages. One of the reasons Jesus gives this gift to people is to help them teach the gospel to persons who speak other languages.

The Gift to Interpret Another Language

Another gift helps people who are being told about the gospel. The gift of interpreting other languages helps them understand a message from Jesus that is spoken in a language they do not know.

The Gift of Knowing That Jesus Is the Son of Our Father in Heaven

Another gift helps people know that Jesus is the Son of our Father in Heaven. The scriptures say that people can know that Jesus is the Savior only if the Holy Ghost helps them know it. This gift is a witness from the Holy Ghost that Jesus is truly the Son of our Father in Heaven and that He is the Savior of the world.

The Gift of Believing the Testimony of Others

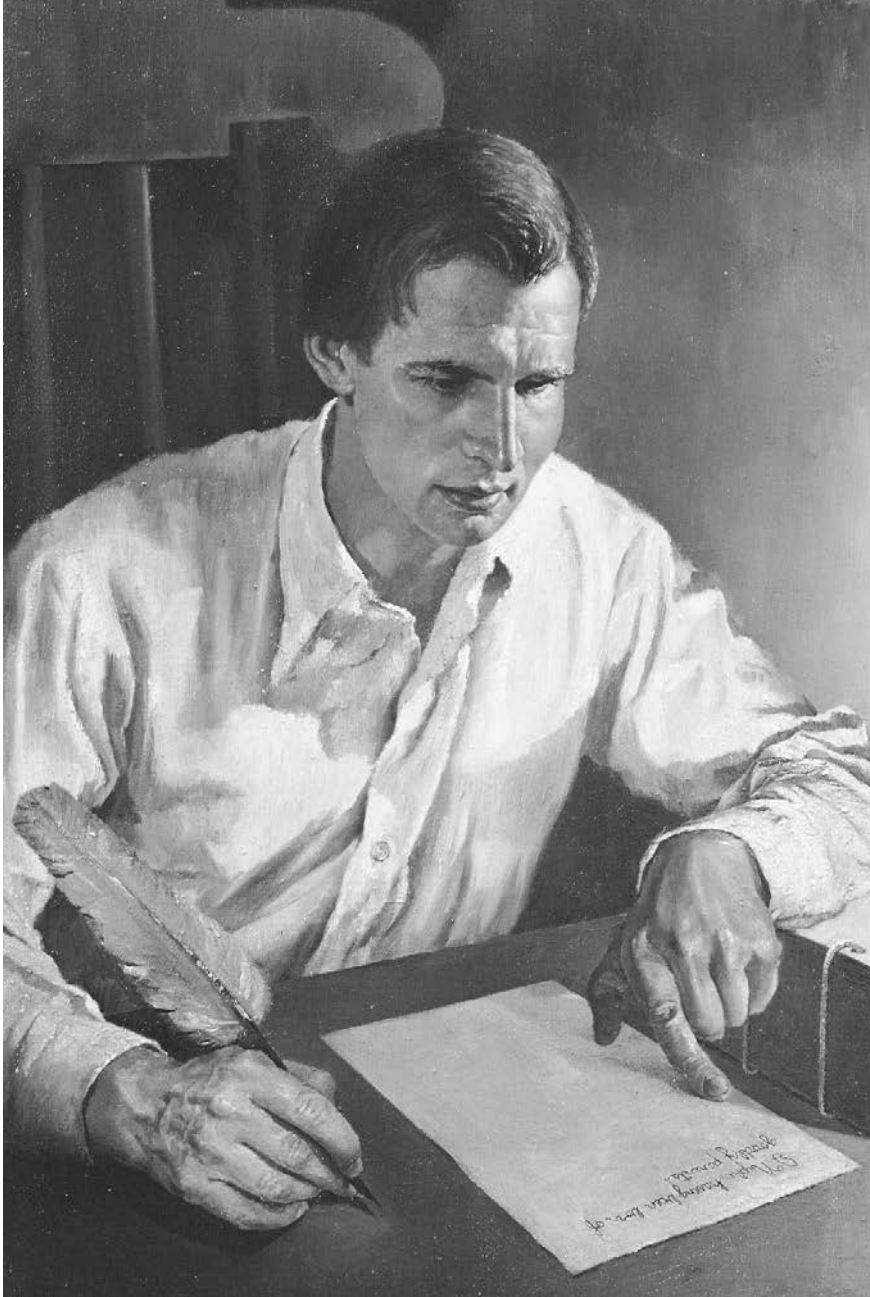
The gift of believing the testimony of others helps people know whether the things someone says about Jesus are true. The Holy Ghost helps us recognize a true testimony and believe it.

The Gift of Faith

The gift of faith helps us obey the commandments of Jesus. Without faith we cannot receive any other spiritual gifts. Without faith we cannot return to our Father in Heaven. Many people have a strong faith in Jesus. One of the prophets in the Book of Mormon had such great faith in Jesus that Jesus appeared to him. The Prophet Joseph Smith had such a strong faith in Jesus Christ that our Father in Heaven and Jesus appeared to him.

The Gift of Translation

The gift of translation helps people translate the written words of our Father in Heaven and of Jesus and His followers from one language to another. The Prophet Joseph Smith had this gift when he translated the Book of Mormon. This gift helps the translator understand the correct meaning of the message and then translate it correctly.



Joseph Smith translated the Book of Mormon by the power of the Holy Ghost.

The Gift of Knowledge

The gift of knowledge helps people understand the work of our Father in Heaven and Jesus. Our Father in Heaven has said we cannot return to Him if we do not know or understand the things He wants us to do. We must know the plan our Father in Heaven has given to us so we can return to Him.

Jesus has said the knowledge we obtain in this life will help us in the spirit world after we die. He wants us to know about His teachings and commandments, about heaven and earth, about things that have happened, and about things in our own countries and in other countries. He has said we must use this knowledge wisely. We should ask for the help of the Holy Ghost in seeking for knowledge.

The Gift of Wisdom

This gift helps people use in the proper way the knowledge our Father in Heaven gives them. We should use this gift to improve our lives and to teach and give wise counsel to others.

The Gift of Teaching

The gift of teaching helps people teach the gospel to others in a way so they will understand. We can have this gift only by having faith in Jesus and through study and prayer.

The Gift of Prophecy

The gift of prophecy helps people know and understand things that have happened in the past, things that are happening now, and things that will happen in the future. The prophets are given this gift, but we too can have it to guide us in our lives.

*The Gift of Revelation**

The Holy Ghost reveals to people things that will help them. Each of us can receive revelation for our own good. But revelations for the whole Church are given only to the prophet. We cannot receive revelation for a person who is a leader for us in the Church. Everything the Holy Ghost reveals to us will agree with the other commandments and teachings of our Father in Heaven and Jesus.

The Gift of Healing

The gift of healing helps people who are sick get better. Some have the faith to be healed and others have the faith to heal other people.



The brother of Jared had such great faith that he saw the finger of Jesus before Jesus was born on the earth.

The Gift of Doing Miracles

The gift of doing miracles is given to help people. A miracle is something our Father in Heaven does for us that is greater than we by ourselves have power to do. Jesus said in the New Testament and in the Book of Mormon that there would be miracles among those who believed in Him.

Satan Can Imitate These Spiritual Powers

Satan can cause things to happen that imitate the true spiritual gifts. He can make himself look almost like an angel. He can make wicked things appear to be good and right. He can make a false prophet appear to be a true prophet. He can perform miracles to deceive people. Sorcerers, mediums, fortune-tellers, and others like them receive what power they have from Satan and are not followers of Jesus. We should stay away from them.

Satan can make things appear to be so true that the only way we can know they are false is to ask our Father in Heaven. We will have an uncertain feeling, not a peaceful feeling, when Satan or his followers imitate the spiritual gifts. The gift of knowing when spiritual gifts are real and when they are Satan's imitations is called the gift of discernment.

Discussion

- What are the spiritual gifts?
- How can we distinguish between the true spiritual gifts and Satan's imitations?

We Should Work to Develop and Use the Gifts We Have

We can learn which gifts we have if we study, fast, and pray. We can use our gifts only when we obey the commandments of Jesus. Then we will want to use them to help others and to help to build up The Church of Jesus Christ of Latter-day Saints. If we do not develop and use our gifts, we will lose them.

Jesus has said we should not boast about the spiritual gifts with which we are blessed. We should not talk about them to people who would not consider them sacred. These gifts are given to us for our own good and for blessing other people. We must remember that these gifts are sacred. Jesus gives us these gifts through the Holy Ghost. He asks only that we thank Him and use these gifts as He wants them to be used.

Discussion

- How can we find out which gifts we have?
- How do we keep the spiritual gifts sacred?

The Gift of the Holy Ghost Can Be Valuable to Us

We must always try to do good things and obey Jesus, or the influence of the Holy Ghost will not stay with us. We must try to think good thoughts. When we do something wrong, we must repent. We must try to understand the things the Holy Ghost tells us. We must follow the counsel He gives.

If we sincerely desire to obey Jesus, the gift of the Holy Ghost will bless our lives. It will help us have a happy life now and prepare for life with our Father in Heaven.

Discussion

- What must we do so that the Holy Ghost can help us?

References

The Holy Ghost Can Lead Us to the Truth

- 2 Nephi 32:5; Moroni 10:5–7 (The Holy Ghost tells us whether something is true.)

Our Father in Heaven Has Given Us a Way to Receive the Gift of the Holy Ghost

- Acts 10:44–48; 2 Nephi 31:17–18 (The gift of the Holy Ghost is given after baptism.)
- Moroni 8:25–26 (We can receive the Holy Ghost.)

We Must Repent of Our Sins to Have This Gift

- Mosiah 2:36 (When we disobey our Father in Heaven’s commandments, we lose the influence of the Holy Ghost.)
- Moroni 8:28 (The Holy Ghost will stop trying to help us if we do not repent.)

We Receive Other Special Blessings through the Holy Ghost

- Mark 16:17–18; Mormon 9:7–24 (Spiritual gifts are part of the gospel of Jesus Christ.)
- 1 Corinthians 12:1–11; Moroni 10:8–19; Doctrine and Covenants 46:10–33 (The Holy Ghost will give us spiritual gifts.)

We Should Work to Develop and Use the Gifts We Have

- Matthew 25:14–30 (Our Father in Heaven gives us gifts for us to use in His work, and if we do not use them we may lose them.)

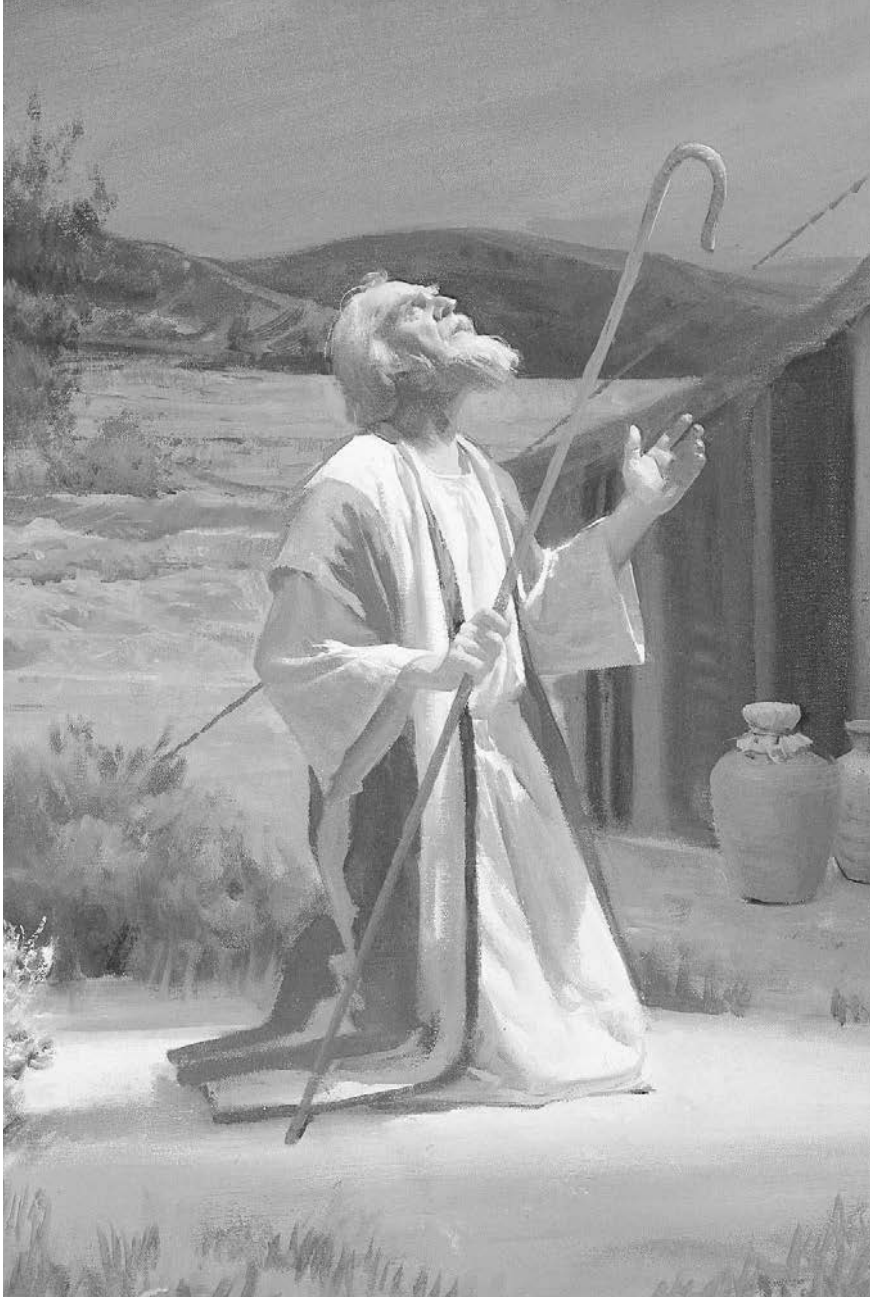
The Gift of the Holy Ghost Can Be Valuable to Us

- Alma 34:37–38 (We should try to do the things the Holy Ghost tells us to do.)

THE CHURCH OF JESUS CHRIST

Part Six





Abraham made a covenant with the Lord.

THE FOLLOWERS OF JESUS CHRIST

Chapter 17

Followers of Jesus Christ are different from other people. Who are His followers? How are they different?

The Followers of Jesus Love Our Father in Heaven

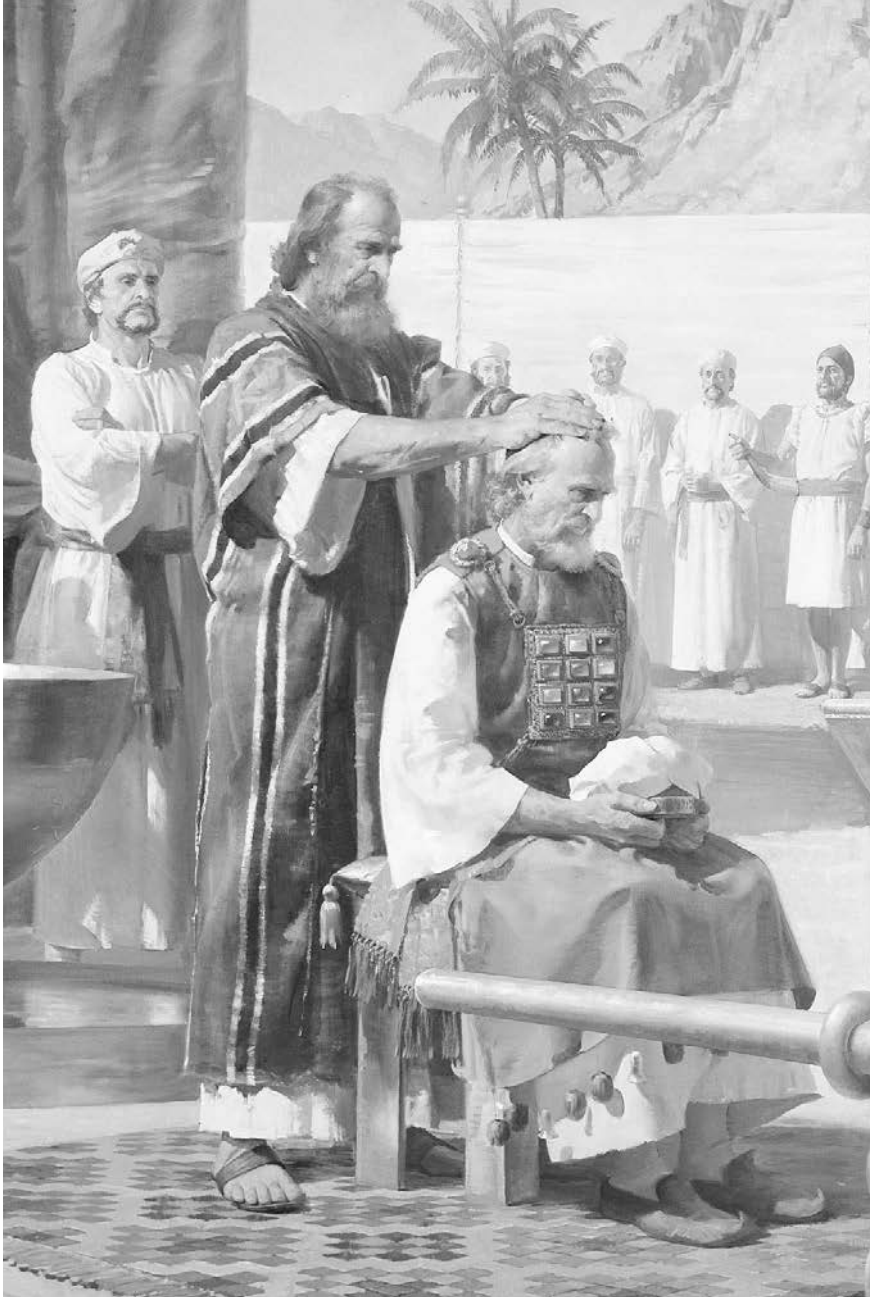
The followers of Jesus are people who believe in Him and obey Him. They learn our Father in Heaven's plan as taught to them by Jesus and want to follow it. They love our Father in Heaven and believe He wants the best life possible for all of them. They believe that Jesus is our Father in Heaven's Son. They believe that Jesus is their Savior. They believe that Jesus has made it possible for them to return to live with our Father in Heaven. They believe that only by following Jesus and obeying His commandments can they be forgiven for their sins and return to our Father in Heaven.

Those who follow Jesus are grateful to God and Jesus for all God and Jesus have done for them. They want to obey Jesus. They repent of their sins. They are baptized and receive the gift of the Holy Ghost. They understand that all people are important to God. They try to help other people in any way possible.

True followers of Jesus make sacred promises. They promise to our Father in Heaven to be called by the name of Jesus Christ. This means to be known as a member of His Church, to accept and follow all of His teachings, and to remember Him always. They also promise to love other people and to help them.

Our Father in Heaven makes sacred promises to the followers of Jesus. Some of the things He promises are that He will:

1. Accept them as members of the Church of Jesus Christ.
2. Give them the gift of the Holy Ghost.



Moses gave the priesthood to Aaron by the laying on of hands.

3. Help them obtain the things they need.
4. Give them His power in order for them to do His work.
5. Give them great blessings now and forever.
6. Allow them to return to live with Him if they continue to obey Jesus.

Discussion

- How are the followers of Jesus different from other people?
- What do the followers of Jesus promise to do?
- What do our Father in Heaven and Jesus promise to the followers of Jesus?

Jesus Gives the Priesthood to Worthy Male Church Members

Jesus gives worthy male members of the Church authority to help Him do His work. This authority is called the priesthood. Our Father in Heaven gave this authority to Jesus.

Having the priesthood is a great blessing. The priesthood is a sacred authority. Only those male members who are true followers of Jesus and are working earnestly to keep His commandments are permitted to have the priesthood.

When a man has the priesthood, he can do certain things Jesus wants him to do. He can teach other people about our Father in Heaven and Jesus, baptize them, and give them the gift of the Holy Ghost. A man who has the priesthood can bless his family when they are sick and when they have other problems. Whenever people have believed in Jesus and obeyed His commandments, Jesus has given them the priesthood and other blessings.

Discussion

- What is the priesthood?
- Why does Jesus give the priesthood to His worthy male Church members?

Many People Believed in Jesus and Followed His Commandments Before He Came to Earth

Adam and Eve and Some of Their Children Believed in Jesus and Followed His Commandments Before He Came to Earth

Our Father in Heaven told Adam and Eve to believe in Jesus Christ and obey His commandments. They were told He would come to earth someday. Adam and Eve promised they would obey. They kept their promise. They were baptized, and they received the gift of the Holy Ghost.

Before Jesus came to the earth, He gave the priesthood to Adam. He permitted Adam to give the priesthood to his sons who obeyed Jesus. Adam put his hands on the head of each of his obedient sons and gave him the priesthood. Later, Adam's sons gave the priesthood to their sons in the same way.

Discussion

- What did Adam and Eve do to become followers of Jesus?
- How did the followers of Jesus receive the priesthood?

Abraham Blessed Jesus and Followed His Commandments

Abraham and his family believed in Jesus. They believed He would come to earth someday. Abraham promised our Father in Heaven that he would obey Jesus and do His work. Our Father in Heaven promised Abraham that if he would be obedient, our Father in Heaven would bless him and his descendants. These are some of the things our Father in Heaven promised:

1. He would give Abraham and his descendants the priesthood.
2. He would give Abraham and his descendants a land to live in.
3. He would give Abraham many descendants.
4. Many of Abraham's descendants would be followers of Jesus.
5. Many of Abraham's descendants would choose to do Jesus' work and to teach other people about our Father in Heaven and Jesus.

Abraham taught his children to believe in Jesus and obey His commandments. Abraham gave the priesthood to his son named Isaac. Isaac gave the priesthood to his son named Jacob. Later, our Father in Heaven changed Jacob's name to Israel. Israel had twelve sons. He taught them to believe in Jesus and obey His commandments. They had the priesthood. The descendants of Israel's sons were called the twelve tribes of Israel.

Discussion

- What did our Father in Heaven promise to Abraham?
- Who was Israel?

The People of Israel Believed in Jesus and Obeyed His Commandments

Because there was not enough food in their own land, Israel and his sons went to live in a land called Egypt. In time the people who lived in Egypt made the descendants of Israel work hard. They forced them to stay in Egypt to be their servants. They would not allow them to return to the land Jesus had promised to give them.

Many years later, our Father in Heaven chose a man named Moses to lead the descendants of Israel out of Egypt. Moses used the power of the priesthood to help them escape from the people of Egypt. He led them to the land Jesus had promised to give to them. This land was called Canaan. It was located west of the Jordan River and the Dead Sea.

Discussion

- What power did Moses use to help Jesus' people escape from Egypt?

The People of Israel Stopped Believing in Jesus

After the people of Israel had lived in the land of Canaan for many years, they stopped believing in Jesus and obeying His commandments. Jesus sent prophets to tell them to repent and obey His commandments. Isaiah, Elijah, and Jeremiah were some of the prophets Jesus sent. There were many other prophets.

But the people of Israel did not repent. Therefore our Father in Heaven allowed other people to come and rule them and take over their land and scatter many of them to other lands. This made the people humble and caused them to remember Jesus and obey Him. But several years before Jesus was born in Bethlehem, the people of Israel became wicked again, and our Father in Heaven allowed the people called Romans to capture the people of Israel. They took control of their lands and their sacred buildings.

Discussion

- What happened when the people forgot their promises to our Father in Heaven and stopped obeying Jesus?

Jesus Came to Earth and Organized His Followers

When Jesus came to the earth, He taught people that He was the Son of God. He taught that they would not have to suffer forever for their sins if they would obey His teachings. He told them to believe in Him and to repent. He said they must be baptized. He promised to send the Holy Ghost to help them. He taught them to love and obey God. He taught them to love other people and to help them.

The people who believed Jesus and obeyed Him became His followers. He organized His people into a group called the Church of Jesus Christ. He gave the priesthood to the men who were the leaders and teachers in His Church.

Discussion

- How did Jesus help the people to follow Him?
- What did the people need to do in order to become followers of Jesus?

To Be One of the Followers of Jesus Is a Great Privilege

Those who follow Jesus are happy. They know our Father in Heaven's plan for them. They know that our Father in Heaven loves them. They know He wants them to follow Jesus so Jesus can help them return to Him. They know the things they should do to be happy. They have the gift of the Holy Ghost to help them and comfort them. When they have problems, they know that Jesus will help them. They know that God will bless them for having faith to follow Jesus.

Those who follow Jesus are grateful for the many blessings our Father in Heaven gives them. They thank our Father in Heaven for these blessings when they pray.

People who are not followers of Jesus can become His followers. They can learn about Him by reading the scriptures and by listening to the leaders of His Church. They can believe in Him, repent, and be baptized. If they obey Jesus, they can receive the same things God has always promised to the followers of Jesus.

Discussion

- Why is it a great privilege to be one of the followers of Jesus?

References

The Followers of Jesus Love Our Father in Heaven

- John 8:12 (Jesus wants us to follow Him.)
- 2 Nephi 31:12 (We are commanded to follow Jesus Christ and to do what He did.)
- Mosiah 2:41 (Those who obey the commandments of Jesus are blessed in every way.)
- 3 Nephi 18:37 (Jesus gave His disciples power to give the gift of the Holy Ghost to others.)

Jesus Gives the Priesthood to Worthy Male Church Members

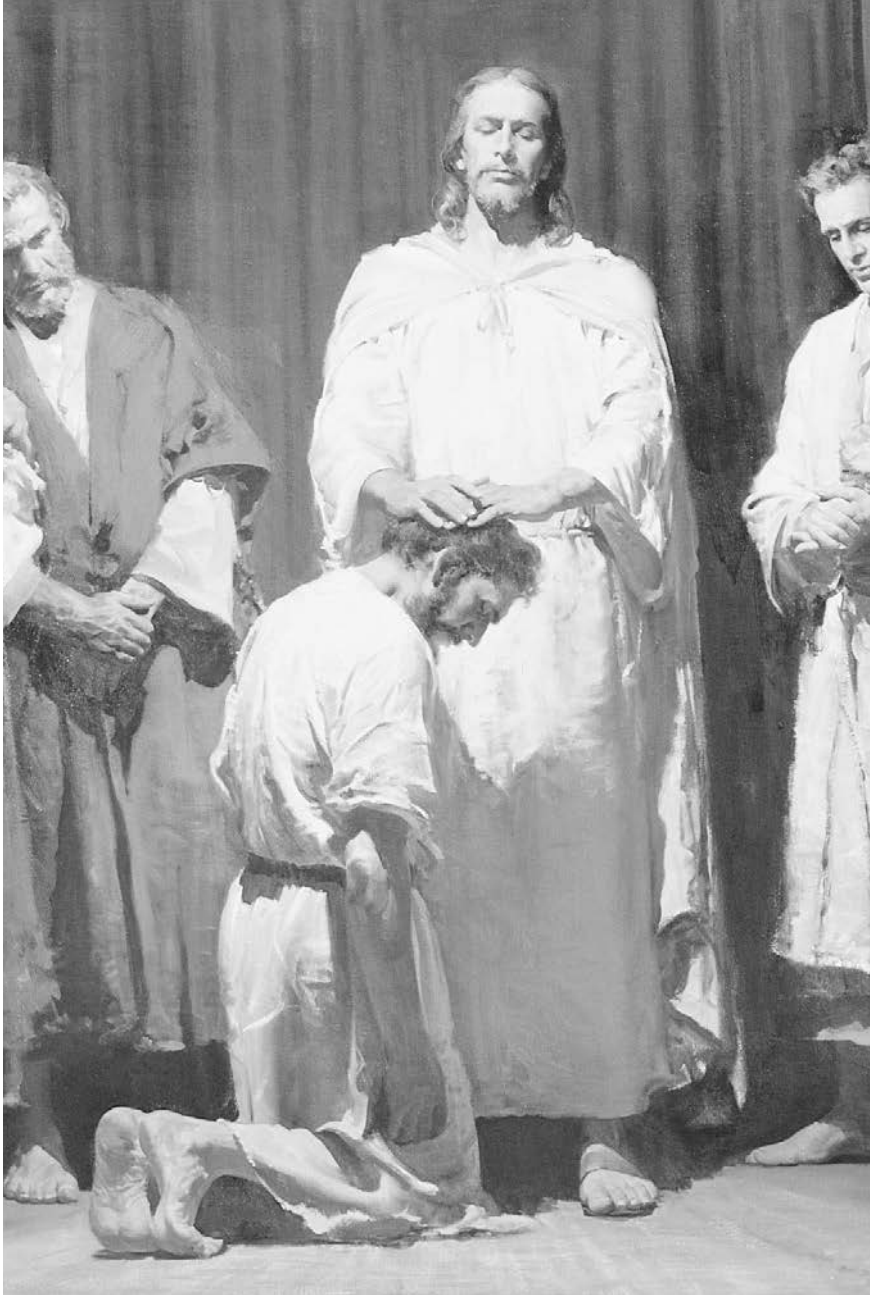
- Exodus 3 (Moses received authority from our Father in Heaven.)
- Numbers 27:18–23 (Moses put his hands on Joshua's head and gave him authority from our Father in Heaven.)

Many People Believed in Jesus and Followed His Commandments Before He Came to Earth

- Genesis 12:1–2; 17:1–8 (Promises were given to Abraham, a follower of Jesus.)
- Deuteronomy 28:9–10 (God made promises with the people of Israel.)
- Jeremiah 23:3–4 (Jesus will gather the people of Israel together after they repent.)
- Ezekiel 20:33–36 (The people of Israel will be gathered.)
- Luke 6:13 (Jesus chose His Twelve Apostles.)
- John 15:16 (Jesus gave His Apostles authority and power.)
- 3 Nephi 21:26–29 (The followers of Jesus will be gathered from all nations.)

To Be One of the Followers of Jesus Is a Great Privilege

- 2 Nephi 31:13 (Special blessings await those who follow Jesus and do what He taught.)
- Alma 5:57 (Those who follow Jesus will be counted with the righteous.)
- Moroni 7:48 (Followers of Jesus Christ will become like God.)



Jesus Christ ordained Apostles.

THE CHURCH JESUS ORGANIZED

Chapter 18

Jesus organized a church when He was on the earth. What was it called? Who led His Church?

Jesus Was the Head of the Church He Organized

When Jesus was on the earth He organized a church. This church was called the Church of Jesus Christ. The members of Jesus' Church were called Saints. Jesus Himself was the head of the Church. He led it. He chose twelve men to help Him lead the Church. They were called Apostles. These Apostles were also prophets. Jesus put His hands on their heads and gave each of them the priesthood. He assigned them to do His work. These Apostles and prophets were the leaders in the Church of Jesus Christ.

In the Church of Jesus Christ, men who had received the priesthood put their hands on the heads of other good men and gave them the priesthood. This is the only way the priesthood can be passed on from one man to another. The priesthood cannot be bought.

Discussion

- Who was the leader of the Church of Jesus Christ?
- What were the men called who helped Jesus?

The Church of Jesus Christ Continued on the Earth After He Returned to Heaven

After Jesus returned to heaven, His Church continued on earth. It was led by the Twelve Apostles. When an Apostle died, Jesus chose another man to replace him. Through the Holy Ghost, Jesus made known to the other Apostles who the new Apostle should be. The Twelve Apostles selected

other good men and gave them the priesthood to help do the work of Jesus' Church. These men were called Seventies, high priests, elders, bishops, priests, teachers, and deacons. Their duties are explained in chapter 20.

Jesus Led the Church through Revelation

Messages Jesus gives through the Holy Ghost to people on earth are called revelations. Jesus guides His Church by revealing to the prophet and other leaders the things they should do.

Before Jesus returned to heaven, He told His Apostles He would be with them always. Jesus meant He would continue to guide them through the Holy Ghost.

Discussion

- How did Jesus lead His Church after He returned to heaven?

The Church of Jesus Christ Contained His True Teachings

The leaders of the Church of Jesus Christ received revelation from Jesus through the Holy Ghost. For example, Jesus told the Apostle Peter the gospel should be taught to all people and not only to the people of Israel. Jesus told the Apostle Paul many things he should teach the people. Jesus told many things about the future to the Apostle John.

While He was living on the earth, Jesus taught people to believe in Him, repent, and be baptized. He taught them to love our Father in Heaven and obey Him. He taught them to love other people and help them.

After Jesus returned to heaven, the Apostles taught the same things Jesus had taught. All who wanted to be members of the Church of Jesus Christ had to have faith in Jesus Christ, repent of their sins, and be baptized. They received the gift of the Holy Ghost, as Jesus had promised. They learned to love our Father in Heaven and obey Him. They learned to love and serve other people.

Discussion

- What did the people have to do to join the Church of Jesus Christ?

Those Who Belonged to the Church of Jesus Christ Received the Spiritual Gifts

Those who belonged to the Church of Jesus Christ received spiritual gifts. Some of the gifts were faith to make sick people become well, the ability to tell about future events, and the power to see visions.

Discussion

- What are some of the spiritual gifts?

Jesus' Church Was No Longer on the Earth

After Jesus returned to heaven, His Apostles led the Church. More people became members of the Church. But some of the members started to teach and believe false things, instead of the things Jesus and the Apostles taught. For example, some people taught that our Father in Heaven does not have a body of flesh and bones.

Wicked people started to persecute the leaders and other members of the Church. The wicked people killed the Apostles and other leaders who had the priesthood. They also killed many other members of the Church of Jesus Christ.

People taught more and more false teachings until no one believed the true teachings of Jesus. No one had the priesthood, so no one could do Jesus' work on the earth or receive instructions from Jesus for all our Father in Heaven's children. The time when no one believed the true teachings of Jesus and no one had His authority is called the Apostasy.

During the Apostasy, people organized churches that were different from the Church Jesus had organized. They taught things that Jesus did not teach. They did not have the priesthood. They performed ceremonies that were different from the ceremonies performed in Jesus' Church. They had no revelation from Jesus. They did not teach all the commandments of the gospel as Jesus and His Apostles had taught them. The prophets had said that all this would happen.

Discussion

- How did the Apostasy happen?

Jesus Promised He Would Restore His Church to the Earth

Jesus knew the people would lose His power and true teachings. So He prepared a way for the true Church to be organized again on the earth.

The Apostle John saw in a vision the time when the gospel would be brought back to the earth. He saw that Jesus would send angels to teach men the truth about our Father in Heaven. Jesus would make sure all our Father in Heaven's children could receive the gospel, the priesthood, the blessings, and all other things necessary for them to be able to return to our Father in Heaven.

Discussion

- Why did Jesus prepare a way to reorganize His Church again on the earth?

References

Jesus Was the Head of the Church He Organized

- Luke 9:1 (Jesus gave power to His Apostles.)
- 3 Nephi 27:8 (The Church of Jesus Christ is called by His name.)

The Church of Jesus Christ Continued on the Earth After He Returned to Heaven

- Matthew 16:16–18 (Peter is selected to lead the Church after the death of Jesus.)
- Matthew 28:20 (Jesus promises to be with the Apostles always.)
- Mark 3:14 (Jesus chose twelve men to be Apostles.)
- Mark 16:17–18; 1 Corinthians 12:4–11 (The followers of Jesus will have spiritual gifts.)
- Luke 10:1 (Jesus chose seventy men to preach the gospel.)
- John 14:26 (Jesus will always be with the Apostles through the influence of the Holy Ghost.)
- Acts 1:23–26 (A new Apostle is selected to take the place of another who had died.)
- Acts 8:18–20 (Peter tells a man that the priesthood cannot be bought.)
- Acts 10 (Through revelation, Peter learns that the gospel is for everyone.)
- Acts 14:23 (Elders are ordained* in the congregations.)
- Ephesians 2:19–20 (Jesus is the chief cornerstone of His Church, helped by Apostles and prophets.)
- Ephesians 4:11–13 (Titles of officers appointed by Jesus are given.)
- James 5:14–15 (The sick may be blessed by a person who has the authority of the priesthood.)

Jesus' Church Was No Longer on the Earth

- Amos 8:11–12 (Men will be seeking for the truth, not knowing where to find it.)
- Matthew 24:9–12 (The Apostles would be killed.)
- 2 Thessalonians 2:3–4 (The Apostasy is foretold.)
- 2 Peter 2:1 (False prophets taught lies.)

Jesus Promised He Would Restore His Church to the Earth

- Daniel 2:44–45 (The kingdom of our Father in Heaven will be set up in the last days.)
- Acts 3:20–21 (Jesus will return to the earth to restore His gospel.)
- Revelation 14:6 (An angel will assist in restoring the gospel.)

THE CHURCH OF JESUS CHRIST TODAY

Chapter 19

Where can we find the true gospel of Jesus Christ today?

For Many Years the Church of Jesus Christ Was Not on the Earth

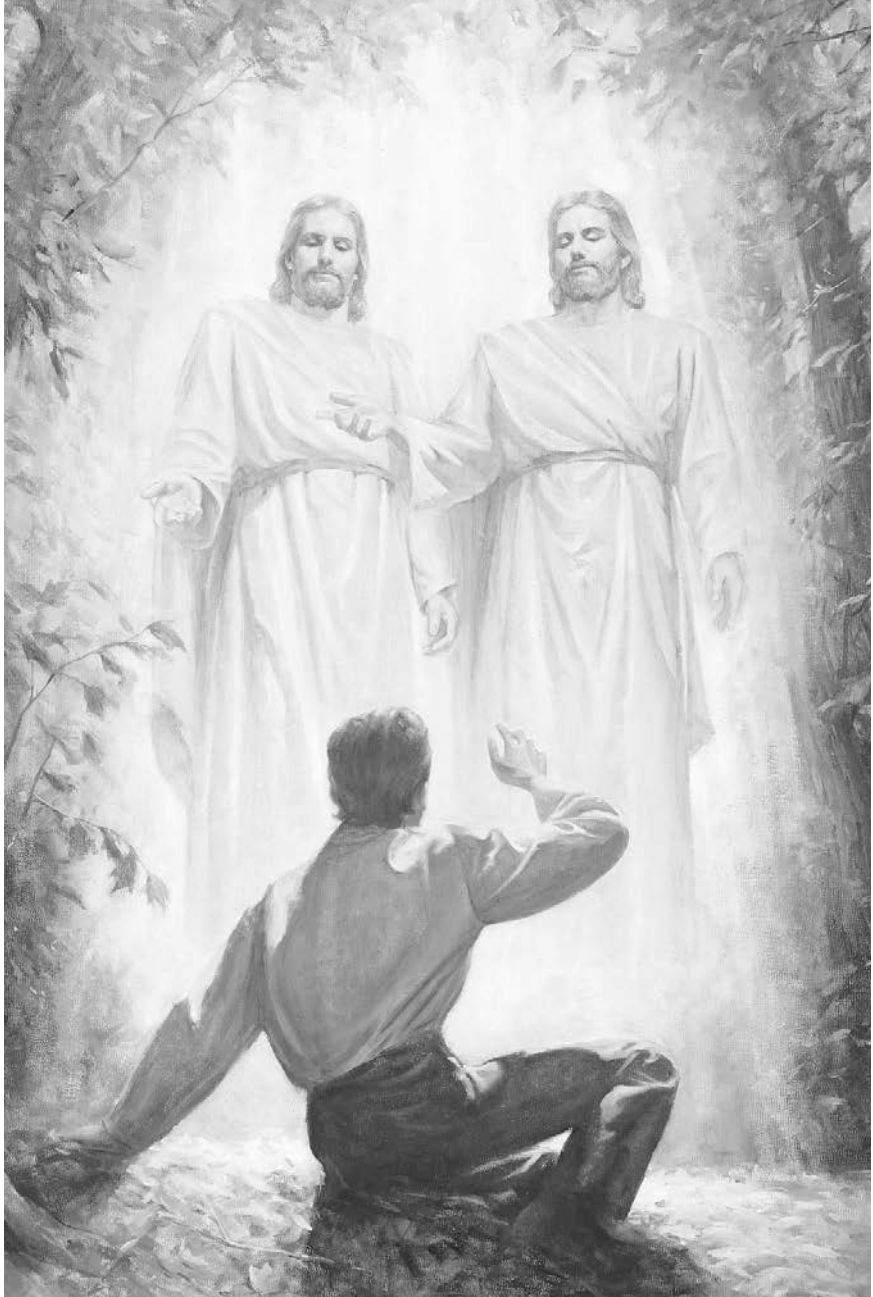
Jesus organized His Church when He was on the earth. His Church stayed on the earth for a time after He returned to heaven. When the people stopped teaching and believing His true teachings, Jesus took the priesthood and His Church from the earth.

For many years, people lived without the true gospel and Church of Jesus Christ. The people organized many churches, based on their own ideas and some teachings from the Bible. But these churches did not have our Father in Heaven's priesthood. They did not have all the teachings of Jesus. They did not have continual revelation from Jesus. They did not have all the spiritual gifts.

The people began to want to know the truth about our Father in Heaven. They began to search for the truth about our Father in Heaven and His teachings. Some of them realized that the true gospel and Church of Jesus Christ were no longer on the earth. Our Father in Heaven knew that the time had come to restore the true gospel and Church of Jesus Christ to the earth.

Discussion

- Why did Jesus take the priesthood from the earth?
- Why were the churches that people organized not the Church of Jesus Christ?



Our Father in Heaven and Jesus visited Joseph Smith.

Our Father in Heaven Kept His Promise to Bring Back the True Church

Our Father in Heaven loves all His children. He wants them to know what they have to do in order to live with Him after they die and are resurrected. Before taking the true Church of Jesus Christ away from the earth, Jesus told the prophets and Apostles that this would happen. He also promised that He would someday restore the Church to the earth. He would do this when there were again people who were ready to receive the true gospel.

Jesus Has Restored His Church to the Earth

Jesus has restored His Church to the earth with the same authority and blessings as the Church He organized while He lived on the earth. Every person who is willing to obey His commandments can become a member of His Church.

Our Father in Heaven Chose Joseph Smith to Help Restore the Church

In the year 1820, Jesus began to restore the true gospel and Church to the earth. A young man named Joseph Smith wanted to know which church was the Church of Jesus Christ. He read in the Bible that a person who wants to know something should ask our Father in Heaven. He decided to ask our Father in Heaven which church he should join. He went into the forest near his home and asked our Father in Heaven which church he should join. Our Father in Heaven and Jesus appeared to Joseph Smith. Our Father in Heaven told Joseph to listen to Jesus and to obey Him. Jesus then told Joseph not to join any of the churches. He said the true Church was not on the earth.

Such a revelation from our Father in Heaven had not been received since the true gospel and Church of Jesus Christ were taken away from the earth. Since that revelation, many other revelations have come. Our Father in Heaven chose Joseph Smith to represent Him on earth. Jesus restored the true gospel and Church of Jesus Christ through Joseph Smith.

Discussion

- Why did Joseph Smith see a vision?

The Priesthood Was Restored

The priesthood was restored to the earth in 1829. John the Baptist came from heaven and gave some of the authority of the priesthood to Joseph Smith by laying his hands on Joseph's head. This priesthood authority is called the Aaronic Priesthood. John the Baptist, who restored this

priesthood authority, was the same person who had baptized Jesus. Peter, James, and John, three of Jesus' early Apostles, also came and gave Joseph more priesthood authority. This priesthood authority is called the Melchizedek Priesthood.

Other prophets, including Moses and Elijah, also came and gave to Joseph Smith authority to do other sacred works. The authority from our Father in Heaven to teach the gospel, to do sacred works, and to lead the Church is on the earth again.

Discussion

- How did Joseph Smith first receive the priesthood?

Jesus Organized His Church Again

Through revelation, Jesus directed Joseph Smith to organize His Church again, on 6 April 1830. Jesus was the head of His Church when He was living on earth. He is the head of His Church now. The members of His Church are still called Saints.

Jesus named His Church today The Church of Jesus Christ of Latter-day Saints. The words *Latter-day* show that this is the Church of Jesus Christ in a later time of the earth. Jesus said that this Church is the only true Church in the whole world and that He is pleased with it.

Jesus chooses a prophet to lead the Church on earth. Jesus directs this prophet. He gives this prophet the authority to lead the Church. Joseph Smith was the first prophet of The Church of Jesus Christ of Latter-day Saints. The prophet of the Church is also called the President of the Church. The President has men who help him. They are called Counselors. When the prophet dies, Jesus chooses a new prophet to take his place.

Jesus also chooses twelve Apostles to help lead the Church. Men chosen to be members of the Quorums of the Seventy help the Apostles and the President. Other good men and boys also receive the priesthood and serve in the Church. They are called high priests, elders, bishops, priests, teachers, and deacons, just as they were called in the earlier Church of Jesus Christ.

Jesus told Joseph Smith how His Church must be organized. When the Church is completely organized in an area, that area is known as a stake.* A president leads the stake. He has two counselors to help him.

A stake is divided into smaller areas. These areas are known as wards.* A priesthood leader called a bishop leads the ward. He has two counselors to help him.

In areas where stakes have not been organized yet, there may be districts,* which are made up of branches. Branches are led by a president and two counselors. The areas where there are many missionaries teaching the gospel are called missions.*

Men Who Have the Priesthood Are Organized into Quorums

Men who hold the priesthood are organized into groups called quorums. A priesthood quorum is a group of men who hold the same office in the priesthood. They join together to help each other and other people.

Discussion

- Who is the head of the Church of Jesus Christ today?
- What are the men called who help to lead the Church?

The Church Today Is Organized the Same Way As the Church That Jesus Organized When He Was on the Earth

Jesus Still Leads His Church by Revelation

Through the Holy Ghost, Jesus tells the prophet how he should lead the Church. He also reveals to the Apostles and other leaders of the Church what He wants them to do. Through revelation, Jesus continually guides the members of His Church.

Anyone Can Become a Member of the Church

Anyone can become a member of the Church of Jesus Christ now in the same way that people joined His Church when He was on the earth. The person must have faith in Jesus and repent. The person must be baptized. After the person is baptized, he or she receives the gift of the Holy Ghost.

Discussion

- What do we have to do to join the Church of Jesus Christ now?

Members of the Church Today Receive Spiritual Gifts

Jesus always gives spiritual gifts to the members of His Church. All these spiritual powers are in the Church today.

Discussion

- What are some of the spiritual gifts? (See chapter 16.)

Jesus Restored His True Teachings

Jesus has restored the teachings that He and His Apostles taught. The basic teachings are faith in Jesus Christ, repentance, baptism, and the gift of the Holy Ghost. Some important truths that Jesus has given His Church are:

1. Our Father in Heaven has a body of flesh and bones.
2. We are spirit children of our Father in Heaven. We lived with Him in heaven as spirits before we were born on earth.
3. We will be punished only for our own sins and not for what Adam did. Many people believe that because Adam and Eve ate some of the forbidden fruit, we, their children, are sinful when we are born. This is not true. Children are not sinful when they are born. They are innocent. Therefore, they do not need to be baptized until they are eight years old.
4. A man must have the priesthood in order to perform the ordinances* (see chapter 21) of the Church of Jesus Christ.

Discussion

- What are some of Jesus' teachings that He has given to people again?

The Church of Jesus Christ Will Never Again Be Taken from the Earth

Now that the true Church of Jesus Christ, priesthood authority, and gospel have been restored to the earth, they will never be taken from the earth again. Our Father in Heaven said that He would set up a kingdom that would never be destroyed. This kingdom is The Church of Jesus Christ of Latter-day Saints. It will continue forever.

Many people have joined The Church of Jesus Christ of Latter-day Saints. There are members of the Church in many countries of the world. More and more people will continue to join the Church. All of the children of our Father in Heaven will hear the gospel and have a chance to accept it.

Discussion

- What can you do to help others to hear about the gospel of Jesus Christ so that they can join His Church?

References

For Many Years the Church of Jesus Christ Was Not on the Earth

- Isaiah 24:5 (The people would change the true teachings.)
- Amos 8:11–12 (The prophet said that people would not know how to find the true word of our Father in Heaven.)
- 4 Nephi 1:26–29 (The people made their own churches.)

Our Father in Heaven Kept His Promise to Bring Back the True Church

- Isaiah 2:2–4 (Our Father in Heaven would establish His kingdom in the latter days.)
- 2 Nephi 3:6–15 (A prophet named Joseph would help to restore the truth to the earth.)

The Church Today Is Organized the Same Way As the Church That Jesus Organized When He Was on the Earth

- Acts 3:20–21 (The prophets said all things would be restored.)
- 2 Nephi 29:9 (Jesus is the same yesterday, today, and forever.)
- Moroni 10:7–19 (Jesus gives the same spiritual gifts yesterday, today, and forever.)

The Church of Jesus Christ Will Never Again Be Taken from the Earth

- Daniel 2:44–45; Matthew 21:43 (Our Father in Heaven promised to set up a kingdom that would never be destroyed.)



The presiding priesthood officers of the Church are the First Presidency, the Quorum of the Twelve Apostles, and the Quorums of the Seventy, shown here at general conference.

PRIESTHOOD ORGANIZATION

Chapter 20

How can a man obtain the authority to do our Father in Heaven's work?

When a Man Has the Priesthood, He Can Act for Our Father in Heaven

The priesthood is the authority our Father in Heaven gives to worthy men and boys to do His work on the earth. He gave this authority to Jesus. Jesus has given this authority to men on earth. Men and boys who have the priesthood represent our Father in Heaven and Jesus. They can do things other men and boys cannot do. They can be missionaries and teach the true gospel of Jesus Christ. They can bless sick people. They can do sacred works in the Church.

Jesus has told us the way for a man to give the priesthood to another man or a boy. A man who holds the priesthood puts his hands on the head of the man or boy. He then gives the priesthood to him in the name of Jesus Christ and by the authority of the priesthood he holds.

Only a man or boy who obeys Jesus' commandments can receive the priesthood. Jesus will allow men and boys to do His work only if they obey His commandments.

There is no greater person on earth than a man or boy who uses the priesthood in the proper way.

Discussion

- What is the priesthood?
- Who can receive the priesthood?

The Priesthood Is Divided into Two Parts

The two parts of the priesthood are the Aaronic Priesthood and the Melchizedek Priesthood. The Aaronic Priesthood is sometimes called the

lesser priesthood. The Melchizedek Priesthood is sometimes called the greater priesthood.

Aaronic Priesthood

The Aaronic Priesthood is named after Aaron, the brother of Moses, the prophet. Aaron was a leader at the time of Moses.

A man or a boy who is at least 12 years old can hold the Aaronic Priesthood. Men and boys who have the Aaronic Priesthood can teach people. Some who have the Aaronic Priesthood can baptize people. They help people remember Jesus. They can help people in many ways.

Melchizedek Priesthood

The Melchizedek Priesthood is named after a man called Melchizedek. Melchizedek was a very righteous man who had the priesthood. He lived in the time of Abraham. He was a high priest. Before the priesthood was named after him, it was called the Holy Priesthood after the Order of the Son of God. The name of the priesthood was changed to Melchizedek to prevent people from using the name of God too much.

A man must be at least 18 years old to hold the Melchizedek Priesthood. Men who hold the Melchizedek Priesthood have power to give blessings to others. Jesus reveals to them the things that they need to know and say in giving these blessings.

Discussion

- What are the two priesthoods in the Church?

Each Priesthood Has Different Offices and Authority

When a person receives the priesthood, he is ordained to an office in the priesthood. Both the Aaronic Priesthood and the Melchizedek Priesthood have several offices. Each one has special duties.

Men and boys who have the Aaronic Priesthood and have been ordained to the office of priest in this priesthood have the power to do these things:

1. Teach the gospel.
2. Baptize.
3. Prepare, bless, and pass the sacrament.*
4. Assist those who have the Melchizedek Priesthood in visiting and helping the members of the Church.
5. Give the Aaronic Priesthood to others.

Men who have the Melchizedek Priesthood have the authority to do these things:

1. Lead the Church.
2. Preach the gospel.
3. Give the gift of the Holy Ghost.
4. Give special blessings.
5. Give babies a name and a blessing.
6. Heal the sick.
7. Give the priesthood to others.
8. Do all the things that men and boys who have the Aaronic Priesthood can do.

Discussion

- What do those who have the Melchizedek Priesthood have the authority to do?
- What do those who have the Aaronic Priesthood have the authority to do?

The Offices of the Aaronic Priesthood and Their Duties

The offices of the Aaronic Priesthood are deacon, teacher, priest, and bishop.

Deacon

A male member of the Church may receive the priesthood and be ordained a deacon if he is at least 12 years old. He must obey the commandments of Jesus and the rules of the Church.

These are the duties of a deacon:

1. Pass the sacrament.
2. Help his leaders.
3. Help teachers in the Aaronic Priesthood to perform their duties when assigned.

A deacon cannot give the priesthood to another person. He cannot baptize anyone. He cannot bless the sacrament.

Teacher

A male member of the Church may receive the priesthood and be ordained a teacher if he is at least 14 years old. He must obey the commandments of Jesus and the rules of the Church.

These are the duties of a teacher:

1. Watch over the members of the Church, helping them fulfill their physical and spiritual needs.
2. Help the members to obey Jesus' commandments.
3. Help those who have the Melchizedek Priesthood by visiting families with them and helping them teach these families to obey the commandments of Jesus.
4. Prepare the sacrament.
5. When necessary, do all the things the deacon does.

A teacher cannot give the priesthood to another person. He also cannot baptize anyone. He cannot bless the sacrament.

Priest

A male member of the Church may receive the priesthood and be ordained a priest if he is at least 16 years old. He must obey the commandments of Jesus and the rules of the Church.

These are the duties of a priest:

1. Teach the gospel.
2. Encourage members to obey the commandments of Jesus.
3. Baptize.
4. Bless the sacrament.
5. Ordain other deacons, teachers, and priests.
6. Lead meetings when there is no one in the meeting who holds the Melchizedek Priesthood.

A priest can do all the things that the teacher and deacon do. He cannot ordain anyone to the office of bishop or to any of the offices of the Melchizedek Priesthood.

Bishop

A bishop is the leader of a ward.

These are the duties of a bishop (a branch president has similar responsibilities in a branch):

1. Lead the Aaronic Priesthood holders in his ward.
2. Lead the quorum of priests in his ward.
3. Preside over (lead) the ward.
4. Judge the worthiness of members of the Church for certain blessings and privileges.

5. Counsel members of his ward when they ask for spiritual guidance or when he feels they need counseling.
6. Help members of the Church get food, clothing, and other things in an emergency.
7. Receive and take care of money and other things that people give to the Church.

The President of the Church directs presidents of stakes to ordain men to be bishops.

Discussion

- What are the duties of the deacon, teacher, priest, and bishop?

The Offices of the Melchizedek Priesthood and Their Duties

The offices of the Melchizedek Priesthood are elder, high priest, patriarch, Seventy, and Apostle. Each of these offices has specific duties.

Elder

1. Baptize.
2. Give the gift of the Holy Ghost.
3. Conduct meetings.
4. Preside over meetings when there is no high priest present.
5. Preach the gospel.
6. Bless the sick.
7. Bless babies.
8. Give the priesthood to others and ordain them to the offices of elder, priest, teacher, or deacon.
9. When necessary, do all the duties of a priest, teacher, or deacon.

High Priest

The main duty of a high priest is to be a leader over the people in the Church and to be in charge of spiritual things. A high priest may also do any of the duties of an elder, priest, teacher, or deacon when necessary.

Patriarch

A patriarch is a high priest who gives special blessings to members of the Church. These blessings are called patriarchal blessings. Patriarchal blessings help the members understand the things Jesus wants them to do.

Seventy

Seventies are special witnesses of Jesus Christ to the world. They work under the direction of the Apostles in building up the Church.

Apostle

An Apostle is a special witness for Jesus Christ to all the world. The Apostles direct the affairs of the Church throughout the world. Each Apostle has all the authority of the priesthood. But only the President of the Church, who is also an Apostle, can use all the authority of the priesthood. The other Apostles use their authority only as the President of the Church directs them to.

The Keys of the Priesthood Are the Authority to Direct the Use of the Priesthood

The priesthood is the authority to act in the name of Jesus and to lead us back to our Heavenly Father. The exercise of priesthood authority is governed by those who hold its keys. These keys are the right to preside over and direct the Church within a jurisdiction. The Lord Jesus Christ holds all the keys of the priesthood. He has given His Apostles the keys that are necessary for governing His Church. Only the senior Apostle, the President of the Church, may use (or authorize another person to use) these keys for governing the entire Church. The President of the Church authorizes presidents of temples, missions, stakes, and districts; bishops and branch presidents; and quorum presidents to hold the priesthood keys they need to preside.

Priesthood holders have the authority to do some things without special permission. For example, men who hold the Melchizedek Priesthood may bless the sick and as husbands and fathers may bless their families. However, other things require permission from those who hold the necessary keys. For example, a priest has the authority to baptize. But he cannot baptize anyone until the bishop or branch president permits him to do so. The bishop or branch president holds the keys of the Aaronic Priesthood in that unit of the Church.

Discussion

- What are the keys of the priesthood?

Priesthood Holders Are Organized into Quorums

Men and boys who have the same office of the priesthood are organized into groups. These groups are called quorums. In the Aaronic Priesthood there are deacons quorums, teachers quorums, and priests quorums. In the Melchizedek Priesthood there are elders quorums and high priests quorums.

When a man or a boy is ordained to an office in the priesthood, he becomes a member of the quorum of the priesthood consisting of those who hold

that same office. He remains in that quorum until he is ordained to another office. Quorum leaders teach and help each member of the quorum.

Quorum of Deacons

The deacons quorum may have up to 12 deacons. If there are more than 12 deacons in a ward, another quorum of deacons may be formed. The deacons quorum has a president and two counselors.

Quorum of Teachers

The teachers quorum may have up to 24 teachers. If there are more than 24 teachers in a ward, another quorum of teachers may be formed. The teachers quorum has a president and two counselors.

Quorum of Priests

The priests quorum consists of up to 48 priests. The president of the priests quorum is the bishop or branch president. He appoints two priests from the quorum to be his assistants.

Quorum of Elders

The elders quorum may have any number of elders up to 96, and it includes all the elders living in a ward. If there are more than 96 elders, another quorum of elders may be organized. Men who have not yet received the Melchizedek Priesthood may meet with the elders for learning, social activities, and work assignments.

A president and two counselors lead the elders quorum.

Quorum of High Priests

A high priests quorum includes all the high priests in a stake. The president of the stake and his two counselors lead the high priests quorum. Normally the high priests in each ward form a high priests group, presided over by a group leader.

Discussion

- What is a quorum?
- How many members make up a quorum of deacons, teachers, priests, elders, high priests?
- How can the members of a quorum help each other?

References

When a Man Has the Priesthood, He Can Act for Our Father in Heaven

- Numbers 27:18–19; Hebrews 5:4 (Men receive the priesthood in the manner revealed by our Father in Heaven.)

- Doctrine and Covenants 1:38 (Priesthood holders can speak and act in behalf of our Father in Heaven.)
- Doctrine and Covenants 121:34–46 (The power of the priesthood can be used only in righteousness.)

The Priesthood Is Divided into Two Parts

- Hebrews 7; Doctrine and Covenants 84:6–30; 107:6, 13–14 (The Melchizedek Priesthood and the Aaronic Priesthood are explained.)
- Doctrine and Covenants 107:1–4 (The reason is given for the name Melchizedek Priesthood.)

Each Priesthood Has Different Offices and Authority

- 1 Corinthians 12:14–31 (All offices of the priesthood are important.)
- Doctrine and Covenants 84:26–27; 107:14, 20 (The power and authority of the Aaronic Priesthood are described.)
- Doctrine and Covenants 84:19–22; 107:8, 18–19 (The power and authority of the Melchizedek Priesthood are described.)

The Offices of the Aaronic Priesthood and Their Duties

- Doctrine and Covenants 20:57–59 (Duties of deacons are given.)
- Doctrine and Covenants 20:53–59 (Duties of teachers are given.)
- Doctrine and Covenants 20:46–52 (Duties of priests are given.)
- Doctrine and Covenants 107:68–74, 87–88 (Duties of bishops are given.)

The Offices of the Melchizedek Priesthood and Their Duties

- Doctrine and Covenants 20:38–45; 42:44; 107:11–12 (Duties of elders are given.)
- Doctrine and Covenants 107:10, 12 (Duties of high priests are given.)
- Doctrine and Covenants 107:39; 124:91–93 (Role of patriarch is described.)
- Doctrine and Covenants 107:25, 34, 93–97 (Duties of Seventies are given.)
- Doctrine and Covenants 18:26–33; 107:23, 33, 35, 39, 58; 112:30–32; 124:128 (Duties of Apostles are given.)

The Keys of the Priesthood Are the Authority to Direct the Use of the Priesthood

- Doctrine and Covenants 65:2; 81:2; 124:123; 132:7 (The use of priesthood authority is governed by those who hold its keys.)

Priesthood Holders Are Organized into Quorums

- Doctrine and Covenants 107:85–89 (Priesthood quorums and their sizes are described.)

ORDINANCES

Chapter 21

What can men and boys do with the priesthood?

With the Priesthood, Men Have the Same Authority to Perform Ordinances That Jesus Had

Ordinances are sacred ceremonies performed by those who have been given the authority of the priesthood. Baptism, confirmation, laying hands upon the sick to heal them, and blessing and giving the sacrament are some of the ordinances.

When Jesus was on the earth, He performed ordinances to help people. He healed the sick and made the blind to see. He made the deaf able to hear and even brought the dead back to life. He gave the sacrament to His followers.

Jesus has given to men who hold the priesthood the power and authority to perform ordinances. Worthy men and boys who hold the priesthood can perform ordinances. They perform the ordinances to bless us and help us to become like our Father in Heaven. The ordinances help us prepare to return and live with Him.

Because Jesus has given the priesthood to men on earth today, we can receive many blessings in our lives. We can be baptized, receive the gift of the Holy Ghost, and be sealed with our families forever.

Quorum presidents should teach the members of their quorums how to perform ordinances. If a man who has the priesthood is to perform an ordinance and does not know how, he should ask his quorum president to teach him.



Jesus gave the sacrament at the last supper with His Apostles.

Discussion

- Why are ordinances performed?

Ordinances Are Performed to Help Us

Baptism

Baptism is the first ordinance of the gospel of Jesus Christ. Before being baptized, people must have faith in Jesus, repent of their sins, and want to do the things that Jesus taught.

Only a person who has the priesthood can baptize others. To baptize any person, he must have permission from his bishop or branch president. The person who baptizes walks down into the water with the person to be baptized. The person who is baptizing calls the one to be baptized by name and says a short prayer. He then puts the person being baptized completely under the water and brings him or her out of the water again.

The prayer that the person says is: "Having been commissioned of Jesus Christ, I baptize you in the name of the Father, and of the Son, and of the Holy Ghost. Amen."

Discussion

- What is the first ordinance of the gospel of Jesus Christ?

Giving the Gift of the Holy Ghost

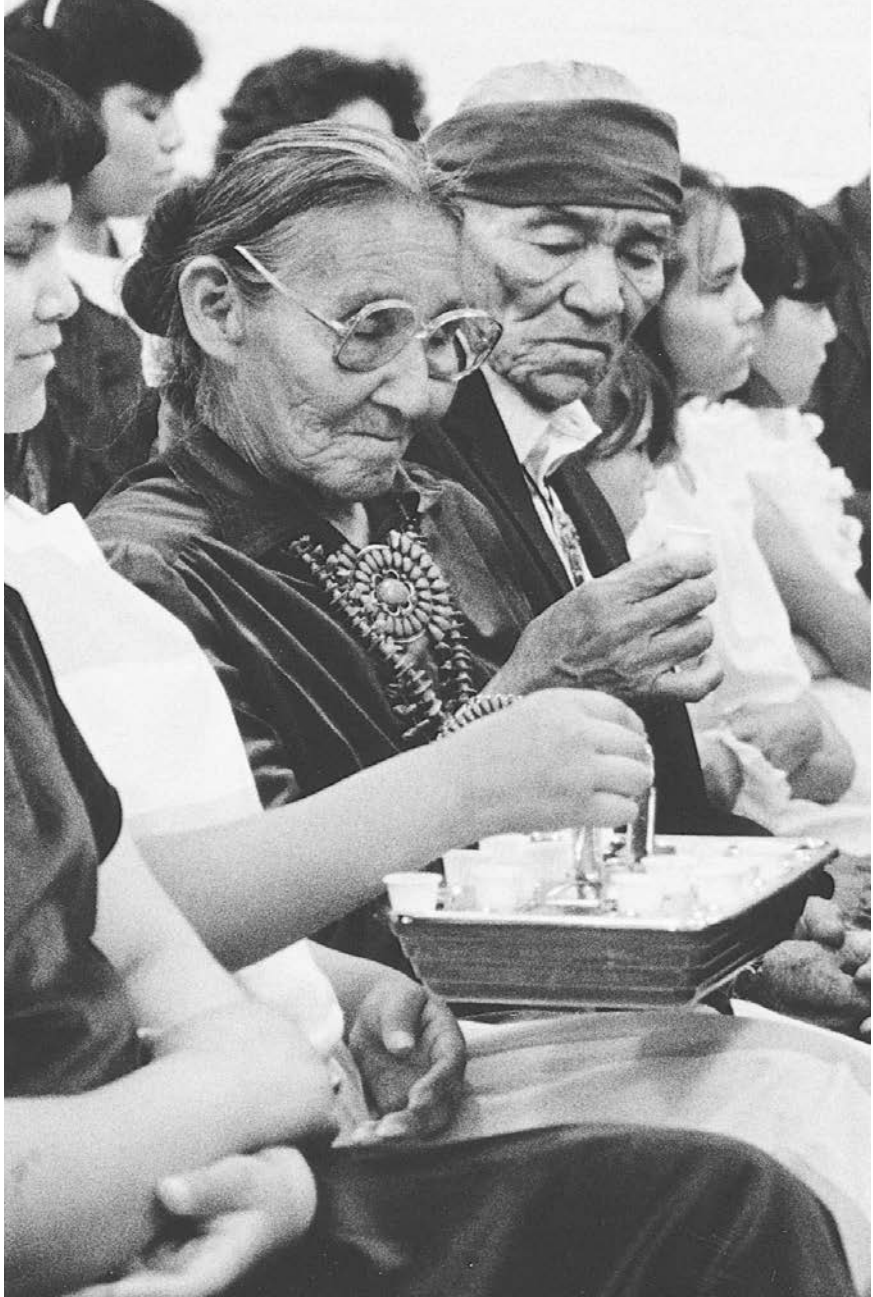
After a person is baptized, men who have the Melchizedek Priesthood put their hands on the person's head, and one of them says a special prayer. In that prayer, they confirm the person a member of The Church of Jesus Christ of Latter-day Saints and say to him or her, "Receive the Holy Ghost." This means that the person receives the right to have the guidance of the Holy Ghost always, as the person honestly tries to obey Jesus' commandments. This giving of the gift of the Holy Ghost is the second ordinance of the gospel of Jesus Christ. Then the one who is performing the ordinance gives the person a blessing that is inspired by the Holy Ghost. Men must have the permission of their bishop or branch president to give a person the gift of the Holy Ghost.

Discussion

- Who can give the gift of the Holy Ghost?

Ordination to the Priesthood

Giving a man the priesthood is an ordinance. It must be done by other men who have the priesthood. They must have the permission of the



We partake of the sacrament to help us remember Jesus Christ and His Atonement.

bishop or branch president to give the Aaronic Priesthood, and of the stake president to give the Melchizedek Priesthood. It is a great honor for a man or boy to receive the priesthood. Those who keep the promises they make when they receive the priesthood will have the priesthood forever.

Discussion

- Who can give the priesthood to others?

The Sacrament

A person who has the priesthood says a prayer to bless some bread and some water. Then he or another person who has the priesthood gives to the members of the Church a piece of the bread to eat and some of the water to drink. This is called the sacrament. The sacrament is an ordinance.

The bread and water are symbols of Jesus' flesh and blood. They help us remember that He sacrificed* His life for us. We should remember His love for us. We should be thankful He has made it possible for us to be forgiven of our sins and live again with our Father in Heaven.

Each time we take the sacrament, we make again the promises that we made to our Father in Heaven when we were baptized. We promise again that we will always remember Jesus, that we are willing to be called by His name, and that we will always obey His commandments. Before we take the sacrament, we should repent of the wrong things that we have done and think about the promises we have made.

Our Father in Heaven promises us that if we do the things we promised to do, He will send the Holy Ghost to be with us always.

Blessing of the Bread

Jesus has given us special prayers for the sacrament. This is the prayer for the bread:

"O God, the Eternal Father, we ask thee in the name of thy Son, Jesus Christ, to bless and sanctify this bread to the souls of all those who partake of it, that they may eat in remembrance of the body of thy Son, and witness unto thee, O God, the Eternal Father, that they are willing to take upon them the name of thy Son, and always remember him and keep his commandments which he has given them; that they may always have his Spirit to be with them. Amen."

Blessing of the Water

This is the prayer for the water:

“O God, the Eternal Father, we ask thee in the name of thy Son, Jesus Christ, to bless and sanctify this water to the souls of all those who drink of it, that they may do it in remembrance of the blood of thy Son, which was shed for them; that they may witness unto thee, O God, the Eternal Father, that they do always remember him, that they may have his Spirit to be with them. Amen.”

Discussion

- What is the sacrament?
- What should we think about while the priesthood holders bless and pass the sacrament?
- What promises do we make when we take the sacrament?

The Blessing of Children

Men who have the priesthood can bless babies, usually a few weeks after the babies are born. They must have the permission of the bishop or branch president to do this. The baby’s father can bless the baby if he has the Melchizedek Priesthood. If he does not have the Melchizedek Priesthood, he cannot bless the baby or be in the circle with men who bless the baby. He can ask someone who holds the Melchizedek Priesthood to bless the baby. The father, if he holds the Melchizedek Priesthood and is worthy, or another person who holds the Melchizedek Priesthood, holds the baby in his arms, assisted by others who must also hold the Melchizedek Priesthood, and says a prayer. In the prayer, he addresses our Father in Heaven, says he performs the ordinance by the authority of the Melchizedek Priesthood, and gives the baby a name that is chosen by the parents. He then blesses the baby as the Holy Ghost inspires him.

Discussion

- What does a person who has the Melchizedek Priesthood do when he blesses a baby?

The Blessing of Sick People

When people become sick, they can ask men who have the Melchizedek Priesthood to bless them. First, one of the priesthood holders anoints the sick person. He does this by putting a small amount of consecrated oil on the person’s head, then putting his hands on the person’s head and say-

ing a special prayer. After this, the priesthood holders put their hands on the person's head, and one of them seals the anointing and blesses the person as he is inspired by the Holy Ghost. Many people have felt better or have been healed of their sickness when they have received this priesthood blessing. The blessing of sick people is an ordinance.

The oil that is used to anoint sick people is consecrated for this purpose in another ordinance. To consecrate the oil, a man who has the Melchizedek Priesthood holds a small amount of it in an open container and says a special prayer.

A man who has the Melchizedek Priesthood does not need permission from a bishop, branch president, or stake president to perform these ordinances.

Discussion

- Who can bless people when they are sick?

A Father Can Bless Members of His Family

A father who has the Melchizedek Priesthood can bless members of his family. He can do this when the family member is sick or otherwise in need of special help. He does not need permission from the bishop, branch president, or stake president to do this. The father puts his hands on the person's head and says a prayer. In the prayer, he gives the person the blessings that the Holy Ghost tells him in his mind to give. Blessing family members is an ordinance.

Discussion

- When can a father bless the members of his family?

Some Ordinances Are So Important That Everyone Must Receive Them

Some priesthood ordinances are necessary in order for a person to return and live with our Father in Heaven. Two of those ordinances are baptism and receiving the gift of the Holy Ghost. Men and boys also must receive the priesthood. The other ordinances, like blessings a father gives to members of his family, are performed when we need help and comfort.

Discussion

- What are some ordinances?
- What blessing does each one bring?

References

With the Priesthood, Men Have the Same Authority to Perform Ordinances That Jesus Had

- Matthew 16:19; Mark 3:14 (Jesus gave the priesthood to His Apostles.)
- Mark 1:34 (Jesus healed the sick and cast out evil spirits.)
- Acts 19:1–6 (The Apostles of Jesus performed ordinances.)

Ordinances Are Performed to Help Us

- Matthew 19:14–15 (Jesus blessed the little children.)
- Matthew 26:26–28 (Jesus blessed the sacrament for His disciples.)
- Acts 8:17 (The Apostles of Jesus gave the Holy Ghost.)
- James 5:14 (The elders should put a small amount of oil on the head of a sick person and bless him or her.)
- 3 Nephi 11:23–28 (The manner is given in which baptism is to be performed.)
- Moroni 4; 5 (Jesus gave the prayers for blessing the sacrament to people who lived long ago.)
- Moroni 6:1–3 (The requirements are given for those who are to receive baptism.)

Some Ordinances Are So Important That Everyone Must Receive Them

- John 3:5; 2 Nephi 31:17–18 (We must be baptized and receive the gift of the Holy Ghost to return to our Father in Heaven.)
- Doctrine and Covenants 84:33–42 (Men and boys must have the priesthood to receive our Father in Heaven's greatest blessings.)
- Doctrine and Covenants 124:39; 131:1–4; 132 (A person must receive the temple ordinances to obtain eternal life.)

FOLLOWING JESUS CHRIST

Part Seven





Jesus showed obedience to His Father by being baptized.

OBEDIENCE

Chapter 22

Our Father in Heaven has told us the things that we must do in order to be happy and to return to live with Him. How can we learn to do these things?

Our Father in Heaven Gives Us Laws Because He Loves Us

Our Father in Heaven wants us to be happy here on earth because He loves us. He also wants us to return to Him so we can have the joy that He has. We can do this only if we use the ability that He has given us to become like Him.

Our Father in Heaven knows what we must do to become like Him. He has given us commandments that tell us what is good for us to do. He also tells us what is not good for us to do.

Every commandment that our Father in Heaven has given is for our good and will help us. These commandments can be guides to us in our lives, and if we obey them we will be happy.

All of us have broken commandments of our Father in Heaven. Because we have broken the commandments of our Father in Heaven, we have sinned. Because we have sinned, we are separated from our Father in Heaven. The just punishment for our sins is for us to be separated from our Father in Heaven forever.

But our Father in Heaven loves us. He has made a way to pay the penalty for our sins. He sent His Son, Jesus, to pay the penalty for our sins. Jesus has paid that penalty, and we can return to our Father in Heaven by having faith in Jesus. To have faith in Jesus means to trust Him and become His obedient followers. Those who have faith in Jesus obey His commandments. The first step toward returning to our Father in Heaven is to have faith in Jesus, trying sincerely to obey Him. Then, if we continue to be

faithful to Jesus, He will help us to be obedient to all of our Father in Heaven's commandments, and our Father in Heaven will forgive our sins.

Some of Jesus' commandments are for all members of the Church. These He gives in the scriptures and through His prophets. Some commandments He gives to us individually, through the Holy Ghost. For example, the scriptures and the prophets tell us that all Church members should help teach the gospel to others. But the Holy Ghost will tell each of us what we can do individually to teach the gospel to our family members, friends, and neighbors. If we study the scriptures, listen to the words of the prophets, and follow the whisperings of the Holy Ghost, we will always know the things we should do.

Discussion

- How do our Father in Heaven's and Jesus' commandments show Their love for us?
- How can we know what our Father in Heaven and Jesus have told us to do?

Every Commandment of Our Father in Heaven Is Important

We should be willing to do everything that Jesus commands us to do. All His commandments are important and help prepare us to live with our Father in Heaven. The Bible tells a story about a man named Naaman. He was very sick and wanted a prophet named Elisha to heal him. He left his home and went to the country where Elisha lived. Elisha sent a messenger to tell Naaman to wash himself seven times in a river called Jordan, and he would be healed.

Naaman was angry when he was told to do this. He wondered why he should go to the Jordan River, since there were many great rivers where he lived. But even though he was angry, Naaman later decided to obey. Because he obeyed, he was healed. If he had not obeyed, he would not have been healed.

Some people think Jesus' commandments are too difficult to obey. Once there was a young man named Nephi, who, with his brothers, was asked to do something very difficult. Jesus told them to return to the city of Jerusalem to get some important scriptures. His brothers said they could not do it. It was too difficult. But Nephi said he would do as Jesus had told him to do. He said that when Jesus tells us to do something, no matter how hard it may seem to us, He helps us do it.

Jesus has told us we should work to become like Him and our Father in Heaven. He would not have told us to do this unless He knew we could do it.

Jesus is like our Father in Heaven because He committed no sins. We have all sinned, but we can become like our Father in Heaven through faith in Jesus and repentance.

Sometimes we may not understand the reason for one of Jesus' commandments. But if we love Jesus and trust Him, we will do what He tells us to do. We will obey even if we do not understand why He has told us to do something. Adam and Eve did this. Jesus told Adam and Eve to offer sacrifices* to our Father in Heaven. One day an angel came to Adam and asked him why he was offering sacrifices. Adam said he did not know why, except that Jesus had told him to do it. The angel then told Adam the reason for the law and taught Adam the gospel. Jesus was pleased with Adam because Adam obeyed Him even before knowing the reason for the law.

We should obey Jesus' commandments because we love Him and want to obey Him. Our Father in Heaven has said He is pleased with those who want to obey Jesus. He is sad when His children do not obey Jesus until something happens that forces them to obey. Our Father in Heaven wants all of His children to learn to love Jesus and to obey Him, because this is the only way they can return to our Father in Heaven.

Discussion

- Why is it important to obey Jesus' commandments even when they seem too difficult to obey?
- Why should we obey the commandments even if we do not understand them?
- Why is it important to obey because we want to obey?

When We Love Our Father in Heaven, We Want to Obey Jesus

Jesus did everything our Father in Heaven commanded Him to do. Jesus obeyed our Father in Heaven because He loved our Father in Heaven. Satan tempted Jesus to disobey our Father in Heaven. Jesus did not do the things Satan tempted Him to do.

The First and Most Important Commandment Is to Love Our Father in Heaven

When we love our Father in Heaven, we will want to obey Him as Jesus did. We can love our Father in Heaven more when we learn more about Him. We need to learn about Him and what He does for us. We learn this

by reading the scriptures and listening to the leaders of the Church of Jesus Christ. When we love our Father in Heaven, we will also love Jesus because of what Jesus did to help us return to our Father in Heaven. We learn to love Jesus by doing the things He commands us to do. As our love for our Father in Heaven and Jesus becomes greater, obeying Their commandments becomes easier.

The Second Great Commandment Is to Love All People

Jesus told us to love and help other people. He has told us to treat them the same way we want them to treat us. He said we should not say bad things about them. We should forgive them for their mistakes. We should help others in every way we can.

When we love our Father in Heaven and Jesus, we love and help others. As we love and serve Jesus and other people, obeying all of our Father in Heaven's and Jesus' commandments becomes easier.

Discussion

- What are the two great commandments?
- How can Jesus' example help us to obey the commandments of our Father in Heaven?
- How can we learn to love our Father in Heaven and Jesus and want to obey Their commandments?

Every Blessing We Receive Comes Because of Obedience

Our Father in Heaven blesses us when we obey His commandments. He promises a blessing for each commandment that we obey. Whenever we obey a commandment, we receive a blessing for obeying it. If we do not obey a commandment, we cannot expect to receive the promised blessing.

Some of the blessings that come from obeying the commandments of our Father in Heaven are happiness, freedom from fear, good health, and more knowledge and ability. The greatest blessing that our Father in Heaven promises to us is that we can become like Him and live forever with Him. We can receive this blessing by obeying all of His commandments.

As we earnestly try to obey our Father in Heaven's commandments, it is important to remember that we can do it only with the help of Jesus. We should also remember that when we disobey, our Father in Heaven will forgive us when we place our faith in Jesus Christ and repent. Since we all have sinned, we should be very grateful for the Atonement of Jesus Christ. Because of His Atonement, our Father in Heaven can forgive

and bless us and help us become obedient. We would never be worthy of our Father in Heaven's blessings by ourselves.

Discussion

- What blessings can come to you because of obedience to our Father in Heaven?
- How does Jesus help us obtain these blessings?
- How can we receive our Father in Heaven's greatest gift?

References

Our Father in Heaven Gives Us Laws Because He Loves Us

- John 15:10–14 (If we obey our Father in Heaven's commandments, we will continue to know He loves us.)

Every Commandment of Our Father in Heaven Is Important

- 2 Kings 5:1–14 (The prophet Elisha told Naaman what to do in order to be healed.)
- 1 Nephi 3:1–7 (Jesus provides a way for us to obey His commandments.)
- 3 Nephi 12:48 (Jesus told us to become perfect.)

When We Love Our Father in Heaven, We Want to Obey Jesus

- Matthew 22:37–40 (Jesus gives the two great commandments.)
- John 8:29 (Jesus always did those things that pleased His Father.)
- John 14:15, 21–24 (If we love our Father in Heaven and Jesus, we will obey Their commandments.)
- 1 Corinthians 2:9 (Our Father in Heaven has prepared great blessings for those who love Him.)

Every Blessing We Receive Comes Because of Obedience

- Proverbs 3:1–4; Jeremiah 7:23 (Our Father in Heaven promised to bless the people if they would obey Him.)
- 2 Nephi 2:3–9; Alma 22:14; Moroni 6:4 (We cannot be worthy of our Father in Heaven's blessings by ourselves, but the Savior helps us.)
- Mosiah 2:24 (Our Father in Heaven blesses us when we obey Him.)
- Mosiah 2:41 (Those who obey the commandments receive many blessings and are happy.)

SACRIFICE

Chapter 23

Giving up something to help someone else is part of our Father in Heaven's plan to help us become like Him. Have you ever had the happy feeling that comes from giving up something to help someone else?

Jesus Sacrificed His Life for Us

To obey our Father in Heaven, we often must sacrifice. To sacrifice is to give up something to help someone else. Jesus made the greatest sacrifice. He suffered for our sins. Then He gave His life for us.

Because Jesus gave His life for us, everyone will live again after death. We will all have a perfect body that will never die again. This is called resurrection. Also, those who have faith in Jesus, repenting of all their sins, will be forgiven for their sins because of what Jesus did and will be able to return to our Father in Heaven.

From the time that Adam lived to the time that Jesus Christ lived, people sacrificed animals to our Father in Heaven. The people chose the best animals in their flock or herd to sacrifice. They were always the firstborn male. After choosing the proper animals, the people would kill them and burn parts of them as offerings to our Father in Heaven.

The people sacrificed these animals to obey our Father in Heaven's law. In this way, they showed their willingness to obey our Father in Heaven even when that meant giving up something that was important to them. Our Father in Heaven commanded them to sacrifice animals to remind them that He would sacrifice His Son for them. Jesus, our Father in Heaven's firstborn Son, would come into the world and be perfect in every way. He would allow Himself to be sacrificed for our sins.

After Jesus gave His life, He commanded the people not to sacrifice animals anymore. He gave us the sacrament to remind us of the great sacrifice He made for us. The bread and water of the sacrament represent Jesus' flesh and blood, which He gave for us when He died.

Discussion

- What did the sacrifice of animals in ancient times represent?

Sacrifice Is Part of Our Father in Heaven's Plan for Us

Our Father in Heaven now requires us to sacrifice in a different way. He commands us to make the sacrifice of a broken heart and a contrite spirit. That means giving up our sins and our pride. It means being willing to remember Jesus always and to keep His commandments, no matter what the cost. This means that:

1. We have faith in Jesus, we repent of our sins, we are baptized, and we keep Jesus' commandments.
2. We tell other people about our belief in Jesus so they may become His followers and join His Church.
3. We are willing to do any work in Jesus' Church that He wants us to do.
4. Men are willing to accept the priesthood and help their family and others to live in such a way that they will be prepared to return to our Father in Heaven in the next life.

To return to our Father in Heaven, we must be willing to give everything Jesus asks us to give. The Apostle Paul said we should use our time on this earth to do all we can to help in Jesus' work.

Discussion

- How can you show that you remember the sacrifice of Jesus today?

A rich man asked Jesus what he should do in order to live with our Father in Heaven forever. Jesus told him to obey all our Father in Heaven's commandments. The rich man replied that he had obeyed the commandments from the time he was young. Jesus told him there was one more thing he must do. He must sell everything he had. He must then give the money to poor people and follow Jesus. When the rich man heard this, he was sad. He did not want to give away all the things he had and follow Jesus.

The rich man was a good man. He had earnestly tried to obey the commandments. But when Jesus asked him to give away everything he had and follow Him, he would not do it.



The rich young ruler lacked the faith to sacrifice his possessions and follow Jesus.

Two of Jesus' Apostles, Peter and Andrew, were willing to give up everything they had in order to follow Jesus. When Jesus asked them to follow Him, they left their work and followed Him.

Abraham was also willing to give anything he had to our Father in Heaven. Abraham lived on the earth before Jesus was born. In that time, our Father in Heaven still required people to sacrifice animals. He commanded Abraham to sacrifice his son, as a test to see if Abraham would obey. Abraham was willing to obey. He built an altar and put his son on it. Abraham was ready to kill his son, when an angel stopped him. The angel told Abraham he did not have to sacrifice his son. Our Father in Heaven knew Abraham was willing to give all our Father in Heaven commanded him to give, even his own son. Abraham loved our Father in Heaven so much that he was willing to do everything our Father in Heaven commanded. Our Father in Heaven blessed Abraham because Abraham was willing to sacrifice anything for Him.

Discussion

- Who is an example of a person who was not willing to give everything Jesus commanded him to give?
- Who is an example of a person who was willing to give everything our Father in Heaven commanded him to give?
- What would you have done in these situations?

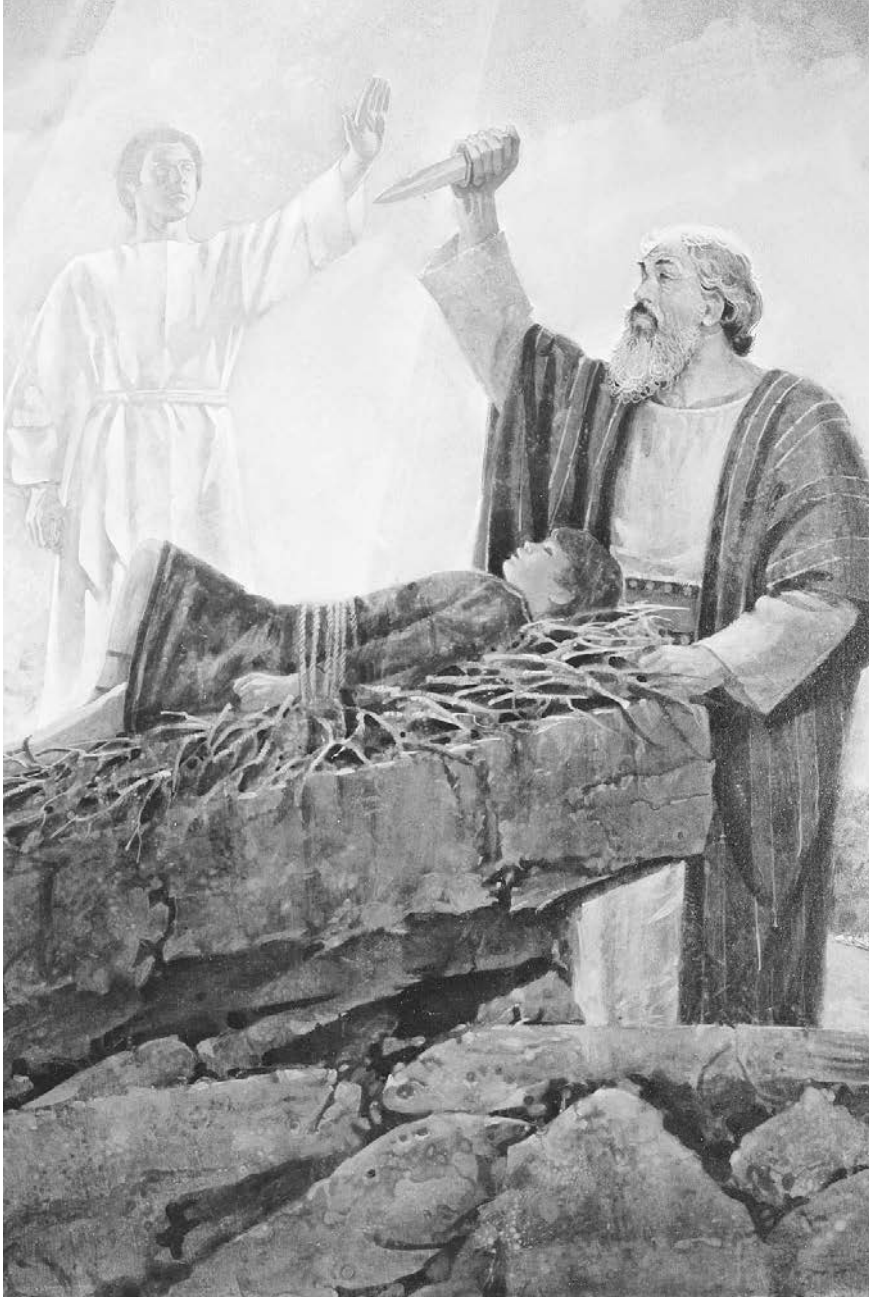
We May Have to Sacrifice Things for Jesus' Work

Our families may reject us if we follow Jesus. Other people may laugh at us or try to hurt us when we obey His commandments. We may lose our jobs for joining the Church of Jesus Christ.

We may have to use our money and our time to go and teach others about Jesus. We may have to use our time to help the leaders of the Church do His work. We may have to use our time and money to help others in our family while they do Jesus' work. Our Father in Heaven may want us to give our lives rather than deny our testimony of Jesus.

Discussion

- How would you feel if you were asked to give up your favorite possession?
- How much are you willing to sacrifice for Jesus' work?



Abraham had such great faith that he was prepared to sacrifice his son Isaac at the Lord's command.

Sacrifice Brings Blessings That Can Come in No Other Way

Sacrifice helps us become unselfish. We learn to serve our Father in Heaven and help other people. We learn that doing things for others makes us happy. We learn that doing what Jesus commands us to do is more important than any material thing we can have on this earth. We learn that serving others is better than thinking only of ourselves. When we sacrifice willingly, we also find that our Father in Heaven gives us blessings that are far better than whatever we have given up.

Sacrificing for others helps us understand better what Jesus did for us. He loved us enough to give His life for us. As we sacrifice things for our Father in Heaven or for other people, we love them more. We begin to become loving and more like Jesus and our Father in Heaven.

Having many possessions is not bad. Our Father in Heaven sometimes gives us these things so that we can help others. But it is hard not to love our belongings and money. We work hard to get them. Some of these things are necessary in order for us to live. However, we must not care so much about these things that we will not give up whatever our Father in Heaven needs to help His other children.

All members of the Church of Jesus Christ should make serving our Father in Heaven and Jesus the most important thing in their lives. We show that we love our Father in Heaven and Jesus more than we love our possessions when we do what the leaders of the Church of Jesus Christ ask us to do. We should sacrifice our time to help them teach and serve others. In order to become worthy to live with our Father in Heaven, we must be willing to give everything we have to help Jesus' work if that is what He asks of us.

Jesus has promised great blessings to those who obey and serve Him. He has said we cannot imagine the wonderful things we will receive later if we will sacrifice for His work now.

References

Jesus Sacrificed His Life for Us

- Luke 9:57–62 (To obey Jesus is more important than any other thing in our life.)
- John 15:12–13 (Jesus showed His great love for us by giving His life for us.)

Sacrifice Is Part of Our Father in Heaven's Plan for Us

- Genesis 22:1–14 (Abraham is told to offer his son Isaac as a sacrifice.)
- Matthew 4:18–20 (Jesus calls Peter and Andrew to be His disciples.)
- Romans 12:1 (We should use our time to serve our Father in Heaven.)

We May Have to Sacrifice Things for Jesus' Work

- Doctrine and Covenants 64:23 (This is a time of sacrifice.)
- Doctrine and Covenants 97:8 (Our Father in Heaven accepts those who are willing to sacrifice for Him.)

Sacrifice Brings Blessings That Can Come in No Other Way

- Matthew 19:29 (Jesus promises great blessings to those who have sacrificed for the gospel's sake.)
- Luke 12:16–34 (We should seek first the kingdom of our Father in Heaven before the things of this world.)

THE DAY OF WORSHIP

Chapter 24

Our Father in Heaven has told us to use one day every week to worship Him. We receive many blessings when we make that day a holy day.

Our Father in Heaven Gave Us a Day of Worship in Order to Help Us

Our Father in Heaven knows we have many problems. We must do many things every day. We must work to obtain food and clothes. We must prepare our food and do other chores daily.

With all these things to do, it is easy to forget about our Father in Heaven. It is also easy to forget the things our Father in Heaven wants us to do. We think more about our daily needs than we do about our Father in Heaven.

Our Father in Heaven knows we need time to think about Him. We need time to learn what He wants us to do. Because of this, He has told us to spend one day in every seven days to rest from our work and learn about Him.

Our Father in Heaven created the earth through Jesus Christ in six periods of time. He called these periods of time days. On the seventh day, He rested from the work of creating this earth. He has told us we should rest one day each week from our daily work.

Our Father in Heaven Has Told Us Which Day Is the Day of Worship

Our Father in Heaven told people in ancient times to use the seventh day of the week for the day of worship. This day was to help people remember that after He had created the earth He rested on the seventh day.

After Jesus died, He was resurrected on the first day of the week. Jesus' followers used the first day of the week as the day of worship to help people remember and honor Jesus' resurrection day. We call this the Lord's day. (Jesus is sometimes called the Lord.) We also call this the



Sunday is a day of worship.

Sabbath day.* Though it is a different day of the week than was used anciently for worship, it is still one day out of seven. We still do our ordinary work six days a week. Then on the seventh day we worship our Father in Heaven.

In our time, most people use the first day of the week, which is Sunday, as the day of worship. In a few cases our Father in Heaven has told His prophet that His people in some countries may use another day as the day of worship.

We Can Keep the Lord's Day Holy

There are many things we should do on the Lord's day. The most important thing we can do is think about our Father in Heaven and Jesus during the day. We should think about the things They want us to know and do. Some of the things we can do on the day of worship that will help us remember and learn about our Father in Heaven are:

1. Study the scriptures that teach about our Father in Heaven and Jesus.
2. Help other people learn about the Church.
3. Teach our families about our Father in Heaven and Jesus and about what They want us to do.
4. Attend Church meetings and classes where we can learn together about the gospel. We can learn stories about Jesus and other gospel teachings, and we can tell each other about the things our Father in Heaven and Jesus have done for us.
5. Rest from the work we do on the other days of the week.
6. Pray.
7. Visit people who are sick and help them to feel better.
8. Write down some of the things that happen to our families so we will be able to remember them later.

Members of the Church of Jesus Christ should partake of the sacrament on the day of worship. They could prepare to partake of it by thinking about Jesus and the things He did for us. They should ask our Father in Heaven to help them remember Jesus. When they take the sacrament, they should remember the sacred promises they have made. They should think about the things our Father in Heaven has promised them if they will obey Jesus.

There are many things we should not do on the day of worship. We should not work. We should not make our families, servants, or animals work. We should not read things, watch programs on television, or listen

to music that will stop us from thinking about our Father in Heaven and Jesus. We should not go to sporting events. We should not buy or sell things. These things may seem important, but they do not help us think about our Father in Heaven and Jesus on this sacred day.

There may be times when we must work on the day of worship, but we should try not to. When working is absolutely necessary, we should try to think of our Father in Heaven and Jesus while we work.

Discussion

- What should we do on the Lord's day?
- What should we not do on the day of worship?

Our Father in Heaven Blesses Us for Keeping the Lord's Day Holy

The purpose of the day of worship is always the same. It is a day to rest from the work we do every day. It is a day to learn about our Father in Heaven and prepare for life with Him. It is a day to improve our life by learning more about what our Father in Heaven wants us to do.

This day is good for us. It helps us remember our Father in Heaven and the reason we are here on earth. When we do the things our Father in Heaven wants us to do on the Lord's day, we receive blessings. Our families are happier. Our bodies are refreshed. We draw closer to our Father in Heaven and His teachings. We will be able to feel the influence of the Holy Ghost more strongly during the week. Because we have been obedient, our Father in Heaven will help us obtain food, clothing, and other things we need. He will help us learn more about Him and be happy.

Discussion

- What are some of the reasons we should keep the day of worship as a holy day?

References

Our Father in Heaven Gave Us a Day of Worship in Order to Help Us

- Genesis 2:2–3 (Our Father in Heaven rested from His work on the seventh day.)
- Exodus 20:8 (Our Father in Heaven commands us to keep the day of worship holy.)
- Exodus 35:1–3 (We should rest on the day of worship.)
- Mark 2:27 (Our Father in Heaven gave us a day of worship to help us.)
- Mosiah 18:23 (We should keep the day of rest holy.)

Our Father in Heaven Has Told Us Which Day Is the Day of Worship

- Acts 20:7 (The Apostles partook of the sacrament on the first day of the week.)
- 1 Corinthians 16:2 (The people prepared to worship on the first day.)

We Can Keep the Lord's Day Holy

- Exodus 20:9–10 (Our Father in Heaven tells us we do not need to work on the seventh day.)

Our Father in Heaven Blesses Us for Keeping the Lord's Day Holy

- Isaiah 58:13–14 (Our Father in Heaven will bless us for keeping the day of worship holy.)

THE LAW OF CHASTITY

Chapter 25

Our Father in Heaven has given us the sacred power to have children. He has told us how to use this power. If we use it correctly, we can be very happy.

Our Father in Heaven Has Told Us to Have Children and to Obey the Law of Chastity

After Adam and Eve were married, our Father in Heaven told them to have children. He told Adam and his wife, Eve, to have children so the spirits in heaven could come to earth and receive bodies of flesh and bones. A body of flesh and bones is one of the greatest gifts our Father in Heaven has given us. Our Father in Heaven has a body of flesh and bones, and He wants His children to become like Him.

The power to have children is very sacred. Our Father in Heaven has given us a law that tells us how to use this power. This law is called the law of chastity. It says we should have sexual relations only with the person to whom we are legally married. This means we must not have sexual relations before we are married, and after we are married we should have sexual relations only with our husband or wife.

Having an abortion, or removing an unborn child from within its mother and allowing it to die or killing the baby while it is still inside the mother, is wrong unless there are special circumstances, which need to be carefully considered with prayer and the help of our bishop or branch president. We should not help anyone else to have an abortion.

Parents are the ones who should teach the law of chastity to their children. Parents should teach them that their bodies are sacred and that they should allow no one to touch certain parts of their bodies. They should correct wrong ideas and words their children learn from others.

As children grow older, they should be taught that our Father in Heaven has given us the power to have children and that using this power after we are married is good. By the time our children are 12 or 13 years old, we should have already helped them to understand how children are created. We need to teach them early in a very tactful way to protect them from harm or from false teachings.

Discussion

- Why did our Father in Heaven give us the power to have children?
- What is the law of chastity?
- What should we teach our children about their bodies?

Satan Wants Us to Break the Law of Chastity

Satan wants to stop us from returning to our Father in Heaven. Satan wants us to break the law of chastity. He wants us to think the power to have children is not sacred. He wants us to think breaking the law of chastity is not a sin.

Satan uses clever ways to persuade us to break this law. He tries to make us think that letting others see and touch our bodies is acceptable. Satan wants us to think bad thoughts. He urges us to look at pictures, movies, and dances that tempt us to be unchaste. He also urges us to take part in dances and to listen to stories, jokes, and music that tempt us to unchastity. Satan wants us to do these things so our bodies will not seem sacred and so we will use the power to have children in the wrong way.

Satan sometimes tempts us through our feelings. Satan knows when we are lonely, confused, or unhappy. He chooses these times of weakness to make us want to break the law of chastity. He wants us to think we have the right to use the power to have children in any way we wish to use it. He tries to make us think nothing bad will happen to us if we break the law of chastity.

Our Father in Heaven can give us the strength to resist Satan's temptations. He does not want us to see wicked things or think wicked thoughts. He has promised He will not allow Satan to tempt us more than we can resist. He has prepared a way for us to overcome temptations.

We can pray to our Father in Heaven for help to resist Satan. When we pray, our Father in Heaven will send the Holy Ghost to help us. The Holy Ghost will help us remember that our bodies are sacred and that the power to have children is sacred. The Holy Ghost will help us not to use

this power in the wrong way. He will help us choose good things to see and read and think about. He will help us remember that breaking the law of chastity will make us sad and that obeying this law will make us happy.

Discussion

- Why does Satan want us to break the law of chastity?
- What can we do to resist Satan's temptations?
- How will our Father in Heaven help us obey the law of chastity?

Breaking the Law of Chastity Is a Very Serious Sin

Sexual relations are good and pure when they are kept between a husband and his wife who love and respect one another. They are the way our Father in Heaven has given us to have children. They are also a way for husbands and wives to express their love for one another and become closer to one another in their feelings. But to have sexual relations outside of marriage is a very serious sin.

Breaking the law of chastity makes us unhappy. When we realize we have not obeyed our Father in Heaven, we will feel guilty and ashamed. We will realize we have used in a wrong way the sacred power He gave us and that we have made others unhappy. Breaking the law of chastity may cause a baby to be born without a proper family.

Only two sins are more serious than breaking the law of chastity. These are denying the Holy Ghost and murder. Those who have broken the law of chastity can be forgiven. Our Father in Heaven has said that if they will have faith in Jesus and repent of their sins, He will forgive them. Those who break the law of chastity and do not repent will not be able to live with our Father in Heaven.

Those who were raped or abused sexually are not guilty of breaking the law of chastity.

Forgiveness can come only through faith in Jesus and repentance. We must realize we have sinned and truly feel sorry for the wrong we have done. We must stop doing the thing that is wrong and confess the sin to our Father in Heaven, to the persons we may have hurt, and to the proper priesthood authority (bishop, branch president, stake president, or mission president). Our Father in Heaven has said He will forgive those who have faith in Jesus, confess their sins to our Father in Heaven and to the proper Church leader, and sincerely repent. Anyone who does not do all these things has not truly repented and will not be forgiven.

Discussion

- Why is breaking the law of chastity such a serious sin?
- What can happen to us when we break the law of chastity?
- Why should we obey the law of chastity?
- What must we do to repent of breaking the law of chastity?

Obeying the Law of Chastity Makes Us Happy

When we obey the law of chastity, we show a good example for our children to follow. We know our Father in Heaven is pleased with us for obeying Him. When we obey it, those in our family know that we love them, and we have no reason to feel guilty or ashamed. We become more like our Father in Heaven. Our Father in Heaven blesses us and our children, or the children we will have, when we obey the law of chastity.

Using the power our Father in Heaven has placed in our bodies within marriage will bring happiness. For a married couple, having sexual relations can bring happiness. It can bring them closer together with strong feelings of love. The children that may be born are a blessing from our Father in Heaven. Though children sometimes cause much worry or sadness for their parents, they also bring great joy. Some of the greatest happiness we know in our life will come as our children grow, learn, marry, and have their own children.

Discussion

- What blessings do we receive when we obey the law of chastity?
- Why are we happier when we obey the law of chastity than when we do not obey it?

References

Our Father in Heaven Has Told Us to Have Children and to Obey the Law of Chastity

- Genesis 1:28 (Our Father in Heaven commanded Adam and Eve to have children.)
- Exodus 20:14 (Our Father in Heaven commanded us not to commit adultery.)
- Leviticus 20:10–23 (Sins against the law of chastity are condemned.)
- 1 Corinthians 6:19 (Our bodies are sacred.)
- Moroni 9:9 (Chastity is precious above all other things.)

Satan Wants Us to Break the Law of Chastity

- Matthew 5:27–28 (We should not even think about doing wrong things.)
- 1 Corinthians 10:13 (Our Father in Heaven will give us power to resist temptation.)
- Alma 12:14 (We should think and say good things.)

Breaking the Law of Chastity Is a Very Serious Sin

- Proverbs 6:25–32 (Breaking the law of chastity will make us sad.)
- Isaiah 1:16–18 (Our Father in Heaven will forgive those who repent.)
- 1 Corinthians 6:9 (Those who break the law of chastity and do not repent cannot return to live in the presence of God.)
- Alma 39:5 (Only two other sins are greater than breaking the law of chastity.)

Obedying the Law of Chastity Makes Us Happy

- Galatians 5:16–24 (Our Father in Heaven will bless those who obey the law of chastity.)
- Titus 2 (Living righteously makes us happy.)

HONESTY

Chapter 26

Our Father in Heaven is honest in all He does. Does He want us to be honest as well?

Our Father in Heaven Tells Us to Be Honest in All We Do

To be honest means to tell the truth. To be honest means to not lie or steal. When we say things that are not true, we are lying. When we tell only part of the truth, we are lying. When we lead people to believe something that is not true, we are not being honest.

To steal is to take something that belongs to someone else without the person's permission. To take something from a store without paying for it is stealing. Our Father in Heaven has told us not to steal.

Honest people work hard during all the hours for which they are paid. Honest employers pay those who work for them according to what the employees deserve. Honest people charge fairly for their services and for the things they sell. We must be honest if we want to live with our Father in Heaven.

Satan tries to persuade us to be dishonest. When we are dishonest in any way, we are following Satan. Satan likes lies. Satan wants us to think it is clever to be dishonest. He tries to make us think we will be happy when we are dishonest. He wants us to think being dishonest is not a sin. Satan wants us to be dishonest so we will be unhappy.

Our Father in Heaven has taught us to be honest at all times. He is sad when we lie. He wants us to know that lying is always wrong. Being dishonest is always wrong and makes us unhappy.

Some people steal things because they think they have a right to have them. Some young people cheat at school to receive better grades or because other students do it. Some people lie so that others will think well

of them. None of these reasons makes stealing or lying right. When we make excuses for lying, we are not honest.

Discussion

- What is honesty?
- Whom are we following when we are honest?

We Can Be Honest in All We Do

We can be honest by having the courage to tell the truth, even when it is hard to do so. Our Father in Heaven will help us be honest if we ask Him. He will send the Holy Ghost to help us choose to be honest. The Holy Ghost will help us know that being honest is the right thing to do.

When we understand the teachings of Jesus, we will want to be honest in all we do. Jesus has taught us that we are children of our Father in Heaven and that we are all brothers and sisters. He has taught that we can be truly happy only when we are honest. We would not be at peace with ourselves if we had something in our home that did not belong to us. He has also taught us that if we have faith in Him, repent, and are truly honest we can return to live with our Father in Heaven and be happy forever.

When we understand all these things, we begin to want to be honest. We do not want to lie to other people. We want to please our Father in Heaven so we can return to live with Him. We want to admit our mistakes and correct them so our Father in Heaven will forgive us.

Discussion

- If we have lied even a little, why should we repent?
- How can we be honest in all we do?
- How will our Father in Heaven help us to be honest?

Being Honest Makes Us Happy

When we are honest, we feel good. Our Father in Heaven is happy with us. We do not feel guilty. We feel good because we know we have nothing to hide from others. We do not have to worry that someone will know we have lied.

When we are honest we become more like our Father in Heaven. We know we are preparing to return to live with Him. When we are honest, other people trust us. When we are honest, our Father in Heaven will help us do the things we want to do that are right.

Discussion

- How do we feel when we are honest?
- What would the world be like if every person were honest?

References

Our Father in Heaven Tells Us to Be Honest in All We Do

- Exodus 20:15–16; Matthew 19:18 (Our Father in Heaven told us not to steal or lie.)
- Proverbs 19:5 (Those who lie cannot escape punishment.)
- John 8:44; 2 Nephi 2:18 (Satan is the father of all lies. He wants us to be sad.)
- Acts 5:1–10 (Our Father in Heaven punishes those who lie.)
- Hebrews 6:18 (Our Father in Heaven does not lie.)

We Can Be Honest in All We Do

- Philippians 4:8 (Whatever is true or honest, we should try to do.)
- Alma 27:27 (A group of people in the Book of Mormon were known for being perfectly honest.)

Being Honest Makes Us Happy

- Proverbs 19:1 (It is better to be honest than to be untruthful.)
- Doctrine and Covenants 97:8 (The honest have our Father in Heaven's approval.)
- Doctrine and Covenants 124:15 (The honest are blessed and loved by our Father in Heaven.)

THE WORD OF WISDOM

Chapter 27

One of the greatest blessings that our Father in Heaven has given us is our bodies of flesh and bones. He has given us a law of health to help us take care of our bodies. What do you know about this law of health?

Our Bodies Are Sacred

One important reason for coming to earth is to receive bodies of flesh and bones. We need bodies in order to become like our Father in Heaven. Only with bodies of flesh and bones can we learn the things we need to know to become like Him. We can have children. We can receive the ordinances necessary for us to return to live with our Father in Heaven. Without bodies we could not do these things.

Because our spirits live in our bodies, the body is sacred. When we have faith in Jesus Christ and try to obey Him, our Father in Heaven sends the Holy Ghost to be with us. The Holy Ghost cannot stay with us if we are disobedient and do not take care of our bodies.

When we die, our spirits leave our bodies. When Jesus died, His spirit left His body. After three days, His spirit entered His body again and He was resurrected. Jesus had the power to come back to life; and because of His sacrifice for us, we too will be resurrected after we die. Our spirits and bodies will be brought together again. Jesus knew that we would need to have immortal bodies of flesh and bones to become like our Father in Heaven and live forever with Him.

Our Father in Heaven wants us to take good care of our bodies. If we take good care of our bodies, we can be healthy and strong and do the other things He wants us to do. All of us must decide whether we will take good care of our bodies or do things that harm them. We know our bodies are important during this life and after this life. We should want to take good

care of them. Our Father in Heaven is not happy when we do not take care of our bodies.

Parents should be the ones to teach their children that their bodies are a sacred gift from our Father in Heaven and explain to them why their bodies are so important. When children understand why it is important to take good care of their bodies, they will not want to follow Satan's temptations.

Discussion

- Why do we have bodies of flesh and bones?
- Why are our bodies sacred?
- Why is it important for us to teach our children the importance of taking care of their bodies?

Our Father in Heaven Has Given Us a Law of Health

Our Father in Heaven has told us some of the things that are good for our bodies and some of the things that are not good for them. This is written in the scriptures and is called the Word of Wisdom.

Our Father in Heaven revealed the Word of Wisdom to the Prophet Joseph Smith. It is a law. We must obey this law in order to have strong bodies and minds.

The Word of Wisdom teaches us what is good for our bodies. We should eat and drink only things that are good for our bodies. We should eat fruits, vegetables, and grains. We should eat the proper amount of these foods and not eat too much. We should not eat a lot of meat.

Discussion

- What foods are good for our bodies?

Our Father in Heaven Has Told Us What Is Not Good for Our Bodies

Our Father in Heaven knows Satan will try to persuade us to misuse our bodies. Our Father in Heaven has told us some of the things that are not good for our bodies. To drink alcohol is not good for our bodies. Our Father in Heaven has commanded us not to drink beer, liquor, and other drinks that contain alcohol. These things can cause sickness and can result in unhappiness in the home. When people drink these things, they cannot think clearly. These drinks often lead people to choose bad things, to lie, to waste all their money, and to break the law of chastity. When a pregnant woman drinks alcoholic drinks, she can hurt the unborn child. People who drink alcoholic drinks cause many serious problems.

Our Father in Heaven has also told us that tobacco is harmful to our bodies. We should not smoke or chew tobacco. Scientists have proven that tobacco causes sickness and can harm unborn babies.

Our Father in Heaven has also told us not to drink coffee and tea. We should not drink coffee and tea because they contain harmful drugs. We should not use drugs, except in the medicines doctors give us.

Our Father in Heaven has told us that alcohol, tobacco, and drugs can help us if we know how to use them properly. He said alcohol is to be used only for washing our bodies. Tobacco can be used to heal wounds on sick cattle. Drugs can sometimes help heal us when we are sick. But before we try to use these things, we should learn from wise people what they should be used for and how they should be used. If we use them in the wrong way, they can be harmful.

We should not take anything into our bodies that is not good for us. The Word of Wisdom tells us of some of the most harmful things. It is an important law.

The Word of Wisdom does not tell us everything we should not use. We should understand that anything that is harmful to our bodies or minds, even though it is not mentioned in the Word of Wisdom, should not be used. We should take care of our bodies in other ways, such as washing them often to keep them clean and getting enough exercise and rest.

Discussion

- How do we know that some things are not good for our bodies?
- What are some of the things we should not take into our bodies?
- What do rest and exercise have to do with our Father in Heaven's law of health?
- How should we keep our bodies clean?

Great Blessings Come from Obeying the Word of Wisdom

If we obey the Word of Wisdom, our Father in Heaven will bless our bodies to be stronger than they would be if we did not obey this commandment. We will be better able to do His work here on earth. He said that if we obey this law we will be able to run without becoming tired and walk without fainting. This is a great blessing.

Our Father in Heaven has also promised to bless us with great wisdom and knowledge if we obey the Word of Wisdom. The Holy Ghost will reveal to us many important things that otherwise we would not know.

Satan will not have power over us. If we obey the Word of Wisdom, we will be more healthy and will be preparing for eternal life* with our Father in Heaven.

Discussion

- What blessings come to us from obeying the Word of Wisdom?

References

Our Bodies Are Sacred

- 1 Corinthians 3:16–17 (The Holy Ghost can be with us.)

Our Father in Heaven Has Given Us a Law of Health

- Judges 13:13–14 (Samson’s mother was commanded not to eat or drink certain things, so that Samson would be a healthy child.)
- Doctrine and Covenants 89:5–17 (Certain foods and drinks are good for us; others are not.)

Our Father in Heaven Has Told Us What Is Not Good for Our Bodies

- Isaiah 5:11–12; Proverbs 20:1 (Wine and other alcoholic drinks are not good for us.)
- Doctrine and Covenants 88:124 (We should not oversleep but should get the right amount of rest, going to bed early and arising early.)

Great Blessings Come from Obeying the Word of Wisdom

- Daniel 1:8–17 (Daniel and his companions ate foods that were good for them, and thus they became healthier and wiser than those who ate foods that were not as healthful.)
- Doctrine and Covenants 89:1–4, 18–21 (The blessings of obeying the Word of Wisdom are listed.)

TITHING AND OFFERINGS

Chapter 28

What are tithing and offerings, and how does our Father in Heaven bless us when we give them willingly?

Our Father in Heaven Has Told Us to Pay Tithing

Tithing is one-tenth of the money and other things we earn. Our Father in Heaven told people long, long ago to pay tithing. Abraham, Jacob, and many others obeyed this commandment.

If we earn or receive money, we should give one-tenth of it as tithing. If we have animals or crops we can also pay tithing. We give one-tenth of the crops or one-tenth of the new animals raised in the year. If possible, instead of giving the crops and animals to the Church, we should sell them and give the money to the Church. We pay our tithing to the bishop or the branch president. If we do not know how much we should give, we should ask our bishop or branch president to help us understand the law of tithing.

As we pay our tithing, we help spread the gospel throughout the world. Tithing is used to build Church buildings, print books, and pay for other things needed in Jesus' true Church.

Even children should pay tithing. They will learn to do this as they see their parents pay tithing. If they begin to pay tithing when they are young, they will want to pay it when they are older and have families of their own.

Discussion

- How much are we told to pay as tithing?
- How can we teach our children to pay tithing?

We Show Love for Our Father in Heaven When We Pay Tithing

We should pay tithing willingly so our Father in Heaven will accept it and bless us for it. We should pay tithing because we want to pay it.

If we do not have a desire to pay tithing, we should think about all the blessings our Father in Heaven has given us. By paying our tithing willingly we show we love our Father in Heaven and other people.

Discussion

- Read 2 Corinthians 9:6–7.
- Why is it important to give willingly?

Our Father in Heaven Has Promised to Bless Us If We Pay Tithing

Our Father in Heaven is happy when we pay our tithing. He has promised to bless us if we pay it. He has said that He will give us so many blessings we will not know what to do with all of them. He has also said we will not be destroyed with the wicked if we pay our tithing willingly.

Our Father in Heaven will bless us so we can know Him better. He will bless us to know more about the gospel. He will give us more strength to live the teachings of the gospel each day and help our families live the gospel. It also makes Him happy when we help others learn about the gospel.

When we pay our tithing, we learn to manage our money better and be less selfish. We should always first set aside our tithing from our earnings, and then we will find that our Father in Heaven will bless us to be able to manage what is left so we will have enough for our needs.

Discussion

- What are three blessings we receive from paying tithing?

We Help Other People When We Pay Fast Offerings

As members of the Church we fast one day each month. This means we go without eating two meals. We do not eat or drink anything for about 24 hours. We believe that fasting helps us have strong spirits.

Our Father in Heaven has told us to give an offering called a fast offering. This offering should be what we would have spent for the meals we did not eat on the day when we fasted. We should give more than this amount if we can. Our Father in Heaven will bless us if we do. These offerings are used to provide food, shelter, clothing, and other things for those who are in need. When we pay fast offerings we show we love our fellowmen.



Fasting and prayer bring blessings.

We give our fast offering to the bishop or the branch president, and he uses the money to help the poor and those who need special help. Our Father in Heaven has said that if we help the poor He will bless us. He will answer our prayers and help us when we need help. He will help us understand the gospel better and will guide us always.

The Church uses tithing and offerings:

1. To teach the gospel to others.
2. To build and take care of temples, meetinghouses, and other Church buildings.
3. To print lesson books and other things the people of the Church need to learn about the gospel and do the work of our Father in Heaven.
4. To help those who cannot take care of themselves.

Discussion

- How can we show our gratitude to our Father in Heaven for all the blessings He has given us?
- Why does paying fast offerings make us happy?

References

Our Father in Heaven Has Told Us to Pay Tithing

- Genesis 14:20; Hebrews 7:1–10 (Abraham paid tithing to Melchizedek.)
- Genesis 28:20–22 (Jacob promises to return a tenth of what our Father in Heaven has given him.)
- 2 Chronicles 31:5–6, 12; Nehemiah 10:37–39 (The children of Israel paid tithes and offerings.)

We Show Love for Our Father in Heaven When We Pay Tithing

- Malachi 3:8–10 (If we don't pay our tithing and offerings, we are robbing our Father in Heaven.)
- 2 Corinthians 9:6–7 (We should give a gift willingly to please our Father in Heaven.)

Our Father in Heaven Has Promised to Bless Us If We Pay Tithing

- Genesis 14:19–20 (Abraham is blessed by our Father in Heaven for paying tithing.)
- Malachi 3:10 (Our Father in Heaven will bless us with more blessings than we need.)

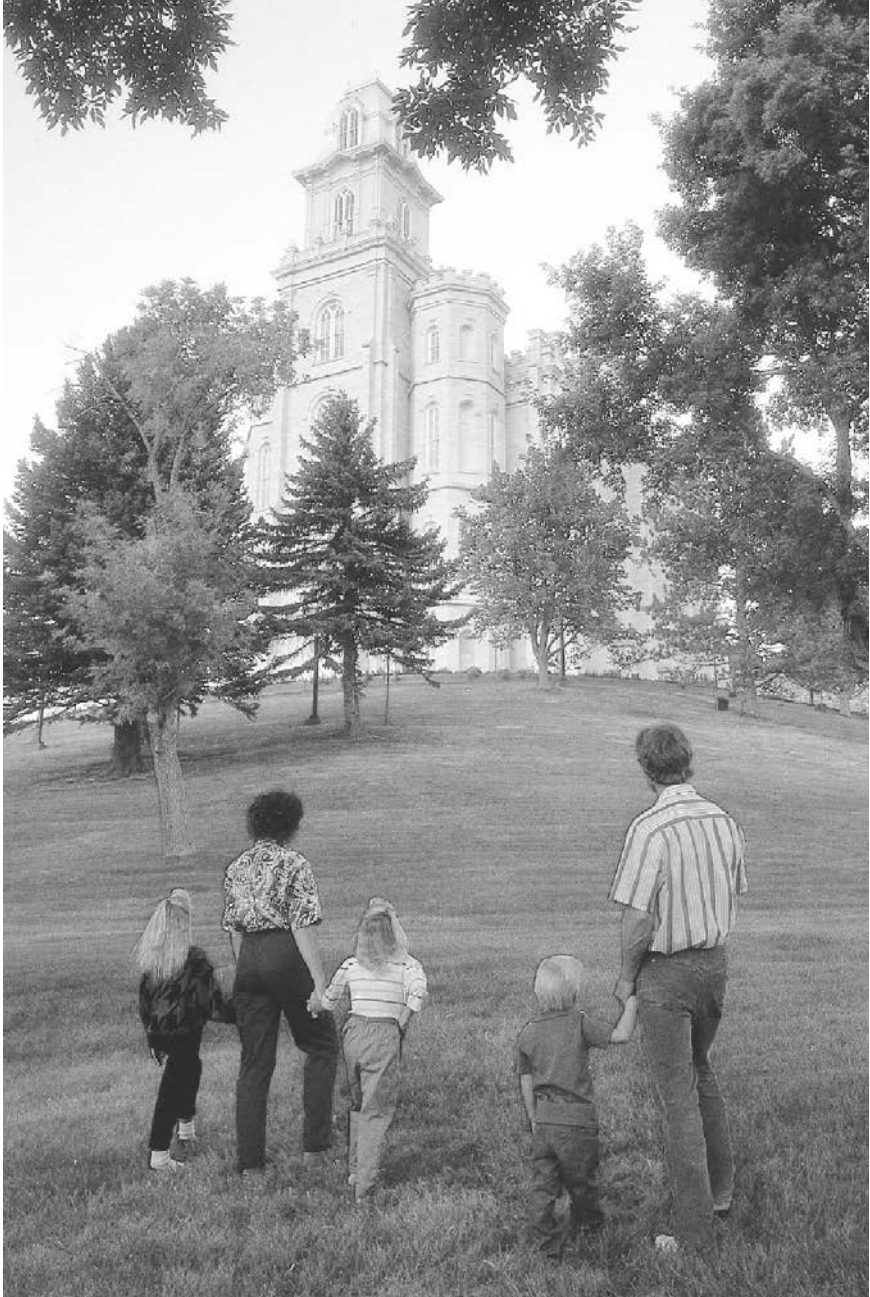
We Help Other People When We Pay Fast Offerings

- Isaiah 58:6–11 (Our Father in Heaven has asked us to do good to others by giving them the things they need.)

SAVING OUR FAMILIES

Part Eight





Families can be together forever.

FAMILIES ARE IMPORTANT

Chapter 29

Why has our Father in Heaven planned for us to live as families here on the earth?

Our Father in Heaven Planned for Us to Live as Families

Our family here on earth is like our heavenly family. We were part of a heavenly family before we came to this earth. We were spirit children of God, who is our Father in Heaven. He loves us and cares about us. He wants the best things for us and wants us to return and live with Him one day.

Our Father in Heaven put together the first family when He gave Eve to Adam in marriage. He told them to have children. This was so that our Father in Heaven's spirit children could receive bodies of flesh and bones. He told them to give their children the things they needed. He also told them to teach their children the gospel and to help them receive the ordinances of the gospel.

Our Father in Heaven has put us into families for several reasons.

First, from our parents we receive bodies of flesh and bones. We need bodies of flesh and bones to learn the things we need to do so we can live with our Father in Heaven forever.

Second, families can provide the things we need on this earth. Parents can provide food, clothing, shelter, love, and other necessary things for their children. Later, children can take care of their parents when the parents are too old to take care of themselves.

Third, parents can teach the gospel of Jesus Christ to their children. They can teach them to obey our Father in Heaven's commandments. And they can make sure the children receive the ordinances Jesus has said we must receive.

Discussion

- Why did our Father in Heaven organize us to come to earth as families?
- Which was the first family to come to earth?
- What did our Father in Heaven plan that our families would do for us?

Our Father in Heaven Wants Family Members to Love Each Other

Our family here on earth can be as our heavenly family was in heaven. The family can feel a love that will make them want to help each other and do and say kind things to each other.

The husband and wife in a family should love each other. They should be kind and help each other. They should not say or do anything that would make the other feel bad.

Parents should love their children. They should teach their children to love each other. They should teach them to help and care for each other.

Children should love their parents. They should respect, obey, and help their parents.

Discussion

- Read Ephesians 4:29–32.
- How can we help family members love each other?
- Why does our Father in Heaven want family members to love each other?

The Most Important Thing We Can Do Is Work to Have a Happy and Righteous Family

Working to bring up a righteous family is the most important work we can do. No matter how well we succeed at doing other things, if we do not teach our family to love and obey our Father in Heaven, we have failed in our most important duty. Sometimes, our children may choose not to love and obey our Father in Heaven, but we must do all we can to teach them His ways. If parents do all they can to teach their children properly, our Father in Heaven will not hold them responsible for their children's wrongdoings. Parents fail only when they stop trying to be good parents.

Our families can give us our greatest happiness in life. We do much good when we work diligently to raise children to become good members of the Church and to become good citizens in the country in which they live.

The family is the most important part of the Church. Our Father in Heaven organized His Church to help families do all they need to do to return to Him. The Church wants to help each family be together forever.

Satan knows how important families are in our Father in Heaven's plan. He tries to make us do things that will break our families apart.

Discussion

- How important is your family to you?

Our Father in Heaven Has Told Us How to Have a Good Family

All of us want to have a good and happy family. Here are some of the things that will help the family:

1. The family should pray together in the morning and at night.
2. The parents should pray together each day.
3. The parents should teach the children the gospel.
4. The family should read the scriptures together every day.
5. The family should attend Church meetings together each Sunday.
6. The family should fast together once a month when the children are old enough to fast and understand the purpose of fasting.
7. The family should meet together each week for a meeting of the family called family home evening* to talk about the good things the family has done. They should also discuss how to solve any problems anyone has. In this meeting they can also sing, have a lesson, learn some verses in the scriptures, play games, and have something special to eat or drink.
8. The family should work and read together.
9. The family members should be kind and patient with each other.
10. The family should keep a history of the things they do.

If we remember to pray by ourselves and as a family, our Father in Heaven will be close to us. He will hear our prayers and answer them in a way that is best for us.

Discussion

- What are some of the things we can do to have a good family?

References

Our Father in Heaven Planned for Us to Live as Families

- Matthew 19:3–8 (Our Father in Heaven planned for husbands and wives always to remain married.)

Our Father in Heaven Wants Family Members to Love Each Other

- Genesis 2:21–24 (Our Father in Heaven made Adam and Eve and made them husband and wife.)

The Most Important Thing We Can Do Is Work to Have a Happy and Righteous Family

- Ephesians 5:25 (The husband is told to love his wife.)
- Ephesians 6:1 (Children are told to obey their parents.)
- Titus 2:4 (The wife is told to love her husband.)
- Mosiah 4:14–15 (Parents are told to take care of the needs of their children and to teach them how to be righteous.)

Our Father in Heaven Has Told Us How to Have a Good Family

- 1 Corinthians 13:1–7 (We are told about the importance of love.)
- Ephesians 6:4 (Fathers are commanded not to cause their children to become angry.)

OUR DUTY TO HELP FAMILY MEMBERS

Chapter 30

How can each family member help make the family a happy one?

Every Member of the Family Is Important

To have a loving and happy family takes work. Our Father in Heaven has given responsibilities to each person in the family. Each family member should be helpful, cheerful, and kind to the others. When we pray, work, sing, and play together, our families can be happy.

Having love for other members of our family makes it easier for us to do the things our Father in Heaven wants us to do. When we love our family, we want to do all we can to help them. Even things that are hard to do become easier if we do them with love. It takes time and work to be a good family member.

Discussion

- How can each family member help make home a happier place?
- Why is every member of the family important?

Our Father in Heaven Has Given Parents Special Responsibilities

Father and mother should work together to care for their children and to provide the things they need. They should also teach their children the gospel. They should teach them to pray and to obey our Father in Heaven's commandments.

Father and mother should understand that sometimes children will make wrong choices even after they have been taught what is right.

When children do something wrong, parents should not stop trying to help them. Parents should continue to love and teach their children. They should also be good examples for them and fast and pray for them.



Families become stronger by working together.

Parents should provide certain things for their families:

1. They should love their children and teach their children to love others.
2. They should teach their children the gospel.
3. They should teach family members how to pray.
4. They should teach their children to pay tithing and offerings by paying their own tithing and offerings.
5. They should teach their children how to work.
6. They should provide a clean home, clothing, and food.
7. They should be sure that their children learn to read, write, and do basic mathematics by sending them to school or teaching them in the home.
8. They should do all they can so that their children might learn a profession and be prepared to earn enough money for the things they need.
9. They should show their children how to spend money wisely and to save money for future needs.
10. They should help their children improve their skills and abilities. These may be things like the ability to teach, play music, sing, repair things, or be understanding with others.

Parents should be willing to work hard to help their children. Our Father in Heaven has said that parents should make sure their children treat each other well and have food and clothing.

Parents should plan ahead to be able to provide these things even if they become sick, lose their job, or have other problems. They can do this by saving money and storing extra food, clothing, and fuel in areas where this is permitted.

Discussion

- What can parents do to provide for the needs of their families?
- What can parents do to prepare for times when they might have problems?

The Father Has Specific Responsibilities

The father is the priesthood leader of the family. The father should lead his family with love and kindness. He should show his family how to live our Father in Heaven's commandments by living them himself. He should also teach his family the gospel. He should call the family together for family prayer in the morning and in the evening. His wife should help him do these things.

The father should use his priesthood to bless the members of his family. He can give his little children a blessing and a name. He can baptize them when they are eight years old. He can ordain his sons to the priesthood

and give his children special blessings when they need them. He can bless them when they are sick.

The father should spend time with each of his children individually. He should talk with them and learn to understand their needs and concerns. He should encourage them and tell them he loves them. He should tell them that they can always come to him for help with any problem they may have.

Discussion

- What are the responsibilities of the father?
- How can he use the priesthood he holds to help his family?

The Mother Has Specific Responsibilities

A mother's most important responsibility is to give birth to children and to care for them and to teach them. To give bodies of flesh and bones to our Father in Heaven's spirit children is a sacred duty. When a mother does this, she is a partner with our Father in Heaven. Giving birth to children is one of the greatest of all blessings.

A mother should be loving. She should help teach each child the gospel. She needs to help and work with each child. A mother should make each of her children feel important and should help them understand the things around them. She should work as a partner with her husband to do these things.

The Book of Mormon tells of a group of righteous young men who obeyed the teachings of their mothers. The mothers of these young men taught them to be honest, brave, and righteous. Their mothers also taught them that our Father in Heaven would keep them safe if they had faith in Jesus. These young men had to become soldiers to defend their land. Because these young men lived the teachings of their mothers and had faith, they had courage to do their duty in the face of great danger. Every mother can have great influence on the lives of her children.

Discussion

- What are the responsibilities of the mother?
- Why is motherhood called a partnership with our Father in Heaven?

When There Is Only One Parent

Sometimes a father or mother is left alone to raise a family and must do the work of both father and mother. Our Father in Heaven knows this is difficult to do. If such a person, whom we call a single parent, asks our

Father in Heaven, our Father in Heaven will help that person care for the family.

A single parent can also have the help of home teachers.* Home teachers are members of the Church who are assigned to look after other Church members.

Discussion

- Who can help single parents?

The Children Also Have Specific Responsibilities

Children should help their parents make their home a happy place. Children should help their parents clean the house and the area surrounding it. They can help prepare meals for the family, wash the dishes, and wash clothes. They can also help take care of their younger brothers and sisters.

Children should try hard to learn the things their parents teach them. They should learn to work hard and do jobs well. They should learn to do tasks they are given to do.

Children should obey Jesus' commandments. They should help other family members. Our Father in Heaven is not pleased when children quarrel. Our Father in Heaven has told children to obey and show respect for their parents.

Children should love their parents. They should obey and respect them. Children also should take care of them when they are sick or when they are old and can no longer take care of themselves.

Discussion

- What does our Father in Heaven expect children to do?
- What should children do for their parents when their parents become old?
- What should children do to obey and show respect for their parents?

The Need to Strengthen the Family

In the world today, many evil people are trying to change our ideas about the family. Television, movies, and magazines show many strange and wrong ideas about men and women and how they act towards each other. Wicked ideas are taught through programs that are made to appear funny and entertaining. Unchastity is shown as exciting and desirable. Children are pictured showing great disrespect for their parents. Good families are made fun of. Sometimes our children never see in movies or on television what good home life is really like.

Parents should try to protect their children from seeing movies and television shows of this kind. They should teach their children why they should not watch evil programs or movies. Most important of all, parents should always set a good example in their own home. If children see a good example daily in the home, they will be good children and, later on, will be good parents. If they see their parents show love to one another, they will want to be that kind of parent.

Discussion

- Why should we choose carefully the things our children are permitted to see on television or in the movies?

Our Father in Heaven Wants Us to Help One Another

Every member of the family should love and help each other. We learn to help others by first helping our parents and our brothers and sisters. We should also help our relatives when they need help. We should not ask others for help as long as we are able to provide for ourselves. If we do, our Father in Heaven is not pleased with us.

Jesus loved everyone, and He came to earth to help us. He taught us to love and help everyone. When we love others as Jesus did, we will do all we can to help them.

Some of us ask our Father in Heaven to help those who need help, and then we do nothing ourselves to help them. This is not right. We must remember that our Father in Heaven helps others through us. We should first pray for those who need help and then help them in any way we can.

All of us need help from other people. When we are children, our parents feed, clothe, and care for us. As we grow older, other people teach us things we need to know and do. Many of us need the help of others when we are sick.

When we help other people, we receive blessings. Our ability to love increases, we become less selfish, and our own problems seem less serious. Our Father in Heaven has said that those who want to live with Him must love and help all His children.

Discussion

- Why does our Father in Heaven want and need us to help others?
- Who benefits from our help?

References

Every Member of the Family Is Important

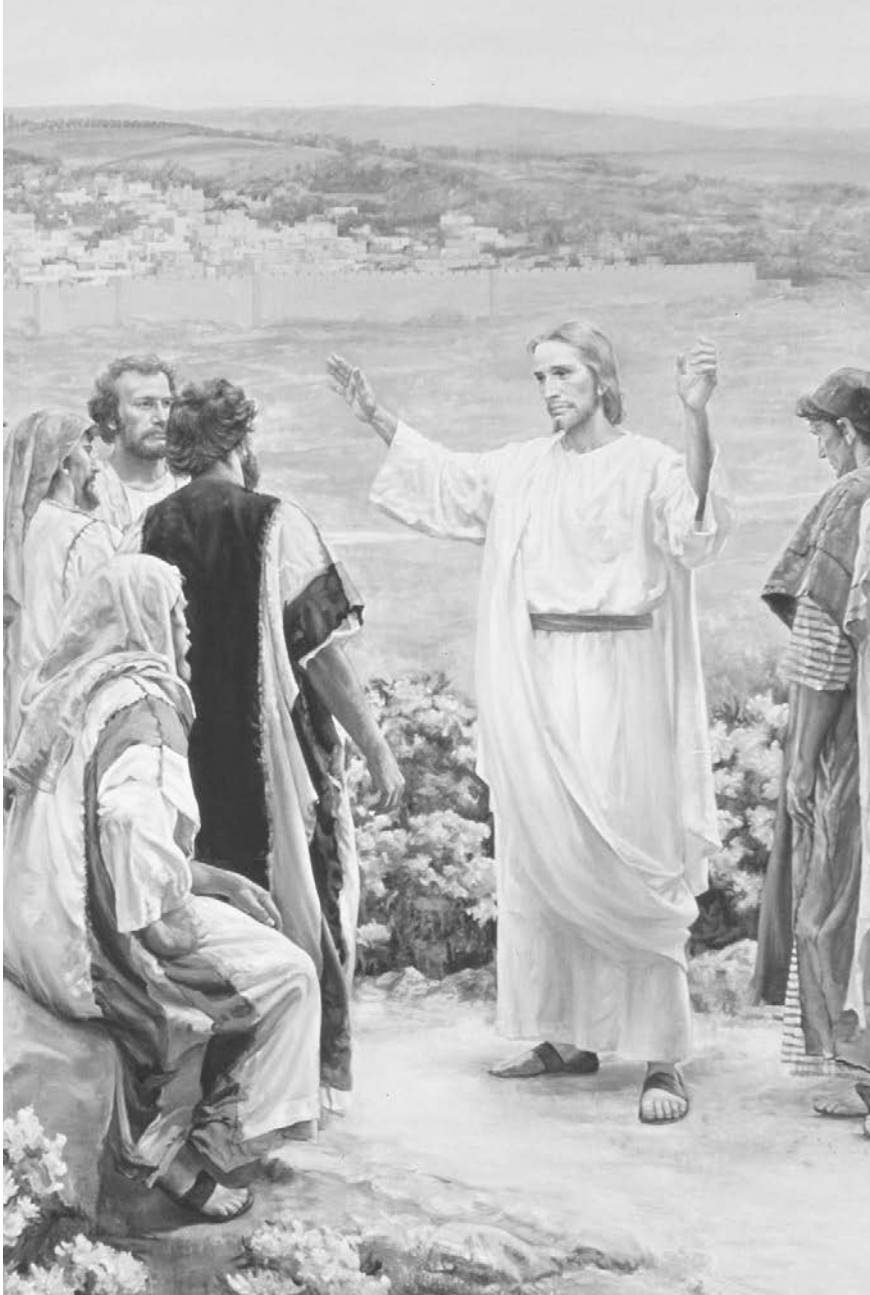
- Exodus 20:12; Ephesians 6:1 (We are told to honor our parents.)
- 2 Nephi 1:14–32; Alma 36–42 (Book of Mormon prophets instruct their children to do what is right.)
- Mosiah 4:14–15; Doctrine and Covenants 68:25–28 (Parents should provide the necessities of life for their children and teach them to be righteous.)

The Need to Strengthen the Family

- 2 Timothy 3:1–4 (There will be great wickedness in the last days, and we must be prepared.)

Our Father in Heaven Wants Us to Help One Another

- Luke 22:27; Matthew 20:26–28; John 13:15–16 (Jesus gave the example of true service.)
- Colossians 3:18–20 (Family members have responsibilities toward each other.)
- Mosiah 2; Colossians 3:23–24; Matthew 25:32–46 (Those who serve others also serve our Father in Heaven.)



Jesus commanded His Apostles to teach the gospel in all the world.

OUR DUTY TO PREACH THE GOSPEL

Chapter 31

How can we help all our Father in Heaven's children hear the gospel?

Our Father in Heaven Wants All of His Children to Know the Gospel

Our Father in Heaven loves all His children. Each of us is important to Him, and each can become like Him. He wants us to return to live with Him and to have the same happiness and glory that He has.

Our Father in Heaven has a plan to help each of us return and live with Him. The plan is called the gospel of Jesus Christ. When we study the gospel, we learn how important we are. We learn why we are here on this earth. We also learn where we will go when we die. We learn what we must do to return to our Father in Heaven.

Jesus Christ is our spirit brother. He is the firstborn spirit son of our Father in Heaven. He came to earth as our Father in Heaven's Only Begotten Son in the flesh. He loves us so much that He suffered and died for us. He taught what our Father in Heaven wants us to know and do. He organized His Church to help us. He gave His priesthood to men on earth so they can do His work.

The Church of Jesus Christ of Latter-day Saints is the only church that has our Father in Heaven's priesthood and His true plan. Our Father in Heaven wants all people to learn about His plan and to accept it. The ordinances of the true Church are necessary for us to return to live with our Father in Heaven.

Our Father in Heaven has told every member of His Church to tell others about the gospel. All the prophets since Adam have used much of their time teaching the gospel to others. They have told us that every member of the Church should be a missionary. This is part of the promise

we made when we were baptized. We promised to tell people about Jesus whenever we can.

Discussion

- Why must all people hear the gospel?
- Who has the responsibility to teach the gospel to all people?

Each family in the Church should understand the importance of teaching the gospel. We know how important the gospel plan is. We should care enough for others to do whatever is needed to help them understand our Father in Heaven's plan.

Family members can do many things to help others learn about the gospel. Some of these things are:

1. Do good things for others.
2. Tell others you are happy because you obey the teachings of the gospel.
3. Explain the gospel to friends and neighbors. Invite them to go with you to meetings of the Church.
4. Invite people to come to your home to be with you for family home evening or when the missionaries can teach them.
5. Give to the missionaries the names and addresses of your friends or relatives who might want to learn about the gospel.
6. Teach children the importance of serving as missionaries. Help them save money to go on a mission.
7. Pay your tithing.
8. Donate money to the missionary fund.

Discussion

- Think of a way to tell someone who is not a member of the Church about the gospel.
- What can your family do to help other people learn about the gospel?

Your Family Can Be a Part of the Important Missionary Work of the Church

Our Church has sent thousands of missionaries to teach the gospel in many lands. Most of them are young people between the ages of 19 and 25. Older people also serve as missionaries. They are faithful, obedient members of the Church who have a desire to serve our Father in Heaven.

Many more missionaries are needed. Your family can take part in this important work by preparing family members to go on missions. Parents can help their children get testimonies of the gospel and learn how to

explain the gospel to others. They can teach their children to love people of all cultures. Parents should also prepare themselves to go on a mission after their children are grown.

Many people have not yet heard about the gospel. Some of them live in countries where missionaries have never been able to go. These people must have the opportunity to hear and accept the gospel. Our Father in Heaven will provide a way for this to be done. We should pray to Him that the leaders of these countries will allow the missionaries to enter and teach their people.

Discussion

- How have families in the Church been fulfilling their responsibility to teach the gospel to all people?
- Why are even more missionaries needed today?

Great Blessings Come to Those Who Tell Others about the Gospel

Our Father in Heaven will bless us if we care enough for others to tell them about the gospel. He will bless us for obeying His commandment and for the happiness we bring to those who accept the gospel. He has told us we will be happy if we help only one of His children learn the gospel and return to Him. Our joy will be even greater if we help many of His children go back to Him.

Discussion

- What blessings come from taking the gospel to others?
- Have you experienced any of these blessings?

References

Our Father in Heaven Wants All of His Children to Know the Gospel

- Matthew 24:14 (The gospel must be preached to all nations.)
- Mark 16:15–16 (Jesus told His Apostles to teach the gospel to every person.)
- Acts 5:42 (The early Apostles taught the gospel to everyone they could.)

Your Family Can Be a Part of the Important Missionary Work of the Church

- 1 Timothy 4:12 (Young people can be an example to others.)
- Mosiah 4:15 (Teach your children to love one another.)

Great Blessings Come to Those Who Tell Others about the Gospel

- Doctrine and Covenants 18:15–16 (We will have great joy with those whom we help accept the gospel.)



The temple in Portland, Oregon, USA.

LIVING AS FAMILIES FOREVER

Chapter 32

How can families be together forever, even after life on earth?

God Planned for Families to Be Together Forever

The family is the most important group of people on earth. Our earthly family is patterned after our heavenly family. We were all brothers and sisters in heaven. We were children of God. God was the leader of our heavenly home. We received loving care and guidance from our heavenly parents.

God sent each of us to a family here on earth. He has given parents the responsibility to care for each of His children while they are here on earth. Parents should love their children and provide for them food, clothing, and a home. They should teach their children about God and how they may become like Him.

God made it possible for families to be together forever. He has given the leaders of His Church the authority to bind families together forever. This binding together is called sealing. This sealing can take place only in a temple. Temples are sacred buildings where only faithful members of the Church may go. When a man and woman are sealed in the temple by someone who holds the priesthood and has special power to seal, their marriage will not end when they die. Their marriage will last forever if they keep the promises they made in the temple. This is called eternal marriage.

If a man and a woman are not sealed in the temple, the marriage ends when one of them dies. If we are sealed in the temple, and if we faithfully follow Jesus Christ to the end of our lives, our families can be together forever.

A married couple can go to the temple to be sealed if they are faithful followers of Jesus. There, a priesthood holder who has special authority can

seal them to each other. He can also seal their children to them. After they are sealed to each other, they can be together forever, just as if they had been married in the temple in the beginning.

God wants all of His children to plan to be sealed in a temple and to raise an obedient family. Parents should guide their children so that they will be ready to go to the temple to be sealed when they get married. If a man and woman have been sealed in the temple, all children born to them after their sealing will be sealed to them automatically.

Discussion

- How has God made it possible for us to be with our families forever?
- Why is it important that we be sealed in a temple?

Only Faithful Members of the Church May Enter the Temple

Temples are sacred places. Only members of The Church of Jesus Christ of Latter-day Saints who have shown their faith in Jesus Christ by obeying His commandments are allowed to enter them. These people have become worthy to go into the temple. Before someone can enter the temple, he must have been a member of the Church for at least one year. Men must have received the Melchizedek Priesthood.

To see if they are worthy to go to the temple, both men and women must talk to the bishop or branch president. If the bishop or branch president finds that the person is worthy, he will give the person a signed paper called a temple recommend. Then a member of the stake presidency or mission president must also interview the person. He will also sign the temple recommend if he finds that the person is worthy. The person must take the temple recommend to the temple in order to enter there.

Following are questions similar to those that the bishop or branch president will ask in order to decide if a member of the Church is worthy to go to the temple:

1. Do you believe in God; in His Son, Jesus Christ; and in the Holy Ghost?
2. Do you accept the President of The Church of Jesus Christ of Latter-day Saints as prophet, seer, and revelator? Do you accept him as the only person on earth who has authority to use all priesthood keys?
3. Do you give one-tenth of your earnings to the Church?
4. Do you obey the Word of Wisdom?
5. Do you try to be honest with other people?

6. Do you try hard to do your duty in the Church by going to your meetings and obeying the commandments?
7. Do you obey the law of chastity?
8. Have you ever committed a serious sin and not confessed it to the proper priesthood leaders?

Entering a temple is a sacred privilege. We must be worthy and willing to obey every sacred promise that we make with God in the temple. We must remember that the eternal sealing done in the temples is sacred. It is the only way that we can be together as families forever. It is the only way to receive all the blessings that God has for us. It is very important for our eternal happiness that we try to go to the temple to be sealed.

Discussion

- Who can enter a temple?
- What things must a person do to be worthy to enter the temple?
- Why is it important that we go to a temple and be sealed?

Preparing Your Family to Live Together Forever

Being sealed in the temple makes it possible to live together forever as a family, but there are other things we must do if we want to receive this great blessing. We must continue to follow Jesus faithfully. We must keep the promises we make in the temple. We must learn to be good family members who love and serve one another. We must pray to God that the Holy Ghost will help us make the proper choices in everything we do. We should always try to help our families be worthy to live with God.

Discussion

- Besides being sealed in the temple, what must a family do in order to live together forever?

God Has Made It Possible for Us to Save Our Ancestors

Millions of God's children have died without hearing His gospel. They have not received the ordinances necessary to be forgiven for their sins and to be able to live again with God. God loves all His children and wants them all to return to Him, so He has provided a way to have the ordinances of the gospel done for them. This work must be done in a temple.

Some of the ordinances that are done in the temple for those who have died are baptism, giving the gift of the Holy Ghost, and the sealing of families for eternity. Because these ordinances are necessary for all who want to live with God again, we can do this work for our ancestors.

Discussion

- How can those who died without hearing the gospel receive the ordinances necessary to return to God?
- Who is responsible to see that the necessary ordinances are done for those who have died?

The Living Do the Ordinances for the Dead

There are some things we can do so that ordinances can be done for our relatives who have died. We need to identify them with their name and the date and place of their birth and death. If we cannot find this information, we can still identify them by recording as much as we know of a family unit (a father, a mother, and their children).

The work of finding the names of our ancestors who have died and all other information about them is called genealogy, or family history.

There are two forms, called a pedigree chart and a family group record, on which you may write this information. You may get copies of these forms from your priesthood leader. He will have someone help you write this information. You can then take or send the information to a temple, where the ordinances will be done.

If none of our living relatives have the information we need, we may get it from government records, from the records of churches to which our ancestors may have belonged, from cemeteries, or from any place where the information is available.

If we are worthy, we can go to the temple to do the ordinances for our own relatives. If we are not able to go to the temple, others will do the ordinances for them. We should go to the temple often to do ordinances for the dead.

Discussion

- What has to be done before we can do ordinances in the temple for our ancestors who have died?
- What information is needed so that these ordinances can be done?
- Who can perform the ordinances for our ancestors who have died?

Personal Histories Are Important

When we read what a member of our family wrote about himself or herself, we know and love that person better. Besides learning about our dead relatives and doing the ordinances for them, we should keep a record of our own lives. We should write about our parents, our birth, and the

things that have happened to us during our lives. We should also write our thoughts so our children and grandchildren may know more about us and be encouraged to do the same good things we did.

God told Adam to write a record of his life for his children. The prophets also wrote such records, and we should do it also. By reading the record that Adam and the other prophets wrote, we learn of the blessings and commandments they received from God. This helps us to do what is right. We should help our children by keeping a record of our lives.

Discussion

- Why has God told His people to keep a record of their lives?
- What blessings can come to your children and grandchildren from your personal record?

References

God Planned for Families to Be Together Forever

- Matthew 18:18 (That which is bound on earth, by proper authority, will be bound in heaven.)
- Matthew 19:4–6 (What God joined together is not meant to be separated.)

Only Faithful Members of the Church May Enter the Temple

- Doctrine and Covenants 88:119–21 (We must repent of our sins to enter the temple.)

Preparing Your Family to Live Together Forever

- 1 Peter 3:1–9 (Husband and wife are told to live together in harmony.)

God Has Made It Possible for Us to Save Our Ancestors

- Malachi 4:6 (People will become concerned for their ancestors as well as for families who live after them.)
- Hebrews 11:40 (We cannot be made perfect without those who have died before us.)

The Living Do the Ordinances for the Dead

- 1 Corinthians 15:29 (People living in the days of the ancient Apostles were baptized for the dead.)

Personal Histories Are Important

- Malachi 3:16 (A book was kept in which the names of those who loved God were written.)

THE SECOND COMING OF JESUS CHRIST

Part Nine





There are many signs that the Second Coming of Jesus Christ is near.

THE SECOND COMING OF JESUS CHRIST

Chapter 33

Jesus Christ will come to earth again. What will be the signs of His coming, and how can we prepare to meet Him when He comes?

Jesus Promised He Would Come to Earth Again

Forty days after Jesus was resurrected, He and His Apostles met on a hill called the Mount of Olives. The time had come for Jesus to return to heaven. He had done all the things our Father in Heaven sent Him to do. His Apostles watched as Jesus went up into heaven. While the Apostles were watching, two angels came and told them Jesus would come back again to earth. From that time until now, those who have believed in Jesus have looked forward to His return. His return is called the Second Coming of Christ.

At the Second Coming, Jesus will come down from heaven with great power. He will cleanse the earth of all wickedness, and Satan will no longer have power over the people. Jesus will rule for a thousand years over all the people who have been faithful to Him.

Discussion

- How do we know that Jesus will return to earth again?

Jesus Has Told Us What Will Happen Before He Comes

Jesus has told us many things that will happen before He comes again. These things are called the signs of His Second Coming. He has told us to look for these signs and be ready for His coming. He said that when we see these things happening, we will know He is coming soon. But we will not know the exact time of His coming.

If we study the scriptures and are faithful to Jesus, we will know what the signs of Jesus' coming will be. Many things will happen before Jesus

comes to earth again. Some have already happened, some are happening now, and the rest will happen in the future.

Before Jesus' Second Coming, the gospel will be preached to all nations. This will make many people happy and bring them blessings. Other things that will happen will test our faith. There will be great wickedness, earthquakes, and other kinds of destruction.

There Will Be Great Trouble on the Earth

Jesus said we will know His coming is near when we see much wickedness, war, and suffering on the earth. This will be a time of great trouble. There will be earthquakes, great storms, disease, and famines. Hailstones will destroy the crops of the earth.

Many people will stop loving our Father in Heaven and will turn to Satan. They will also stop loving and serving other people and will begin to harm them. There will be many wars on the earth. Nations will fight each other. These wars will continue until a great and final war takes place, which will be the most destructive war ever fought on the earth. Then Jesus will come.

The Gospel Has Been Restored

The prophets said the gospel would be restored to earth before Jesus would come again. The gospel has been restored through the Prophet Joseph Smith. Every teaching of the gospel that is necessary for us to know and do so we can return to our Father in Heaven has been restored to the earth.

Jesus said we would know He was coming soon when the Book of Mormon had been published and given to the world. Long ago, the prophets Isaiah and Ezekiel told about the Book of Mormon. The Book of Mormon was translated by the Prophet Joseph Smith into the English language. It has been translated since then into many languages. It will be given to all the nations of the world before Jesus comes.

The House of Israel Must Be Gathered Again

Our Father in Heaven said the descendants of the house of Israel* must hear and accept the gospel and prepare themselves to meet Jesus when He comes again. Those who accept the gospel must teach it to all people, build temples, and do the ordinances for the dead people.

Many people from the house of Israel, either by blood or by adoption, are being converted to the Church as they accept the gospel of Jesus Christ. The Holy Land has been blessed for the gathering of many of the descendants of Abraham. The descendants of Abraham include the people

known as Arabs and Jews, and others. The descendants of the Book of Mormon people in America, who also are descendants of Abraham, are accepting the gospel and are becoming a strong and righteous people.

The Gospel Will Be Preached to All the World

Jesus said we will know He is coming soon when His followers have preached the gospel to all the world. From the time when the Church was restored, missionaries have been sent to preach the gospel in different nations. Many missionaries are now preaching the gospel almost everywhere in the world. Every member of the Church is asked to tell his or her relatives and friends about the gospel, and many are going to other countries to preach the gospel, so that all people will have an opportunity to hear it.

Elijah Has Come

The prophet Malachi in the Bible said that before Jesus would come the second time, the prophet Elijah would visit the earth. He would bring back the authority to seal families together forever. He would cause people to want to learn about their ancestors and their descendants and help them be saved. In April 1836, Elijah came and restored this authority to the Prophet Joseph Smith. Because Elijah came, families can now be sealed together in temples on the earth today.

A New City of Jerusalem Will Be Built

Jesus said we will know He is coming soon when His Church has built a city called the New Jerusalem. Jesus said He will rule in that city, and righteous people will live there. He has told us where this city will be built. It will be in the state of Missouri, in the United States.

These are only a few of the signs that will show us that Jesus is coming soon. The scriptures tell us of other signs. Although many signs have already been seen, we do not know the exact time when Jesus will come again.

Discussion

- How do we know that Jesus' Second Coming is near?
- What are the signs of Jesus' Second Coming?

We Can Have Peace and Hope Even Though Wickedness and Trouble Surround Us

We should be prepared for Jesus' Second Coming. The best way for us to prepare for His coming is to obey His teachings every day. We should also obey the commandments and instructions He gives to the President of the

Church for us today. We should be worthy to have the Holy Ghost with us at all times to guide our thoughts and actions. Jesus said that if we are ready when He comes, we will not be afraid. We will be happy and will want to be with Him. The good people will not be destroyed when He comes. They will live on the earth, and their children will grow up without sin. Jesus will be with them and will bless them and lead them.

When Jesus comes again from heaven, the wicked people will be destroyed. The good people who have died will rise from their graves and meet Him as He comes from heaven. The wicked will not rise from their graves until after a period of 1,000 years. This period of 1,000 years is known as the Millennium.*

When Jesus was living on the earth, very few people knew that He, the Savior of the world, had come. When Jesus comes again, everyone will know He is Jesus Christ, the Son of God, the Savior of the world.

Discussion

- How can knowing the signs of the Second Coming help us?
- What will happen to the good people on the earth when Jesus returns?
- What will happen to the wicked people who will be living then on the earth?

References

Jesus Promised He Would Come to Earth Again

- Matthew 24:36, 42–44 (We do not know the day and hour of Jesus' return.)
- Matthew 26:64 (Jesus will come in the clouds of heaven.)
- John 14:2–3 (Jesus promises to return.)
- Acts 1:11 (Angels tell the Apostles that Jesus will come again.)

Jesus Has Told Us What Will Happen Before He Comes

- Matthew 24 (The signs that will come before Jesus' Second Coming are explained.)

We Can Have Peace and Hope Even Though Wickedness and Trouble Surround Us

- Zechariah 14:9 (Jesus will rule on the earth when He returns.)
- Matthew 13:40–43 (The wicked will be burned, but the righteous will be saved.)

THE MILLENNIUM

Chapter 34

What is the Millennium? What will life on earth be like during the Millennium?

Righteous People Will Live on the Earth during the Millennium

When Jesus comes again, He will rule the world for 1,000 years. This period of time will be known as the Millennium.

The Millennium will be a time of peace and righteousness. Jesus will cleanse the earth from sin before the Millennium begins. All wicked people will be destroyed. Only the righteous people will be saved to live on earth at this time. Satan will have no power over people again until near the end of the Millennium.

The Prophet Joseph Smith said that people from heaven will visit the earth often during the Millennium. They will help with the work done in the temples and with missionary work.

Discussion

- What is the Millennium?
- Who will live on earth during the Millennium?
- Try to imagine what it would be like to live in a place where there is no wickedness.

Two Great Works Will Be Done during the Millennium

The first great work to be done is to perform ordinances in the temple for both the living people and the dead people. People who have been resurrected will help the people living on earth to find the names of their dead relatives and correct any mistakes in the records.

All of the ordinances necessary to seal families together will be done in the temples. Families will be linked from one generation to another all the way back to Adam.

The other great work is the preaching of the gospel. Everyone will be able to hear the gospel and accept it. Some good people who are not members of Jesus' Church will still live on the earth when the Millennium begins. Eventually, however, all people will know and say that Jesus is the Savior of the world.

Discussion

- What two great works will be done during the Millennium?

What Life Will Be Like during the Millennium

During the Millennium, the earth will be as it was when Adam and Eve lived in the Garden of Eden. There will be no war. Jesus will rule both the Church and the government. All laws will be based on true and righteous principles. There will be two capital cities. One will be in Jerusalem. The other capital will be the New Jerusalem, in North America.

People will live together in peace and love. All animals, even those that are now enemies, will live together in peace. They will no longer fight with each other.

There will be no disease, and there will be no death. When people become old, they will not die as we do now. They will change in an instant from the way we are now to an immortal condition, which means they will never die again.

It will be a great privilege to live during the Millennium. Things we do not now understand will become clear to us. Life will be very much as it is now, except that everything will be done in love and peace. People will continue to have and raise children, plant and harvest crops, and build houses.

Discussion

- What will the earth be like during the Millennium?

One Final Struggle Will Occur Near the End of the Millennium

Near the end of the Millennium, Satan will begin to have power again on the earth. Some people will believe him. Satan and those who follow him will fight those who follow Jesus. In this war, Satan and those who follow him will be defeated forever. After this war, the people will be judged, and they will all be assigned to live in the kingdoms for which they have prepared themselves.

Discussion

- What will happen at the end of the Millennium?

References

Righteous People Will Live on the Earth during the Millennium

- Isaiah 14:7 (The earth will be free of wickedness.)
- 2 Nephi 30:10 (The wicked will be destroyed.)

Two Great Works Will Be Done during the Millennium

- Jeremiah 31:34 (People will not have to teach one another about Jesus, because they will all know Him.)

What Life Will Be Like during the Millennium

- Isaiah 2:3–4 (There will be two world capital cities, and the whole world will be at peace.)
- Isaiah 11:6–9 (Animals will be at peace one with another.)
- Revelation 20:1–3 (Satan will be bound.)

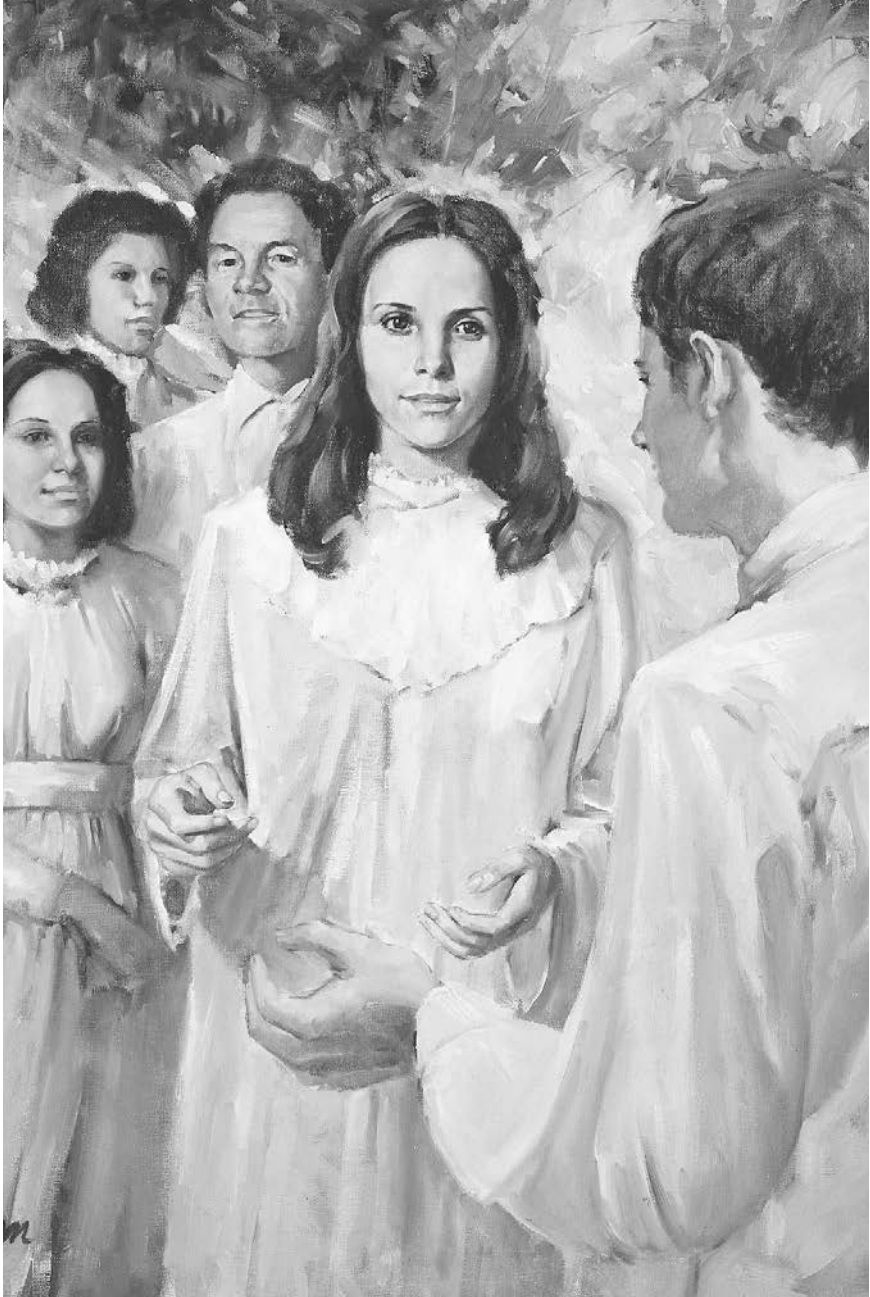
One Final Struggle Will Occur Near the End of the Millennium

- Revelation 20:7–10 (Satan and his followers will be defeated in the final war.)

LIFE AFTER DEATH

Part Ten





We will join our families and loved ones in the spirit world after death.

LIFE AFTER DEATH

Chapter 35

How can we prepare for the next life?

Our Spirits Live After We Die

We are the spirit children of our Father in Heaven. While we lived with Him in heaven as spirits, we did not have physical bodies. It was part of His plan for us to be born on this earth and for our spirits to receive bodies of flesh and bones. Our spirits are what gives life to our physical bodies while we live on the earth.

Just as to be born was a part of our Father in Heaven's plan for us, another part of His plan is for us to die. When we die, our spirits leave our bodies. Without the spirit, the body has no life and is placed in a grave.

But our spirits lived before our birth, and they will continue to live after death. When we die, our spirits will go to the spirit world to wait for the resurrection, while the body remains in the grave.

In the spirit world our spirits will have the same form as when we lived on the earth with bodies of flesh and bones. We will look as we do here. We will think the same way and believe the same things as we did here. Those who are righteous in this life will still be righteous. Those who were unrighteous will still be unrighteous. We will have the same desires after we die as we had while on this earth.

Discussion

- Where did our spirit bodies come from?
- What happens to them when we die?
- What are spirit bodies like?

The Spirit World Is a Place for Working, Learning, and Waiting

Our Father in Heaven's prophets have told us many things about the spirit world. One place is called paradise. When a person dies who has accepted the gospel and been a faithful follower of Jesus, that person's spirit goes to paradise. This is a place where people are happy and peaceful. Here they are free from trouble, sorrow, and pain. They can do many worthwhile things, such as teach others about the gospel or learn more about it themselves.

The other place is called spirit prison. Three kinds of people will be there. There will be those who were wicked in this life, those who lived good lives but did not accept the gospel, and those who never had the opportunity to hear the gospel.

Our Father in Heaven's prophets have told us that missionaries will be sent from among the righteous in the spirit world to teach the gospel to all the spirits of the dead people. Many will accept the gospel and repent. Necessary saving ordinances will be done for them by living persons in our Father in Heaven's temples. Relatives or other members of the Church do these ordinances for them. Then they will be able to leave the spirit prison. In this way, our Father in Heaven provides opportunity for all His children to receive the blessings of the gospel no matter when they lived on the earth.

Eventually all those in the spirit world will be resurrected. In the resurrection, the spirit and the body will be joined together again. Even though the body has decayed and become dust while it was in the grave, it will become an immortal and perfect body. The scriptures say that not even a hair of our heads will be lost and that all things will be restored to their proper and perfect frame.

In the resurrection the body and the spirit will be joined, never to be separated again. Through His love and His great atoning sacrifice for us, Jesus gave this wonderful gift of the resurrection to every person who ever lives on this earth.

Discussion

- What two divisions are there in the spirit world?
- Who will be in paradise? What do the spirits in paradise do?
- Who will be in spirit prison? What happens there?

We Will All Be Judged at the Final Judgment

We are judged many times during our eternal lives. We were judged while we still lived with our Father in Heaven to see if we were worthy to come to this earth and obtain bodies. We are judged while here to see if we are worthy to be baptized. Men are judged to see if they are worthy to be given the priesthood. We are judged to see if we are worthy to enter the temple to receive special blessings. After we die, we are judged, and the reward we receive will depend on how we lived on earth.

After we are resurrected, we will be brought before our Father in Heaven to be judged for the last time. This is called the Last Judgment. This last judgment will decide where we will go to live forever. We will be judged by the things we said and did and thought in this life. We will be judged by how well we followed Jesus' teachings. We will be judged by records that have been kept both on this earth and in heaven. Our Father in Heaven will have Jesus judge us.

Jesus loves us very much, but He is a just judge and must judge us by the kind of lives we lived. All we have thought or said or done is recorded, both in our minds and in records that have been kept. Jesus knows all of our deeds, and when we stand before Him we will remember them, too.

Discussion

- Name some times when we are judged.
- What are some of the things that we will be judged for?

We Decide by Our Daily Actions What Will Happen to Us After We Die

If we do what is right during our lives, we will prepare ourselves to live forever with our Father in Heaven and the good people of the earth. If we have not followed our Father in Heaven's commandments, we will feel very bad when we stand before Jesus to be judged.

Prophets have said that our words, our thoughts, and all our works will condemn us if they have been bad. They have said that the wicked will stand before Jesus with shame and awful guilt and wish to hide from His presence.

For each person who has lived on this earth, then, the day of the Last Judgment will be either a wonderful day or a sad day. We should prepare for this future moment so ours will be a happy day. We want to be able to stand before our Father in Heaven without shame and hear Him say He approves of what we did during our lives.

We should think about this last judgment. We should be faithful to Jesus Christ and repent of our sins to the end of our lives so we will be ready for it. That is the only way we can be free from all sin when that time comes. If we have faith in Jesus Christ and repent of all our sins, our Father in Heaven will forgive us for our sins and help us become completely without sin. If we are faithful to Jesus Christ, we will spend our lives doing good things, thinking good thoughts, and speaking good words. We will avoid people, books, and places that would cause us to think bad thoughts or be unrighteous in any way.

Our Father in Heaven loves each of us and wants us to live to be worthy to return to His presence. If we desire to live with Him and the good people we love, we must have faith in Jesus Christ and do the things He commands us to do. We must also help our families to live good lives. Our Father in Heaven will help us. He has given us the gospel to show us the way and has told us we can always pray to Him for His help.

Discussion

- Why are our daily thoughts and actions so important?
- What can you do to improve your thoughts, words, and actions?
- Why do we need our Father in Heaven's help to become perfect?
- Why is it that only through faith in Jesus Christ we can be judged worthy to live with our Father in Heaven?

References

Our Spirits Live After We Die

- Luke 23:43 (Jesus promised the thief on the cross that they would soon be together in paradise.)
- Alma 40:11 (Our spirits return to our Father in Heaven after we die.)

The Spirit World Is a Place for Working, Learning, and Waiting

- 1 Peter 3:18–20 (The gospel was preached to the spirits in prison.)
- Alma 40:12–14 (The righteous will be happy in paradise, while the wicked will have great sorrow in prison.)

We Will All Be Judged at the Final Judgment

- Acts 17:31; Romans 14:10 (Jesus Christ will judge all people someday.)
- Revelation 20:12 (We will be judged from the books kept on earth and in heaven.)

We Decide by Our Daily Actions What Will Happen to Us After We Die

- Matthew 25:31–46 (Jesus Christ will judge us by our acts.)
- 2 Nephi 29:11 (We will be judged by the scriptures.)
- 2 Nephi 31:19–20 (We must continue to be faithful to Jesus Christ to the end of our life, repenting of all our sins, to obtain eternal life.)
- Jacob 6:9 (We will stand with shame and awful guilt if we have not repented.)
- Alma 12:14 (Our words, thoughts, and actions will condemn us if they are bad.)



*Those who are faithful to the end will be exalted with our Father in Heaven
and Jesus Christ.*

ETERNAL LIFE

Chapter 36

Where will we go to live after the Final Judgment?

We Will Each Go to the Place for Which We Have Been Prepared

Jesus taught that our Father in Heaven has prepared many places for us to live. Each of us will be assigned to one of four places, according to how faithful to Jesus Christ we were. We will go to the kingdom we have prepared for by the choices we have made. These four places are the celestial kingdom, the terrestrial kingdom, the telestial kingdom, and outer darkness.

The Celestial Kingdom

This is the place where our Father in Heaven and Jesus live. It is a place where people will be happy, and it will be more beautiful than we can imagine. The people who will live in this kingdom will love our Father in Heaven and Jesus and will choose to obey Them. They must have repented of all their sins and must have accepted Jesus as their Savior. They must have been baptized and received the gift of the Holy Ghost. They must have a testimony from the Holy Ghost that Jesus is the Savior.

To live in the highest part of the celestial kingdom is called exaltation* or eternal life. To be able to live in this part of the celestial kingdom, people must have been married in the temple and must have kept the sacred promises they made in the temple. They will receive everything our Father in Heaven has and will become like Him. They will even be able to have spirit children and make new worlds for them to live on, and do all the things our Father in Heaven has done. People who are not married in the temple may live in other parts of the celestial kingdom, but they will not be exalted.

The Terrestrial Kingdom

This kingdom is not as wonderful as the celestial kingdom. Even though Jesus will visit the terrestrial kingdom, those who live there will not live with our Father in Heaven, and they will not have all He has. Those who go to the terrestrial kingdom will be honorable people. Some of them will be members of the Church, and others will not. They will be those who did not accept Jesus on earth but later accepted Him in the spirit world. The people who will live there will not be part of an eternal family but will live separately, without families. Our Father in Heaven will give these people the happiness they are prepared to receive.

The Telestial Kingdom

This kingdom is not as wonderful as the celestial kingdom or the terrestrial kingdom. Neither our Father in Heaven nor Jesus will visit those who live here. Angels will visit these people, and they will have the influence of the Holy Ghost. The people who live in the telestial kingdom are those who did not accept either the gospel or a testimony of Jesus, either on earth or in the spirit world. They will suffer for their own sins in spirit prison until after the Millennium. Then they will finally be resurrected.

While on this earth, they were liars, thieves, murderers, false prophets, adulterers, and those who ridiculed sacred things. They were the people who accepted the beliefs of the world rather than the teachings of Jesus. Many people will live in this kingdom. Our Father in Heaven will give these people the happiness they are prepared to receive.

Outer Darkness

Outer darkness is where Satan and those who have followed him will live. These people will be those who chose to live with Satan. They will not be forgiven. These people will live forever in darkness, sorrow, and suffering with Satan and the spirits who followed him.

Discussion

- Which kingdom must we be prepared for in order to become like our Father in Heaven?
- What are some of the things we must do here on earth to be worthy to live like our Father in Heaven?

Our Father in Heaven Has Given Us the Gospel to Prepare Us for Eternal Life in the Celestial Kingdom

Our Father in Heaven gives every one of us a chance to have eternal life with Him. Eternal life is the kind of life our Father in Heaven and Jesus live. Our Father in Heaven is perfect. He knows all things. He has power over all things. He rules all things. He lives according to eternal truths and laws.

Jesus obeyed our Father in Heaven, and therefore He lives with our Father in Heaven. If we do the things that Jesus taught us to do, we will be able to live as He and our Father in Heaven live. To have eternal life with our Father in Heaven is the greatest gift He can give to us. It will bring us more happiness than anything else.

The gospel tells us all we need to know and all we need to do to receive eternal life. It helps us to know our Father in Heaven and Jesus. It teaches us how to live as They live. By praying and studying the scriptures we can know Them better. When we know and love Them, we will want to obey Their words. As we obey, we will be able to be like Them and become worthy to live with Them forever.

Discussion

- What is eternal life? Who will receive it?
- How does the gospel help to prepare us for eternal life?

Our Father in Heaven Will Help Us When We Choose to Obey the Gospel

Our Father in Heaven knows it is possible for all of us to live the gospel and receive eternal life. Since we are His children, we have the power to become like Him. He knows the weaknesses each of us has and what things will tempt us. He has allowed us to come to earth at a time and in a place that will give us opportunities to do good things and to learn.

Now is the time to do all we need to do to receive eternal life. Our Father in Heaven loves us and wants us to succeed. He has done all He can for us. He has provided an earth where we can learn and grow. He has sent His Son, Jesus Christ, to be our Savior and teach us the gospel. He has invited us to pray to Him. He has made it possible for the Holy Ghost to be our guide. Now we need to do the right things. If we choose to have faith in Jesus Christ and obey Him, He will help us and give us strength to overcome the temptations and other problems that come into our lives.

Our Father in Heaven has asked us to accept the gospel. To do this we must first have faith in Jesus Christ. Then we must repent of our sins so that we can be baptized and confirmed a member of The Church of Jesus Christ of Latter-day Saints. When we are confirmed, we receive the gift of the Holy Ghost from one who has the priesthood. The Holy Ghost tells each of us what Jesus wants us to do, and to receive eternal life we must spend the rest of our lives obeying and serving Him.

Jesus requires all of us to obey commandments to help us prepare to return to live with our Father in Heaven. These include obeying the law of chastity, paying tithing and giving offerings, obeying the Word of Wisdom, being honest at all times, and keeping the Sabbath day holy.

In order to become like our Father in Heaven we must also receive ordinances given in the temple, known as the endowment.* We need to be sealed there so we will be together with our families for eternity. We should then search for names and information concerning our dead relatives and give what we find to the Church, in order to have the necessary ordinances done for them in the temple.

Jesus has commanded us to do many things. These include telling others about the gospel, loving and helping them, and being a good example to them.

We should also keep all the promises we make to our Father in Heaven, attend our Church meetings regularly, teach our family the gospel by studying the scriptures daily, and pray alone and with our family every day.

If we have faith in Jesus Christ and try to obey all His commandments, we will receive eternal life and become like our Father in Heaven.

Becoming like our Father in Heaven is like climbing a ladder. We must start at the bottom and climb each step until we reach the top. The Prophet Joseph Smith said that if we want to become like our Father in Heaven we must learn how He feels, thinks, and acts. When we understand these things about Him, we can then learn all other things about Him, until we know how to become as He is.

It will help us to remember that our Father in Heaven was once a man who lived on an earth, the same as we do. He became our Father in Heaven by overcoming problems, just as we have to do on this earth. However, the Prophet Joseph Smith said we will not learn everything we need to learn while in this world. It will take us a long time after we

complete this life to know all the things we need to know in order to become like our Father in Heaven.

When we do learn to keep all of our Father in Heaven's commandments, think how happy we will be as we return to Him and He tells us He is happy with the life we lived and we will become like Him and live with Him forever.

Discussion

- Why is it possible for every one of us to become like our Father in Heaven?
- What things must we do to have the kind of life our Father in Heaven has?
- How does our Father in Heaven help us to become like Him?
- Describe how you might feel to hear our Father in Heaven tell you that you have done well and He loves you.

References

We Will Each Go to the Place for Which We Have Been Prepared

- John 14:2 (Jesus has prepared a place for us in His Father's house.)

Our Father in Heaven Has Given Us the Gospel to Prepare Us for Eternal Life in the Celestial Kingdom

- Mosiah 4:26–27 (We are told the things we must do to inherit eternal life.)
- Alma 34:32–34 (Now is the time to prepare to live with our Father in Heaven.)

Our Father in Heaven Will Help Us When We Choose to Obey the Gospel

- Matthew 25:23 (Our Father in Heaven will make those who are faithful rulers over many things.)

THE ARTICLES OF FAITH

In the spring of 1842, the Prophet Joseph Smith sent a letter to John Wentworth, who was the editor of a newspaper called the *Chicago Democrat*. This letter contained an account of many of the events of early Church history. The document also contained 13 statements outlining Latter-day Saint beliefs. These have come to be known as the Articles of Faith, which are given below.

The Articles of Faith are official doctrine of the Church and have been canonized as a part of latter-day scripture. They are clear statements of belief that help members understand the basic beliefs of the Church and explain these beliefs to others. They are not, however, a complete summary of Church doctrine. Through living prophets, the Church is guided by continuous revelation and inspiration.

- 1** We believe in God, the Eternal Father, and in His Son, Jesus Christ, and in the Holy Ghost.
- 2** We believe that men will be punished for their own sins, and not for Adam's transgression.
- 3** We believe that through the Atonement of Christ, all mankind may be saved, by obedience to the laws and ordinances of the Gospel.
- 4** We believe that the first principles and ordinances of the Gospel are: first, Faith in the Lord Jesus Christ; second, Repentance; third, Baptism by immersion for the remission of sins; fourth, Laying on of hands for the gift of the Holy Ghost.
- 5** We believe that a man must be called of God, by prophecy, and by the laying on of hands by those who are in authority, to preach the Gospel and administer in the ordinances thereof.

6 We believe in the same organization that existed in the Primitive Church, namely, apostles, prophets, pastors, teachers, evangelists, and so forth.

7 We believe in the gift of tongues, prophecy, revelation, visions, healing, interpretation of tongues, and so forth.

8 We believe the Bible to be the word of God as far as it is translated correctly; we also believe the Book of Mormon to be the word of God.

9 We believe all that God has revealed, all that He does now reveal, and we believe that He will yet reveal many great and important things pertaining to the Kingdom of God.

10 We believe in the literal gathering of Israel and in the restoration of the Ten Tribes; that Zion (the New Jerusalem) will be built upon the American continent; that Christ will reign personally upon the earth; and, that the earth will be renewed and receive its paradisiacal glory.

11 We claim the privilege of worshiping Almighty God according to the dictates of our own conscience, and allow all men the same privilege, let them worship how, where, or what they may.

12 We believe in being subject to kings, presidents, rulers, and magistrates, in obeying, honoring, and sustaining the law.

13 We believe in being honest, true, chaste, benevolent, virtuous, and in doing good to all men; indeed, we may say that we follow the admonition of Paul—We believe all things, we hope all things, we have endured many things, and hope to be able to endure all things. If there is anything virtuous, lovely, or of good report or praiseworthy, we seek after these things.

Joseph Smith

HYMNS



Come, Come, Ye Saints

With conviction ♩ = 66-84



1. Come, come, ye Saints, no toil nor la - bor fear;
2. Why should we mourn or think our lot is hard?
3. We'll find the place which God for us pre - pared,
4. And should we die be - fore our jour - ney's through,



But with joy wend your way. Though hard to you this
'Tis not so; all is right. Why should we think to
Far a - way in the West, Where none shall come to
Hap - py day! All is well! We then are free from



jour - ney may ap - pear, Grace shall be as your day.
earn a great re - ward If we now shun the fight?
hurt or make a - fraid; There the Saints will be blessed.
toil and sor - row, too; With the just we shall dwell!



'Tis bet - ter far for us to strive Our
 Gird up your loins; fresh cour - age take. Our
 We'll make the air with mu - sic ring, Shout
 But if our lives are spared a - gain To

use - less cares from us to drive; Do this, and joy
 God will nev - er us for - sake; And soon we'll have
 prais - es to our God and King; A - bove the rest
 see the Saints their rest ob - tain, Oh, how we'll make

your hearts will swell — All is well! All is well!
 this tale to tell — All is well! All is well!
 these words we'll tell — All is well! All is well!
 this cho - rus swell — All is well! All is well!

Text: William Clayton, 1814–1879
 Music: English folk song

Doctrine and Covenants 61:36–39
 Doctrine and Covenants 59:1–4

Come, Ye Children of the Lord

Exultantly ♩ = 96-112



1. Come, ye chil - dren of the Lord, Let us sing with one ac - cord.
 2. Oh, how joy - ful it will be When our Sav - ior we shall see!
 3. All ar - rayed in spot - less white, We will dwell 'mid truth and light.



Let us raise a joy - ful strain To our Lord who soon will reign
 When in splen - dor he'll des - cend, Then all wick - ed - ness will end.
 We will sing the songs of praise; We will shout in joy - ous lays.



On this earth when it shall be Cleansed from all in - iq - ui - ty,
 Oh, what songs we then will sing To our Sav - ior, Lord, and King!
 Earth shall then be cleansed from sin. Ev - 'ry liv - ing thing there - in



When all men from sin will cease, And will live in love and peace.
 Oh, what love will then bear sway When our fears shall flee a - way!
 Shall in love and beau - ty dwell; Then with joy each heart will swell.



Text: James H. Wallis, 1861-1940

Music: Spanish melody; arr. by Benjamin Carr, 1768-1831

Doctrine and Covenants 133:25, 33, 56

Revelation 7:9-17

Redeemer of Israel

Confidently ♩ = 84-100

1. Re - deem - er of Is - rael, Our on - ly de - light, On
 2. We know he is com - ing To gath - er his sheep And
 3. How long we have wan - dered As strang - ers in sin And
 4. As chil - dren of Zi - on, Good tid - ings for us. The

whom for a bless - ing we call, Our sha - dow by day And our
 lead them to Zi - on in love, For why in the val - ley Of
 cried in the des - ert for thee! Our foes have re - joiced When our
 to - kens al - read - y ap - pear. Fear not, and be just, For the

pil - lar by night, Our King, our De - liv - 'rer, our all!
 death should they weep Or in the lone wil - der - ness rove?
 sor - rows they've seen, But Is - rael will short - ly be free.
 king - dom is ours. The hour of re - demp - tion is near.

5. Restore, my dear Savior,
 The light of thy face;
 Thy soul-cheering comfort impart;
 And let the sweet longing
 For thy holy place
 Bring hope to my desolate heart.

6. He looks! and ten thousands
 Of angels rejoice,
 And myriads wait for his word;
 He speaks! and eternity,
 Filled with his voice,
 Re-echoes the praise of the Lord.

Text: William W. Phelps, 1792-1872; adapted from Joseph Swain, 1761-1796.

Included in the first LDS hymnbook, 1835.

Music: Freeman Lewis, 1780-1859

Exodus 13:21-22

1 Nephi 22:12

How Firm a Foundation

With dignity ♩ = 100-112

1. How firm a foun - da - tion, ye Saints of the Lord,
 2. In ev - 'ry con - di - tion—in sick - ness, in health,
 3. Fear not, I am with thee; oh, be not dis - mayed,

Is laid for your faith in his ex - cel - lent word!
 In pov - er - ty's vale or a - bound - ing in wealth,
 For I am thy God and will still give thee aid.

What more can he say than to you he hath said,
 At home or a - broad, on the land or the sea—
 I'll streng - then thee, help thee, and cause thee to stand,

— Who un - to the Sav - ior, who un - to the Sav - ior,
 As thy days may de - mand, as thy days may de - mand, As
 — Up - held by my righ - teous, up - held by my righ - teous,

Who un - to the Sav - ior for ref - uge have fled?
 thy days may de - mand, so thy suc - cor shall be.
 Up - held by my righ - teous, om - nip - o - tent hand.

4. When through the deep waters I call thee to go,
 The rivers of sorrow shall not thee o'erflow,
 For I will be with thee, thy troubles to bless,
 And sanctify to thee, and sanctify to thee,
 And sanctify to thee thy deepest distress.
5. When through fiery trials thy pathway shall lie,
 My grace, all sufficient, shall be thy supply.
 The flame shall not hurt thee; I only design
 Thy dross to consume, thy dross to consume,
 Thy dross to consume and thy gold to refine.
6. E'en down to old age, all my people shall prove
 My sov'reign, eternal, unchangeable love;
 And then, when gray hair shall their temples adorn,
 Like lambs shall they still, like lambs shall they still,
 Like lambs shall they still in my bosom be borne.
7. The soul that on Jesus hath leaned for repose
 I will not, I cannot, desert to his foes;
 That soul, though all hell should endeavor to shake,
 I'll never, no never, I'll never, no never,
 I'll never, no never, no never forsake!

Text: Attr. to Robert Keen, ca. 1787. Included in the first
 LDS hymnbook, 1835.
Music: Attr. to J. Ellis, ca. 1889

Isaiah 41:10; 43:2-5
 Helaman 5:12

Count Your Blessings

Brightly ♩ = 80-96



1. When up - on life's bil - lows you are tem - pest - tossed,
 2. Are you ev - er bur - dened with a load of care?
 3. When you look at oth - ers with their lands and gold,
 4. So a - mid the con - flict, wheth - er great or small,



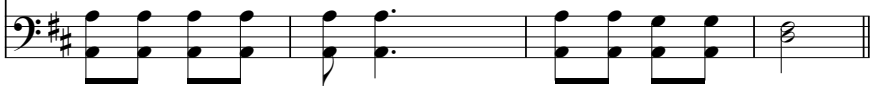
When you are dis - cour - aged, think - ing all is lost,
 Does the cross seem heav - y you are called to bear?
 Think that Christ has prom - ised you his wealth un - told.
 Do not be dis - cour - aged; God is o - ver all.



Count your man - y bless - ings; name them one by one,
 Count your man - y bless - ings; ev - 'ry doubt will fly,
 Count your man - y bless - ings; mon - ey can - not buy
 Count your man - y bless - ings; an - gels will at - tend,



And it will sur - prise you what the Lord has done.
 And you will be sing - ing as the days go by.
 Your re - ward in heav - en nor your home on high.
 Help and com - fort give you to your jour - ney's end.



Count your bless - ings; Name them one by one.
 Count your man - y bless - ings; Name them one by one.

Count your bless - ings; See what God hath done.
 Count your man - y bless - ings; See what God hath done.

Count your bless - ings; Name them one by one.
 Count your man - y bless - ings; Name them one by one.

Count your man - y bless - ings; See what God hath done.

Text: Johnson Oatman Jr., 1856–1922
 Music: Edwin O. Excell, 1851–1921

Doctrine and Covenants 78:17–19
 Alma 34:38

Let Us All Press On

With vigor ♩ = 92-108

1. Let us all press on in the work of the Lord,
 2. We will not re - treat, though our num - bers may be few,
 3. If we do what's right we have no need to fear,

That when life is o'er we may gain a re - ward;
 When com - pared with the op - po - site host in view;
 For the Lord, our help - er, will ev - er be near;

In the fight for right let us wield a sword,
 But an un - seen pow'r will aid me and you
 In the days of trial his Saints he will cheer,

The might - y sword of truth.
 In the glo - ri - ous cause of truth.
 And pros - per the cause of truth.

Fear not, though the en - e-my de-ride;
 Fear not, cour - age, though the en - e-my de-ride: We must

Cour - age, for the Lord is on our side. We will
 be vic - to - rious, for the Lord is on our side. We'll not

heed not what the wick - ed may say, But the
 fear the wick - ed nor give heed to what they say, But the

Lord a - lone we will o - bey.
 Lord, our Heav'n - ly Fa - ther, him a - lone we will o - bey.

Text and music: Evan Stephens, 1854–1930

Doctrine and Covenants 6:33–37
 1 Nephi 22:15–17

I Need Thee Every Hour

Fervently ♩ = 60-72

1. I need thee ev - 'ry hour, Most gra - cious Lord.
 2. I need thee ev - 'ry hour; Stay thou near - by.
 3. I need thee ev - 'ry hour, In joy or pain.
 4. I need thee ev - 'ry hour, Most ho - ly One.

No ten - der voice like thine Can peace af - ford.
 Temp - ta - tions lose their pow'r When thou art nigh.
 Come quick - ly and a - bide, Or life is vain.
 Oh, make me thine in - deed, Thou bless - ed Son!

I need thee, oh, I need thee; Ev - 'ry hour I need thee!

Oh, bless me now, my Sav - ior; I come to thee!

Text: Annie S. Hawks, 1835-1918
Music: Robert Lowry, 1826-1899

2 Nephi 4:16-35
 Psalm 143:1

Sweet Is the Work

Fervently ♩ = 84-96

1. Sweet is the work, my God, my King, To praise thy
 2. Sweet is the day of sa - cred rest. No mor - tal
 3. My heart shall tri - umph in my Lord And bless his
 4. But, oh, what tri - umph shall I raise To thy dear

name, give thanks and sing, To show thy love by
 care shall seize my breast. Oh, may my heart in
 works and bless his word. Thy works of grace, how
 name through end - less days, When in the realms of

morn - ing light, And talk of all thy truths at night.
 tune be found, Like Da - vid's harp of sol - emn sound!
 bright they shine! How deep thy coun - sels, how di - vine!
 joy I see Thy face in full fe - lic - i - ty!

5. Sin, my worst enemy before,
 Shall vex my eyes and ears no more.
 My inward foes shall all be slain,
 Nor Satan break my peace again.
6. Then shall I see and hear and know
 All I desired and wished below,
 And every pow'r find sweet employ
 In that eternal world of joy.

Text: Isaac Watts, 1674-1748
 Music: John J. McClellan, 1874-1925

Psalms 92:1-5
 Enos 1:27

Joseph Smith's First Prayer

With dignity ♩ = 84-92

1. Oh, how love - ly was the morn - ing! Ra - diant
 2. Hum - bly kneel - ing, sweet ap - peal - ing — 'Twas the
 3. Sud - den - ly a light des - cend - ed, Bright - er
 4. "Jo - seph, this is my Be - lov - ed; Hear him!"

beamed the sun a - bove. Bees were hum - ming, sweet birds
 boy's first ut - tered prayer — When the pow'rs of sin as -
 far than noon - day sun, And a shin - ing, glo - rious
 Oh, how sweet the word! Jo - seph's hum - ble prayer was

sing - ing, Mu - sic ring - ing thru the grove,
 sail - ing Filled his soul with deep de - spair;
 pil - lar O'er him fell, a - round him shone,
 an - swered, And he lis - tened to the Lord.

When with - in the shad - y wood - land Jo - seph
 But un - daunt - ed, still he trust - ed In his
 While ap - peared two heav'n - ly be - ings, God the
 Oh, what rap - ture filled his bo - som, For he

sought the God of love, When with - in the shad - y
 Heav'n - ly Fa - ther's care, But un - daunt - ed, still he
 Fa - ther and the Son, While ap - peared two heav'n - ly
 saw the liv - ing God; Oh, what rap - ture filled his

wood - land Jo - seph sought the God of love.
 trust - ed In his Heav'n - ly Fa - ther's care.
 be - ings, God the Fa - ther and the Son.
 bo - som, For he saw the liv - ing God.

Text: George Manwaring, 1854–1889
Music: Sylvanus Billings Pond, 1792–1871; adapted by
 A. C. Smyth, 1840–1909

Joseph Smith—History 1:14–20, 25
 James 1:5

Behold the Great Redeemer Die

Reverently ♩ = 69-84

1. Be - hold the great Re - deem - er die,
2. While guilt - y men his pains de - ride,
3. Al - though in ag - o - ny he hung,
4. "Fa - ther, from me re - move this cup.

A bro - ken law to sat - is - fy.
They pierce his hands and feet and side;
No mur - m'ring word es - caped his tongue.
Yet, if thou wilt, I'll drink it up.

He dies a sac - ri - fice for sin,
And with in - sult - ing scoffs and scorns,
His high com - mis - sion to ful - fill,
I've done the work thou gav - est me,

He dies a sac - ri - fice for sin,
 And with in - sult - ing scoffs and scorns,
 His high com - mis - sion to ful - fill,
 I've done the work thou gav - est me;

That man may live and glo - ry win.
 They crown his head with plait - ed thorns.
 He mag - ni - fied his Fa - ther's will.
 Re - ceive my spir - it un - to thee."

5. He died, and at the awful sight
 The sun in shame withdrew its light!
 Earth trembled, and all nature sighed,
 Earth trembled, and all nature sighed
 In dread response, "A God has died!"

6. He lives—he lives. We humbly now
 Around these sacred symbols bow,
 And seek, as Saints of latter days,
 And seek, as Saints of latter days,
 To do his will and live his praise.

Text: Eliza R. Snow, 1804–1887
 Music: George Careless, 1839–1932

Doctrine and Covenants 18:11
 Luke 22:42; 23:46

O God, the Eternal Father

Worshipfully ♩ = 69-84

1. O God, th'E - ter - nal Fa - ther, Who dwells a - mid the sky,
 2. That sa - cred, ho - ly off - ring, By man least un - der - stood,
 3. When Je - sus, the A - noint - ed, De - scend - ed from a - bove
 4. How in - fin - ite that wis - dom, The plan of ho - li - ness,

In Je - sus' name we ask thee To bless and sanc - ti - fy,
 To have our sins re - mit - ted And take his flesh and blood,
 And gave him - self a ran - som To win our souls with love—
 That made sal - va - tion per - fect And veiled the Lord in flesh,

If we are pure be - fore thee, This bread and cup of wine,
 That we may ev - er wit - ness The suff - ring of thy Son,
 With no ap - par - ent beau - ty, That man should him de - sire—
 To walk up - on his foot - stool And be like man, al - most,

That we may all re - mem - ber That of - fer - ing di - vine—
 And al - ways have his Spir - it To make our hearts as one.
 He was the prom - ised Sav - ior, To pu - ri - fy with fire.
 In his ex - alt - ed sta - tion, And die, or all was lost.

Text: William W. Phelps, 1792–1872. Included in the first
 LDS hymnbook, 1835.

Doctrine and Covenants 20:77, 79
 Isaiah 53:2–5

Music: Félix Mendelssohn, 1809–1847

How Great the Wisdom and the Love

Calmly ♩ = 66-76

1. How great the wis - dom and the love That
 2. His pre - cious blood he free - ly spilt; His
 3. By strict o - be - dience Je - sus won The
 4. He marked the path and led the way, And

filled the courts on high And sent the Sav - ior
 life he free - ly gave, A sin - less sac - ri -
 prize with glo - ry rife: "Thy will, O God, not
 ev - 'ry point de - fines To light and life and

from a - bove To suf - fer, bleed, and die!
 fice for guilt, A dy - ing world to save.
 mine be done," A - dorned his mor - tal life.
 end - less day Where God's full pres - ence shines.

5. In mem'ry of the broken flesh
 We eat the broken bread
 And witness with the cup, afresh,
 Our faith in Christ, our Head.

6. How great, how glorious, how complete
 Redemption's grand design,
 Where justice, love, and mercy meet
 In harmony divine!

Text: Eliza R. Snow, 1804-1887

Music: Thomas McIntyre, 1833-1914

Moses 4:1-2
 Alma 42:14-15

Verses 1, 2, 5, and 6 are especially appropriate for the sacrament.

Jesus, Once of Humble Birth

Solemnly ♩ = 76-88

1. Je - sus, once of hum - ble birth, Now in glo - ry
 2. Once a meek and low - ly Lamb, Now the Lord, the
 3. Once he groaned in blood and tears; Now in glo - ry
 4. Once for - sak - en, left a - lone, Now ex - alt - ed

comes to earth. Once he suf - fered grief and pain; Now he
 great I Am. Once up - on the cross he bowed; Now his
 he ap - pears. Once re - ject - ed by his own, Now their
 to a throne. Once all things he meek - ly bore, But he

comes on earth to reign. Now he comes on earth to reign.
 char - iot is the cloud. Now his char - iot is the cloud.
 King he shall be known. Now their King he shall be known.
 now will bear no more. But he now will bear no more.

Text: Parley P. Pratt, 1807-1857
Music: Giacomo Meyerbeer, 1791-1864, adapted

Luke 2:7
 Matthew 25:31

God, Our Father, Hear Us Pray

Worshipfully ♩ = 69-84

1. God, our Fa - ther, hear us pray; Send thy
2. Grant us, Fa - ther, grace di - vine; May thy
3. As we drink the wa - ter clear, Let thy

grace this ho - ly day. As we take of
smile up - on us shine. As we eat the
Spir - it lin - ger near. Par - don faults, O

em - blems blest, On our Sav - ior's love we rest.
bro - ken bread, Thine ap - prov - al on us shed.
Lord, we pray; Bless our ef - forts day by day.

Text: Annie Pinnock Malin, 1863-1935
Music: Louis M. Gottschalk, 1829-1869;
adapted by Edwin P. Parker, 1836-1925

Doctrine and Covenants 59:9-12
2 Nephi 10:24-25

I Stand All Amazed

Thoughtfully ♩ = 66-84

Duet

1. I stand all a - mazed at the love Je - sus of - fers me,
2. I mar - vel that he would des - cend from his throne di - vine
3. I think of his hands pierced and bleed - ing to pay the debt!

Con - fused at the grace that so ful - ly he prof - fers me.
To res - cue a soul so re - bel - lious and proud as mine,
Such mer - cy, such love and de - vo - tion can I for - get?

I trem - ble to know that for me he was cru - ci - fied,
That he should ex - tend his great love un - to such as I,
No, no, I will praise and a - dore at the mer - cy seat,

That for me, a sin-ner, he suf-fered, he bled and died.
 Suf - fi - cient to own, to re - deem, and to jus - ti - fy.
 Un - til at the glo - ri - fied throne I kneel at his feet.

Oh, it is won-der-ful that he should care for me E-nough to

die for me! Oh, it is won-der-ful, won-der-ful to me!

Text and music: Charles H. Gabriel, 1856–1932

Mosiah 3:5–8
 John 15:13

There Is a Green Hill Far Away

Reverently ♩ = 72-84

1. There is a green hill far a - way, With -
 2. We may not know, we can - not tell, What
 3. There was no oth - er good e - nough To
 4. Oh, dear - ly, dear - ly has he loved! And

out a cit - y wall, Where the dear Lord was
 pains he had to bear, But we be - lieve it
 pay the price of sin. He on - ly could un -
 we must love him too, And trust in his re -

cru - ci - fied, Who died to save us all.
 was for us He hung and suf - fered there.
 lock the gate Of heav'n and let us in.
 deem - ing blood, And try his works to do.

Text: Cecil Frances Alexander, 1818-1895
 Music: John H. Gower, 1855-1922

John 19:16-20
 Hebrews 13:12

We'll Sing All Hail to Jesus' Name

Fervently ♩ = 76-88



1. We'll sing all hail to Je - sus' name, And
 2. He passed the por - tals of the grave; Sal -
 3. He seized the keys of death and hell And
 4. The bread and wa - ter rep - re - sent His



praise and hon - or give To him who bled on
 va - tion was his song; He called up - on the
 bruised the ser - pent's head; He bid the pris - on
 sac - ri - fice for sin; Ye Saints, par - take and



Cal - vary's hill And died that we might live.
 sin - bound soul To join the heav'n - ly throng.
 doors un - fold, The grave yield up her dead.
 tes - ti - fy Ye do re - mem - ber him.



Text: Richard Alldridge, 1815-1896
 Music: Joseph Coslett, 1850-1910

2 Nephi 9:5, 10-12
 Moses 4:20-21

In Humility, Our Savior

Meekly ♩ = 72-84

1. In hu - mil - i - ty, our Sav - ior, Grant thy
2. Fill our hearts with sweet for - giv - ing; Teach us

Spir - it here, we pray, As we bless the
tol - er - ance and love. Let our prayers find

bread and wa - ter In thy name this ho - ly day.
ac - cess to thee In thy ho - ly courts a - bove.

Let me not for - get, O Sav - ior, Thou didst
Then, when we have prov - en wor - thy Of thy

bleed and die for me When thy heart was
sac - ri - fice di - vine, Lord, let us re -

stilled and bro - ken On the cross at Cal - va - ry.
gain thy pres - ence; Let thy glo - ry round us shine.

Text: Mabel Jones Gabbott, b. 1910. © 1948 IRI
Music: Rowland H. Prichard, 1811–1887

2 Nephi 2:7
Doctrine and Covenants 59:9

The Spirit of God

Exultantly ♩ = 96-112

1. The Spir - it of God like a fire is burn - ing!
2. The Lord is ex - tend - ing the Saints' un - der - stand - ing,
3. We'll call in our sol - emn as - semb - lies in spir - it,
4. How bless - ed the day when the lamb and the li - on

The lat - ter-day glo - ry be - gins to come forth;
Re - stor - ing their judg - es and all as at first.
To spread forth the king - dom of heav - en a - broad,
Shall lie down to - geth - er with - out an - y ire,

The vi - sions and bless - ings of old are re - turn - ing,
The knowl - edge and pow - er of God are ex - pand - ing;
That we through our faith may be - gin to in - her - it
And E - phraim be crowned with his bless - ing in Zi - on,

And an - gels are com - ing to vis - it the earth.
The veil o'er the earth is be - gin - ning to burst.
The vi - sions and bless - ings and glo - ries of God.
As Je - sus de - scends with his char - iot of fire!

We'll sing and we'll shout with the armies of heav - en,

Ho - san - na, ho - san - na to God and the Lamb!

Let glo - ry to them in the high - est be giv - en,

Hence - forth and for - ev - er, A - men and a - men!

Text: William W. Phelps, 1792–1872. Included in the first LDS hymnbook, 1835. Sung at the Kirtland Temple dedication in 1836.
Music: Anon., ca. 1844

Doctrine and Covenants 109:79–80
 Doctrine and Covenants 110

High on the Mountain Top

Resolutely ♩ = 56-72

1. High on the moun-tain top A ban-ner is un-furled.
 2. For God re-mem-bers still His prom-ise made of old
 3. His house shall there be reared, His glo-ry to dis-play,
 4. For there we shall be taught The law that will go forth,

Ye na-tions, now look up; It waves to all the world.
 That he on Zi-on's hill Truth's stan-dard would un-fold!
 And peo-ple shall be heard In dis-tant lands to say:
 With truth and wis-dom fraught, To gov-ern all the earth.

In Des-er-et's sweet, peace-ful land,
 Her light should there at-tract the gaze
 We'll now go up and serve the Lord,
 For-ev-er there his ways we'll tread,

On Zi-on's mount be-hold it stand!
 Of all the world in lat-ter days.
 O-bey his truth, and learn his word.
 And save our-selves with all our dead.

Text: Joel H. Johnson, 1802-1882
 Music: Ebenezer Beesley, 1840-1906

Isaiah 2:2-3
 Isaiah 5:26

Oh Say, What Is Truth?

Firmly ♩ = 72-96

1. Oh say, what is truth? 'Tis the fair - est gem That the
 2. Yes, say, what is truth? 'Tis the bright - est prize To which
 3. The scap - tre may fall from the des - pot's grasp When with
 4. Then say, what is truth? 'Tis the last and the first, For the

rich - es of worlds can pro - duce, And price-less the val - ue of
 mor - tals or Gods can as - pire. Go search in the depths where it
 winds of stern jus - tice he copes. But the pil - lar of truth will en -
 lim - its of time it steps o'er. Tho the heav - ens de - part and the

truth will be when The proud mon - arch's cost - li - est
 glit - ter - ing lies, Or as - cend in pur - suit to the
 dure to the last, And its firm - root - ed bul - warks out -
 earth's foun - tains burst, Truth, the sum of ex - is - tence, will

di - a - dem Is count - ed but dross and ref - use.
 loft - i - est skies: 'Tis an aim for the nob - lest de - sire.
 stand the rude blast And the wreck of the fell ty - rant's hopes.
 weath - er the worst, E - ter - nal, un - changed, ev - er - more.

Text: John Jaques, 1827-1900
 Music: Ellen Knowles Melling, 1820-1905

Doctrine and Covenants 93:23-28
 John 18:37-38

Now Let Us Rejoice

Cheerfully ♩ = 100-120

1. Now let us re - joice in the day of sal - va - tion.
 2. We'll love one an - oth - er and nev - er dis - sem - ble,
 3. In faith we'll re - ly on the arm of Je - ho - vah

No long - er as strang - ers on earth need we roam.
 But cease to do e - vil and ev - er be one.
 To guide thru these last days of trou - ble and gloom,

Good tid - ings are sound - ing to us and each na - tion,
 And when the un - god - ly are fear - ing and trem - ble,
 And af - ter the scourg - es and har - vest are o - ver,

And short - ly the hour of re - demp - tion will come,
 We'll watch for the day when the Sav - ior will come,
 We'll rise with the just when the Sav - ior doth come.

When all that was prom-ised the Saints will be giv - en,
 When all that was prom-ised the Saints will be giv - en,
 Then all that was prom-ised the Saints will be giv - en,

And none will mo - lest them from morn un - til ev'n, And
 And none will mo - lest them from morn un - til ev'n, And
 And they will be crown'd with the an - gels of heav'n, And

earth will ap - pear as the Gar - den of E - den,
 earth will ap - pear as the Gar - den of E - den,
 earth will ap - pear as the Gar - den of E - den,

And Je - sus will say to all Is - rael, "Come home."
 And Je - sus will say to all Is - rael, "Come home."
 And Christ and his peo - ple will ev - er be one.

Text: William W. Phelps, 1792-1872. Included in the first LDS hymnbook, 1835.
Music: Henry Tucker, ca. 1863

Moses 7:61-67
 Tenth Article of Faith

Do What Is Right

Resolutely ♩ = 96-116



1. Do what is right; the day - dawn is break - ing,
 2. Do what is right; the shack - les are fall - ing.
 3. Do what is right; be faith - ful and fear - less.



Hail - ing a fu - ture of free - dom and light.
 Chains of the bonds - men no lon - ger are bright;
 On - ward, press on - ward; the goal is in sight.



An - gels a - bove us are si - lent notes tak - ing
 Light - ened by hope, soon they'll cease to be gall - ing.
 Eyes that are wet now, ere long will be tear-less.



Of ev - 'ry ac - tion; then do what is right!
 Truth go - eth on - ward; then do what is right!
 Bless - ings a - wait you in do - ing what's right!



Do what is right; let the con - se - quence fol - low.

Bat - tle for free - dom in spir - it and might;

And with stout hearts look ye forth till to - mor-row.

God will pro - tect you; then do what is right!

Text: Anon., *The Psalms of Life*, Boston, 1857
 Music: George Kaillmark, 1781-1835

Deuteronomy 6:17-18
 Helaman 10:4-5

We Thank Thee, O God, for a Prophet

Brightly ♩ = 76-92

1. We thank thee, O God, for a proph - et To
2. When dark clouds of trou - ble hang o'er us And
3. We'll sing of his good - ness and mer - cy. We'll

guide us in these lat - ter days. We thank thee for
threat - en our peace to de - stroy, There is hope smil - ing
praise him by day and by night, Re - joice in his

send - ing the gos - pel To light - en our minds with its
bright - ly be - fore us, And we know that de - liv' - rance is
glo - ri - ous gos - pel, And bask in its life - giv - ing

rays. We thank thee for ev - e - ry bless - ing Be -
 nigh. We doubt not the Lord nor his good - ness. We've
 light. Thus on to e - ter - nal per - fec - tion The

stowed by thy boun - te - ous hand. We feel it a
 proved him in days that are past. The wick - ed who
 hon - est and faith - ful will go, While they who re -

plea - sure to serve thee And love to o - bey thy com - mand.
 fight a - gainst Zi - on Will sure - ly be smit - ten at last.
 ject this glad mes - sage Shall nev - er such hap - pi - ness know.

Text: William Fowler, 1830-1865
 Music: Caroline Sheridan Norton, 1808-ca. 1877

Doctrine and Covenants 21:1-5
 Mosiah 2:41

I Know That My Redeemer Lives

Peacefully ♩ = 72-84

Unison

1. I know that my Re - deem - er lives. What com - fort this
 2. He lives to grant me rich sup - ply. He lives to guide
 3. He lives, my kind, wise heav'n - ly Friend. He lives and loves
 4. He lives! All glo - ry to his name! He lives, my Sav -

sweet sen - tence gives! He lives, he lives, who once was
 me with his eye. He lives to com - fort me when
 me to the end. He lives, and while he lives, I'll
 ior, still the same. Oh, sweet the joy this sen - tence

dead. He lives, my ev - er - liv - ing Head.
 faint. He lives, to hear my soul's com - plaint.
 sing. He lives, my Proph - et, Priest, and King.
 gives: "I know that my Re - deem - er lives!"

Harmony

He lives to bless me with his love. He lives to
 He lives to si - lence all my fears. He lives to
 He lives and grants me dai - ly breath. He lives, and
 He lives! All glo - ry to his name! He lives, my

plead for me a - bove. He lives my hung - ry soul to
 wipe a - way my tears. He lives to calm my trou - bled
 I shall con - quer death. He lives my man - sion to pre -
 Sav - ior, still the same. Oh, sweet the joy this sen - tence

feed. He lives to bless in time of need.
 heart. He lives all bless - ings to im - part.
 pare. He lives to bring me safe - ly there.
 gives: "I know that my Re - deem - er lives!"

Text: Samuel Medley, 1738–1799. Included in the first
 LDS hymnbook, 1835.

Job 19:25
 Psalm 104:33–34

Music: Lewis D. Edwards, 1858–1921

God Be with You Till We Meet Again

Reverently ♩ = 66-80

1. God be with you till we meet a - gain; By his
 2. God be with you till we meet a - gain; When life's
 3. God be with you till we meet a - gain; Keep love's

coun - sels guide, up - hold you; With his sheep se - cure - ly
 per - ils thick con - found you; Put his arms un - fail - ing
 ban - ner float - ing o'er you; Smite death's threat -'ning wave be -

fold you. God be with you till we meet a - gain.
 round you. God be with you till we meet a - gain.
 fore you. God be with you till we meet a - gain.

O My Father

Fervently ♩ = 42-56

1. O my Fa - ther, thou that dwell - est In the
 2. For a wise and glo - rious pur - pose Thou hast
 3. I had learned to call thee Fa - ther, Thru thy
 4. When I leave this frail ex - is - tence, When I

high and glo - rious place, When shall I re - gain thy
 placed me here on earth And with - held the rec - ol -
 Spir - it from on high, But, un - til the key of
 lay this mor - tal by, Fa - ther, Moth - er, may I

pres - ence And a - gain be - hold thy face?
 lec - tion Of my for - mer friends and birth;
 knowl - edge Was re - stored, I knew not why.
 meet you In your roy - al courts on high?

In thy ho - ly hab - i - ta - tion, Did my
 Yet oft - times a se - cret some - thing Whis - pered,
 In the heav'ns are par - ents sin - gle? No, the
 Then, at length, when I've com - plet - ed All you

spir - it once re - side? In my first pri - me - val
 "You're a strang - er here," And I felt that I had
 thought makes rea - son stare! Truth is rea - son; truth e -
 sent me forth to do, With your mu - tual ap - pro -

child - hood, Was I nur - tured near thy side?
 wan - dered From a more ex - alt - ed sphere.
 ter - nal Tells me I've a moth - er there.
 ba - tion Let me come and dwell with you.

Text: Eliza R. Snow, 1804–1887
 Music: James McGranahan, 1840–1907

Romans 8:16–17
 Acts 17:28–29 (22–31)

Love at Home

Fervently ♩ = 88-108

1. There is beau - ty all a - round When there's love at home;
 2. In the cot - tage there is joy When there's love at home;
 3. Kind - ly heav - en smiles a - bove When there's love at home;

There is joy in ev - 'ry sound When there's love at home.
 Hate and en - vy ne'er an - noy When there's love at home.
 All the world is filled with love When there's love at home.

Peace and plen - ty here a - bide, Smil - ing sweet on ev - 'ry side.
 Ros - es bloom be - neath our feet; All the earth's a gar - den sweet,
 Sweet - er sings the brook - let by; Bright - er beams the az - ure sky.

Time doth soft - ly, sweet - ly glide When there's love at home.
 Mak - ing life a bliss com - plete When there's love at home.
 Oh, there's One who smiles on high When there's love at home.

Love at home, love at home;
 Love at home, love at home;
 Love at home, love at home;

Time doth soft - ly, sweet - ly glide When there's love at home.
 Mak - ing life a bliss com - plete When there's love at home.
 Oh, there's One who smiles on high When there's love at home.

Text and music: John Hugh McNaughton, 1829-1891

Mosiah 4:14-15
 Ecclesiastes 9:9

I'll Go Where You Want Me to Go

Resolutely ♩. = 48-58

1. It may not be on the moun - tain height Or
 2. Per - haps to - day there are lov - ing words Which
 3. There's sure - ly some - where a low - ly place In

o - ver the storm - y sea, It may not be at the
 Je - sus would have me speak; There may be now in the
 earth's har - vest fields so wide Where I may la - bor thru

bat - tle's front My Lord will have need of me.
 paths of sin Some wan - d'rer whom I should seek.
 life's short day For Je - sus, the Cru - ci - fied.

But if, by a still, small voice he calls To
 O Sav - ior, if thou wilt be my guide, Tho
 So trust - ing my all to thy ten - der care, And

paths that I do not know, I'll an-swer, dear Lord, with my
 dark and rug-ged the way, My voice shall ech-o the
 know-ing thou lov-est me, I'll do thy will with a

hand in thine: I'll go where you want me to go.
 mes-sage sweet: I'll say what you want me to say.
 heart sin- cere: I'll be what you want me to be.

I'll go where you want me to go, dear Lord, O-ver

moun-tain or plain or sea; I'll say what you want me to

say, dear Lord; I'll be what you want me to be.

Text: Mary Brown, 1856–1918
 Music: Carrie E. Rounsefell, 1861–1930

1 Nephi 3:7
 Doctrine and Covenants 4:2

Did You Think to Pray?

Thoughtfully ♩ = 72-88



1. Ere you left your room this morn - ing, Did you think to
 2. When your heart was filled with an - ger, Did you think to
 3. When sore tri - als came up - on you, Did you think to



pray? In the name of Christ, our Sav - ior,
 pray? Did you plead for grace, my broth - er,
 pray? When your soul was full of sor - row,



Did you sue for lov - ing fa - vor As a shield to -
 That you might for - give an - oth - er Who had crossed your
 Balm of Gil - ead did you bor - row At the gates of



day?
way?
day?

Oh, how pray - ing rests the wea - ry!

Prayer will change the night to day. So, when life gets dark and

drea - ry, Don't for - get to pray.

Text: Mary A. Pepper Kidder, 1820–1905
Music: William O. Perkins, 1831–1902

Psalm 5:3, 12
Mark 11:24–25

Praise to the Man

Vigorously ♩ = 76-96

1. Praise to the man who com - muned with Je - ho - vah!
 2. Praise to his mem - 'ry, he died as a mar - tyr;
 3. Great is his glo - ry and end - less his priest - hood.
 4. Sac - ri - fice brings forth the bless - ings of heav - en;

Je - sus a - noint - ed that Proph - et and Seer.
 Hon - ored and blest be his ev - er great name!
 Ev - er and ev - er the keys he will hold.
 Earth must a - tone for the blood of that man.

Bless - ed to o - pen the last dis - pen - sa - tion,
 Long shall his blood, which was shed by as - sas - sins,
 Faith - ful and true, he will en - ter his king - dom,
 Wake up the world for the con - flict of jus - tice.

Kings shall ex - tol him, and na - tions re - vere.
 Plead un - to heav'n while the earth lauds his fame.
 Crowned in the midst of the proph - ets of old.
 Mil - lions shall know "Broth - er Jo - seph" a - gain.



Hail to the Proph - et, as - cend - ed to heav - en!



Trai - tors and ty - rants now fight him in vain. _____



Min - gling with Gods, he can plan for his breth - ren;



Death can - not con - quer the he - ro a - gain.



Text: William W. Phelps, 1792–1872
Music: Scottish folk song

Doctrine and Covenants 135
2 Nephi 3:14–15

Far, Far Away on Judea's Plains

Joyfully ♩ = 92-112

1. Far, far a - way on Ju - de - a's plains, Shep - herds of
 2. Sweet are these strains of re - deem - ing love, Mes - sage of
 3. Lord, with the an - gels we too would re - joice; Help us to
 4. Has - ten the time when, from ev - 'ry clime, Men shall u -

old heard the joy - ous strains:
 mer - cy from heav'n a - bove: Glo - ry to God, Glo - ry to God,
 sing with the heart and voice: Glo - ry to God in the
 nite in the strains sub - lime:
 Glo - ry to God in the high - est,

Glo - ry to God in the high - est; Peace on earth, good
 high - est,
 Glo - ry to God in the high - est;

will to men; Peace on earth, good will to men!

Text and music: John Menzies Macfarlane, 1833-1892

Luke 2:8-20
 Doctrine and Covenants 45:71

Silent Night

Peacefully ♩ = 80-100

1. Si - lent night! Ho - ly night! All is calm,
 2. Si - lent night! Ho - ly night! Shep - herds quake
 3. Si - lent night! Ho - ly night! Son of God,

all is bright Round yon vir - gin moth - er and Child.
 at the sight! Glo - ries stream from heav - en a - far;
 love's pure light Ra - diant beams from thy ho - ly face,

Ho - ly In - fant, so ten - der and mild, Sleep in heav - en - ly
 Heav'n - ly hosts sing Al - le - lu - ia! Christ, the Sav - ior, is
 With the dawn of re - deem - ing grace, Je - sus, Lord, at thy

peace; Sleep in heav - en - ly peace.
 born! Christ, the Sav - ior, is born.
 birth; Je - sus, Lord, at thy birth.

Text: Joseph Mohr, 1792-1848; *trans. by* John F. Young, 1820-1885
Music: Franz Gruber, 1787-1863

Luke 2:7-14
 Alma 7:10-12

Christ the Lord Is Risen Today

With exultation ♩ = 96-108



1. Christ the Lord is ris'n to - day,
 2. Love's re-deem-ing work is done, Al - le - lu - ia!
 3. Lives a - gain our glo - rious King,



Sons of men and an - gels say,
 Fought the fight, the vic - t'ry won, Al - le - lu - ia!
 Where, O death, is now thy sting?



Raise your joys and tri - umphs high,
 Je - sus' ag - o - ny is o'er, Al - le - lu - ia!
 Once he died our souls to save,



Sing, ye heav'ns, and earth re - ply,
 Dark - ness veils the earth no more, Al - le - lu - ia!
 Where thy vic - to - ry, O grave?



Text: Charles Wesley, 1707-1788
 Music: Anon., *Lyræ Davidica*, 1708

Matthew 28:5-6
 1 Corinthians 15:20, 53-57

He Is Risen!

With dignity ♩ = 92-104

1. He is ris - en! He is ris - en! Tell it out with
 2. Come with high and ho - ly hymn - ing; Chant our Lord's tri -
 3. He is ris - en! He is ris - en! He hath o - pened

joy - ful voice. He has burst his three days' pris - on;
 um - phant lay. Not one dark - some cloud is dim - ming
 heav - en's gate. We are free from sin's dark pris - on,

Let the whole wide earth re - jice. Death is con - quered;
 Yon - der glo - rious morn - ing ray, Break - ing o'er the
 Ris - en to a ho - lier state. And a bright - er

man is free. Christ has won the vic - to - ry.
 pur - ple east, Sym - bol of our Eas - ter feast.
 Eas - ter beam On our long - ing eyes shall stream.

Text: Cecil Frances Alexander, 1818-1895
Music: Joachim Neander, 1650-1680

Mark 16:6-7
 Mosiah 16:7-9

CHILDREN'S SONGS



I Am a Child of God

Fervently ♩ = 80-96

1. I am a child of God, And he has sent me here,
2. I am a child of God, And so my needs are great;
3. I am a child of God. Rich bless - ings are in store;

Has giv - en me an earth - ly home With par - ents kind and dear.
Help me to un - der - stand his words Be - fore it grows too late.
If I but learn to do his will I'll live with him once more.

Lead me, guide me, walk be - side me, Help me find the way.

Teach me all that I must do To live with him some - day.

Text: Naomi W. Randall, 1908–2001. © 1957 IRI
Music: Mildred T. Pettit, 1895–1977. © 1957 IRI

Psalm 82:6; Mosiah 4:15
Doctrine and Covenants 14:7

I Know My Father Lives

Gently ♩ = 76-96

[



Unison

1. I know my Fa - ther lives and loves me
 2. He sent me here to earth, by faith to live his




too. The Spir - it whis - pers this to me and
 plan. The Spir - it whis - pers this to me and




tells me it is true, And tells me it is true.
 tells me that I can, And tells me that I can.



]

Text and music: Reid N. Nibley, b. 1923. © 1969 IRI
 When played on organ, use manuals only (no pedals).

Moroni 10:5
 Abraham 3:22-28

I Think When I Read That Sweet Story

Lovingly ♩ = 42-46 (Conduct two beats to a measure.)

1. I think when I read that sweet sto - ry of old, When
 2. I wish that his hands had been placed on my head, That his

Je - sus was here a - mong men, How he
 arms had been thrown a - round me, That

called lit - tle chil - dren like lambs to his fold; I should
 I might have seen his kind look when he said, "Let the

like to have been with him then.
 lit - tle ones come un - to me."

Text: Jemima Luke, 1813-1906
Music: Leah Ashton Lloyd, 1894-1965

3 Nephi 17:21-23
 Luke 18:16

I Thank Thee, Dear Father

Smoothly ♩ = 52-58 (Conduct two beats to a measure.)

1. I thank thee, dear Fa - ther in heav - en a - bove, For thy
2. Help me to be good, kind, and gen - tle to - day, And

good - ness and mer - cy, thy kind - ness and love. I
mind what my fa - ther and moth - er shall say. In the

thank thee for home, friends, and par - ents so dear, And
dear name of Je - sus, so lov - ing and mild, I

for ev - 'ry bless - ing that I en - joy here.
ask thee to bless me and keep me thy child.

Text: Anon.
Music: George Careless, 1839-1932

Ephesians 5:20
Alma 37:36-37

The Lord Gave Me a Temple

Sweetly ♩ = 96-116

1. The Lord gave me a tem - ple to live with - in on
2. If I keep my bod - y clean and pure and hab - it

earth. Once in Heav - en I was spir - it, but I
free, I may in Fa - ther's tem - ple claim

left my home at birth. I'll make my tem - ple
bless - ings prom - ised me. On res - ur - rec - tion

bright - er; I'll keep my spir - it free My
morn - ing, I'll take my bod - y bright And

bod - y is the tem - ple my Fa - ther gave to me.
 in ce - les - tial glo - ry for - ev - er live in light.

Text: Donnell Hunter, b. 1930. © 1969 IRI
 Music: Darwin Wolford, b. 1936. © 1969 IRI

1 Corinthians 3:16-17
 Doctrine and Covenants 88:27-29

Kindness Begins with Me

Simply ♩ = 60-69 (Conduct two beats to a measure.)

I want to be kind to ev - 'ry - one, For

that is right, you see. So I say to my - self, "Re -

mem - ber this: Kind - ness be - gins with me."

slower

Text and music: Clara W. McMaster, 1904-1997. © 1969 IRI

Luke 6:31; 10:30-37
 Ephesians 4:32

Dare to Do Right

Boldly ♩ = 44-54 (Conduct two beats to a measure.)

1. Dare to do right! Dare to be true! You have a work that no
2. Dare to do right! Dare to be true! Oth - er men's fail - ures can

The first system of music features a treble and bass staff in G major and 6/8 time. The melody is marked 'Boldly' with a tempo of 44-54. The lyrics are: '1. Dare to do right! Dare to be true! You have a work that no' and '2. Dare to do right! Dare to be true! Oth - er men's fail - ures can'.

oth - er can do; Do it so brave - ly, so
nev - er save you. Stand by your con - science, your

The second system continues the melody. The lyrics are: 'oth - er can do; Do it so brave - ly, so' and 'nev - er save you. Stand by your con - science, your'.

kind - ly, so well, An - gels will has - ten the sto - ry to tell.
hon - or, your faith; Stand like a he - ro and bat - tle till death.

The third system continues the melody. The lyrics are: 'kind - ly, so well, An - gels will has - ten the sto - ry to tell.' and 'hon - or, your faith; Stand like a he - ro and bat - tle till death.'

Chorus
Dare, dare, dare to do right; Dare, dare,

The chorus section is marked 'Chorus' and features a simple, repetitive melody. The lyrics are: 'Dare, dare, dare to do right; Dare, dare,'.

Musical score for the hymn "Dare to be true". It features a treble and bass staff in G major (one sharp). The melody is in the treble staff, and the bass line is in the bass staff. The lyrics are: "dare to be true, Dare to be true, dare to be true."

Text: George L. Taylor, b. 1835
 Music: Arr. by A. C. Smyth, 1840–1909

Matthew 4:1–11
 Ephesians 6:1

The Golden Plates

Gratefully ♩ = 92-104

First system of the musical score for "The Golden Plates". It is in 4/4 time and G major. The melody is in the treble staff, and the bass line is in the bass staff. The lyrics are: "1. The gold - en plates lay hid - den
 2. A rec - ord made by Ne - phi,"

Second system of the musical score. The lyrics are: "Deep in the moun - tain - side, Un - til God found one
 Writ - ten in days of old; Now, in the Book of

Third system of the musical score. The lyrics are: "faith - ful, In whom he could con - fide.
 Mor - mon, The sto - ry is re - told."

Text: Rose Thomas Graham, 1875–1967
 Music: J. Spencer Cornwall, 1888–1983. Arr. © 1989 IRI

Joseph Smith—History 1:51–53, 59

Teach Me to Walk in the Light

Prayerfully ♩ = 84-100

Unison

1. Teach me to walk in the light of his love; Teach me to
 2. Come, lit - tle child, and to - geth - er we'll learn Of his com -
 3. Fa - ther in Heav - en, we thank thee this day For lov - ing

pray to my Fa - ther a - bove; Teach me to know of the
 mand - ments, that we may re - turn Home to his pres - ence, to
 guid - ance to show us the way. Grate - ful, we praise thee with

things that are right; Teach me, teach me to walk in the light.
 live in his sight— Al - ways, al - ways to walk in the light.
 songs of de - light! Glad - ly, glad - ly we'll walk in the light.

Text and music: Clara W. McMaster, 1904-1997. © 1958 IRI

Isaiah 2:5
 Ephesians 5:8

Family Prayer

Reverently ♩ = 96-104

1. Let us gath - er in a cir - cle And
 2. Let us thank him for our meal - time, For
 3. Oh, may we al - ways serve him, In

kneel in fam - 'ly prayer To thank our Heav'n - ly
 clothes we dai - ly wear, For par - ents, home, and
 thought and ac - tion too, And hum - bly kneel at

Fa - ther For the bless - ings we all share.
 fam - 'ly, For his kind and lov - ing care.
 prayer - time As so man - y fam - 'lies do.

Text and music: DeVota Mifflin Peterson, 1910-1996.
 © 1969 IRI

Doctrine and Covenants 59:7
 3 Nephi 18:21

INDEX OF FIRST LINES AND TITLES

Behold the Great Redeemer Die	224
Christ the Lord Is Risen Today	262
Come, Come, Ye Saints	210
Come, Ye Children of the Lord	212
<i>Count Your Blessings</i>	216
Dare to Do Right	272
<i>Did You Think to Pray?</i>	256
Do What Is Right	242
Ere you left your room this morning	256
<i>Family Prayer</i>	275
Far, Far Away on Judea's Plains	260
God Be with You Till We Meet Again	248
God, Our Father, Hear Us Pray	229
He Is Risen!	263
High on the Mountain Top	238
How Firm a Foundation	214
How Great the Wisdom and the Love	227
I Am a Child of God	266
I Know My Father Lives	267
I Know That My Redeemer Lives	246
I Need Thee Every Hour	220
I Stand All Amazed	230
I Thank Thee, Dear Father	269
I Think When I Read That Sweet Story	268
I want to be kind to ev'ryone	271
<i>I'll Go Where You Want Me to Go</i>	254
In Humility, Our Savior	234
It may not be on the mountain height	254
Jesus, Once of Humble Birth	228
<i>Joseph Smith's First Prayer</i>	222
<i>Kindness Begins with Me</i>	271
Let Us All Press On	218

Let us gather in a circle	275
<i>Love at Home</i>	252
Now Let Us Rejoice	240
O God, the Eternal Father	226
O My Father	250
Oh, how lovely was the morning!	222
Oh Say, What Is Truth?	239
Praise to the Man	258
Redeemer of Israel	213
Silent Night	261
Sweet Is the Work	221
Teach Me to Walk in the Light	274
The Golden Plates	273
The Lord Gave Me a Temple	270
The Spirit of God	236
There Is a Green Hill Far Away	232
There is beauty all around	252
We Thank Thee, O God, for a Prophet	244
We'll Sing All Hail to Jesus' Name	233
When upon life's billows	216

WORDS TO KNOW

Aaronic Priesthood: The lesser of two priesthood authorities which our Father in Heaven has given to men on earth to act in His name for the salvation of His children. This lesser priesthood got its name from Aaron, the brother of Moses, and is different from the greater or Melchizedek Priesthood. The Aaronic Priesthood includes the offices of deacon, teacher, priest, and bishop.

Apostasy: (1) A condition of spiritual withdrawal from our Father in Heaven. (2) A period of time when the teachings of our Father in Heaven and His priesthood were not on the earth.

Apostle: An office in the Melchizedek Priesthood. Apostles are special witnesses of Jesus Christ in all the world.

Atonement: Jesus' payment, by suffering and death, for the sins of all mankind that allows them to be released from the consequences of physical and spiritual death brought about by Adam's transgression and man's separation from our Father in Heaven.

Baptism: A necessary ordinance of the gospel in which a person covenants with our Father in Heaven to obey Him and our Father in Heaven promises to forgive and cleanse the person of sin and allow him or her membership in His Church. The ordinance symbolizes being born again by being buried in water and then brought up again into new life. This ordinance is performed by those authorized to hold the priesthood and act for our Father in Heaven.

Baptism for the dead: Baptism in a temple of our Father in Heaven of a living person who acts in place of a person who has died.

Baptize: To bury a person in water and then to bring that person out of the water to live a new life. *See* Baptism.

Bishop: An office in the Aaronic Priesthood that gives a man authority for the spiritual and temporal welfare of a group of members of the Church.

Book of Mormon: A book of scripture that contains our Father in Heaven's teachings to people who lived on the American continents.

Branch: The figurative usage of a stem of a tree to represent a small division or organized unit of the larger family of the Church. The division is based on a geographical boundary in which members live and meet together under the government of authorized servants of our Father in Heaven.

Celestial kingdom: That kingdom where the righteous live in the presence of our Father in Heaven and inherit all He has.

Church: *See* The Church of Jesus Christ of Latter-day Saints.

Covenants: Sacred promises made between our Father in Heaven and man.

Deacon: The first office in the Aaronic Priesthood, given to worthy young men at the age of 12. It gives them the authority to perform certain temporal duties.

District: An area or division that is further divided into branches under a mission of the Church. It is governed by a president and his two counselors.

Doctrine and Covenants: A book of scripture that contains the words of our Father in Heaven to people of modern times.

Elder: The first office in the Melchizedek Priesthood given to worthy men who are 18 years old or older. It gives them authority to perform certain ordinances, which are blessings in the lives of other people.

Endowment: Blessings that are given by our Father in Heaven in the temples and that are necessary to obtain exaltation.

Eternal Father: Another name we give to our Father in Heaven.

Eternal life: This refers not only to living forever but also to living the kind of life that our Father in Heaven lives and becoming like Him. It means the same as exaltation.

Eternal marriage: A marriage that has been sealed in the temple and continues eternally after we die if we are worthy to live with our Father in Heaven.

Exaltation: Life in the highest level of the celestial kingdom. Those who receive exaltation will become like our Father in Heaven.

Fall of Adam: The change that came upon Adam and Eve because they ate the forbidden fruit. Our Father in Heaven removed them from His

presence, and they became mortal. This made it possible for all mankind to be born and to die.

Family home evening: A meeting of the family, usually each Monday evening, during which they sing, study the gospel, discuss any problems they have, play games, and do other things as a family.

Fast offering: The donation of money saved by fasting for two meals. It is given to the Church to help the poor.

Father in Heaven: A perfect being who looks like a mortal man but has a resurrected body of flesh and bones. He is the Father of our spirits, to whom we pray. He is all-powerful and immortal. He loves us because we are His children. We also call Him Heavenly Father.

Gift of the Holy Ghost: The right to have the constant influence of the Holy Ghost. This gift is given after baptism.

God: The supreme being and ruler of the universe. The name *God* usually refers to our Father in Heaven, but sometimes in the scriptures it refers to Jesus.

Gospel: The teachings of Jesus Christ, which, if followed, will allow a person to return to live in the presence of our Father in Heaven.

Heaven: The place where our Father in Heaven lives. Sometimes used to refer to the place where our spirits lived before coming to earth, and where they go after we die (spirit world). Also a name for the place where the righteous will live eternally after the resurrection (celestial kingdom).

Heavenly Father: *See* Father in Heaven.

High priest: An office in the Melchizedek Priesthood that is responsible for the administration of spiritual things.

Holy Ghost: A person of spirit who does not have a physical body and whose purpose is to testify of what our Father in Heaven and Jesus say and do. When we say that the Spirit of our Father in Heaven is with us, we are referring to the Holy Ghost.

Home teachers: Two men who hold the priesthood and are assigned to visit certain families in the Church. They help the families with their spiritual and temporal needs.

House of Israel: Any of the natural or adopted descendants of the twelve sons of Jacob, whose name was changed to Israel (see Genesis 32:28).

Jesus Christ: The oldest of our Heavenly Father's spirit children, the Creator of the earth, and our Savior and Redeemer. He came to earth to pay for the sins of all of us. (See especially chapters 3, 11, and 12.)

Keys of the priesthood: The right to give authorization to perform priesthood ordinances.

Law of chastity: A commandment of our Father in Heaven that a person is to have sexual relations only with his or her spouse.

Lord: A name for God. It sometimes refers to our Father in Heaven and sometimes to Jesus Christ.

Melchizedek Priesthood: The greater of the two priesthoods, which has the offices of elder, high priest, patriarch, Seventy, and Apostle.

Millennium: A thousand years of peace that will begin when Jesus comes to earth again in what is referred to as the Second Coming.

Mission: (1) An area of the world in which the Church is either performing missionary work or intends to do so. It is usually divided into smaller units called districts. (2) A call by a leader of the Church to preach the gospel or give service for a specific period of time.

New Jerusalem: A city that will be built in the state of Missouri, in the United States, just before the beginning of the Millennium. Jesus will administer His government, the kingdom of our Father in Heaven on the earth, from this place during the Millennium.

Ordain: To give a worthy man an office in the priesthood by the laying on of hands.

Office: A position of authority within the priesthood. (See Deacon, Teacher, Priest, etc.)

Ordinance: A rite or ceremony performed through the authority of the priesthood.

Outer darkness: The place where Satan and those who have chosen to follow him will live. Those who live there will not enjoy the influence of the Holy Ghost and so will be without light and truth.

Paradise: The portion of the spirit world where righteous spirits live.

Patriarch: An office in the Melchizedek Priesthood given to one who is already a high priest, who after being ordained to the office of patriarch gives special blessings, called patriarchal blessings, to worthy Church members.

Pearl of Great Price: A book of scripture containing writings of Moses, Abraham, and Joseph Smith. The name actually means very precious gem, which is the way the book is regarded by members of the Church.

Physical death: The death we experience when our bodies are separated from our spirits.

Priest: An office in the Aaronic Priesthood given to worthy young men who are at least 16 years old. This office gives them the authority to perform baptisms and Aaronic Priesthood ordinations, to bless the sacrament, and to perform other duties.

Priesthood: The authority that our Father in Heaven gives to men to do His work and to speak for Him. There are two divisions: the greater or Melchizedek Priesthood and the lesser or Aaronic Priesthood.

Prophecy: Inspired words of a prophet, usually about a future event.

Prophet: A man called by our Father in Heaven who communicates with Him and speaks for Him.

Quorum: An organized group of men or boys who have the same office in the priesthood. Each quorum is governed by a president and his two counselors.

Repentance: The process which a person who has sinned must go through in order to be forgiven. (See chapter 14.)

Resurrection: The reuniting of the body and the spirit, after death, to form an immortal body.

Revelation: Knowledge given by our Father in Heaven to man, usually through the inspiration of the Holy Ghost, which may refer to things past, present, or future.

Sabbath day: The day of rest designated by Jesus as a day to worship our Father in Heaven and serve others. It is observed on Sunday in most places in the world.

Sacrament: An ordinance in which Church members partake of bread and water representing the body and blood of Jesus to remind us of His Atonement for sins.

Sacrifice: (1) Anciently, the killing of animals to obey our Father in Heaven's law. (2) Today, to give up something that has value to us, such as our time and resources, to help others.

Saint: The term used to identify a member of Jesus' true Church.

Savior: One who saves another from something harmful. Jesus is our Savior because He saved us from both physical death and spiritual death.

Sealing: An ordinance performed in the temple that eternally unites a husband and wife, or children to their parents.

Second Coming: The return of our Savior, Jesus Christ, to begin the Millennium, or thousand-year period of peace.

Seer: One who can foresee the future because it has been revealed to him by our Father in Heaven. A seer is similar to a prophet.

Seventy: An office in the Melchizedek Priesthood. A man holding this office is a special witness of Jesus Christ and helps the Apostles govern the Church.

Soul: Means the same as a person (body and spirit together). Sometimes, however, this word is used to mean a person's spirit.

Spirit: That which gives the body life. It is the part of the body that existed before this life and that continues to exist after we die. The spirit and the body will be reunited in the resurrection, never to be separated again.

Spirit prison: A part of the spirit world where the spirits of three kinds of people go after death: those who were wicked in this life, those who lived good lives but did not accept or live the gospel, and those who never had the opportunity to hear the gospel. Eventually all those people will be resurrected.

Spirit world: The place where the spirits of all mankind go after death until the resurrection.

Spiritual death: The state of being separated from our Father in Heaven.

Stake: An organization of members within a geographical area in which the Church is fully organized and governed by appointed priesthood leaders. It is divided into smaller units called wards and branches.

Teacher: An office in the Aaronic Priesthood that is given to young men who are at least age 14. The name comes from one of the responsibilities of this office, which is to teach members of the Church.

Telestial kingdom: The lowest of three kingdoms of glory to which people will be assigned after the resurrection. This kingdom is reserved for liars, murderers, those who steal, and other wicked persons.

Temple recommend: A signed paper that admits a person into any of the temples of the Church. To obtain the paper, the person must be a worthy member of the Church. The recommend is signed by the proper priesthood leaders, who testify of the person's worthiness.

Temple: A sacred building, commonly referred to as the house of the Lord, in which sacred ordinances are performed, including the ordinance of eternal marriage.

Ten tribes: Descendants of ten of the twelve sons of Israel (Jacob) who were taken into captivity and whose location has since been lost from the knowledge of mankind.

Terrestrial kingdom: A kingdom of glory whose status is below that of the celestial kingdom but above that of the telestial kingdom. It is reserved for the good people of the earth who did not do all our Father in Heaven required of them.

The Church of Jesus Christ of Latter-day Saints: The official name of the Church of Jesus Christ, which He restored through the Prophet Joseph Smith in our time. This Church is sometimes referred to by the nickname of the Mormon Church.

Tithing: One-tenth of all that we earn, which is given to the Church.

Ward: A group of members of the Church organized within a stake, who are governed by a bishop and his two counselors.

Word of Wisdom: A commandment from our Father in Heaven that tells us what we should or should not eat or drink. It says specifically that we should not use alcohol, tobacco, tea, and coffee. (*See* chapter 27.)

Zion: Another name for the New Jerusalem, a city from which Jesus will govern the earth during the Millennium.

LIST OF PAINTINGS

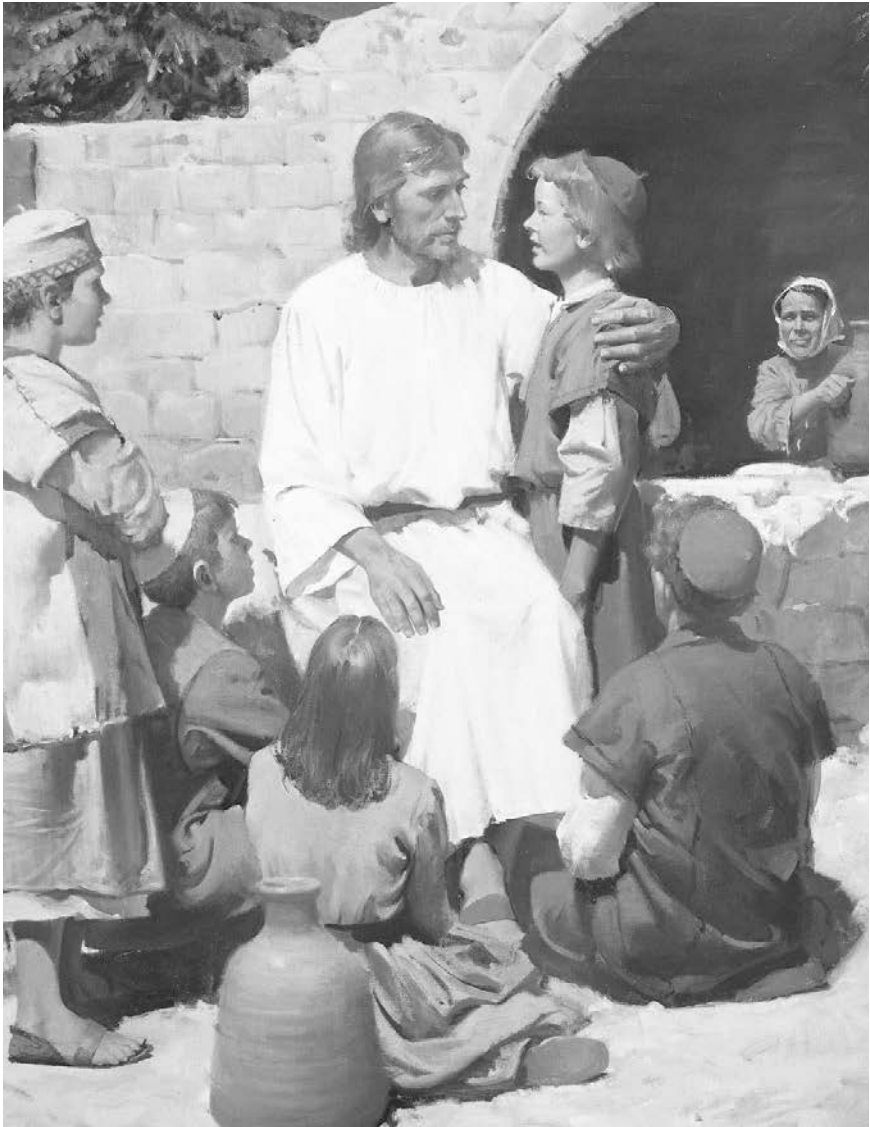
- Page 1: Premortal life, by Jerry Harston.
- Page 6: Premortal life, by Jerry Harston.
- Page 10: *The Lord Jesus Christ*, by Del Parson.
- Page 17: *Adam and Eve in the Garden*, by Lowell Bruce Bennett.
- Page 18: *Creation of Animals and Fowls*, by Stanley Galli.
- Page 22: *Adam and Eve Kneeling at an Altar*, by Del Parson.
- Page 38: *The Prophet Joseph Smith*, by an unknown artist (attributed to Danquart A. Weggeland); *Brigham Young*, by George M. Ottinger; *John Taylor*, by A. Westwood; *Wilford Woodruff*, by H. E. Peterson; *Lorenzo Snow*, by Lewis A. Ramsey; *Joseph F. Smith*, by A. Salzbroning; *Heber J. Grant*, by C. J. Fox; *George Albert Smith*, by Lee Greene Richards; *David O. McKay*, by Alvin Gittins; *Joseph Fielding Smith*, by Shauna Clinger; *Harold B. Lee*, by David Ahrnsbrak; *Spencer W. Kimball*, by Judith Mehr.
- Page 47: *The Greatest of All*, by Del Parson.
- Page 48: *The Nativity*, by Ted Henninger.
- Page 50: *The Twelve-Year-Old Jesus in the Temple*, by Carl Bloch. Used by permission of the National Historic Museum at Frederiksborg in Hillerød.
- Page 56: *Christ in Gethsemane*, by Harry Anderson.
- Page 58: *The Crucifixion*, by Harry Anderson.
- Page 61: *Christ Raising the Daughter of Jairus*, by Greg K. Olsen.
- Page 62: *Jesus Christ*, by Harry Anderson.
- Page 72: *Alma Baptizing in the Waters of Mormon*, by Arnold Friberg.
- Page 80: *Joseph Smith Translating the Gold Plates*, by Dale Kilbourn.
- Page 82: *Brother of Jared Seeing the Finger of the Lord*, by Arnold Friberg.
- Page 85: *The Sermon on the Mount*, by Harry Anderson.
- Page 86: *Abraham on the Plains of Mamre*, by Harry Anderson.
- Page 88: *Moses Calls Aaron to the Ministry*, by Harry Anderson.
- Page 94: *Christ Ordaining the Twelve Apostles*, by Harry Anderson.
- Page 100: *The First Vision*, by Del Parson.
- Page 116: *The Last Supper*, by Carl Bloch. Used by permission of the National Historic Museum at Frederiksborg in Hillerød.
- Page 124: *John the Baptist Baptizing Jesus*, by Greg K. Olsen. © 1988 Greg K. Olsen.

- Page 132: *Christ and the Rich Young Ruler*, by Heinrich Hofmann.
Page 134: *Sacrifice of Isaac*, by Jerry Harston.
Page 138: *Sacrament Meeting*, by Scott Snow. © 1991 Scott Snow.
Page 172: *Go Ye Therefore, and Teach All Nations*, by Grant Romney Clawson.
Based on an original by Harry Anderson.
Page 183: *The Second Coming*, by Harry Anderson.
Page 184: Detail from *The Second Coming*, by Grant Romney Clawson. Based on an original by Harry Anderson.
Page 194: *Spirit World*, by Del Parson.
Page 200: Untitled, by Dan Baxter.
Page 287: *Christ with the Children*, by Harry Anderson.

Visual Aids (Color Picture Section)

1. *The Prophet Isaiah Foretells Christ's Birth*, by Harry Anderson.
2. *John Baptizing Jesus*, by Harry Anderson.
3. *Christ Calling Peter and Andrew*, by Harry Anderson.
4. *Christ Ordaining the Twelve Apostles*, by Harry Anderson.
5. *Christ with the Children*, by Harry Anderson.
6. *The Sermon on the Mount*, by Carl Bloch. Used by permission of the National Historic Museum at Frederiksborg in Hillerød.
7. *Christ in Gethsemane*, by Harry Anderson.
8. *The Crucifixion*, by Harry Anderson.
9. *The Resurrection*, by Harry Anderson.
10. *Behold My Hands and Feet*, by Harry Anderson.
11. *Jesus Christ Visits the Americas*, by John Scott.
12. *Joseph Smith Seeks Wisdom from the Bible*, by Dale Kilbourn.
13. *The First Vision*, by Del Parson.
14. *Joseph Smith Receiving the Plates*, by Kenneth Riley.
15. *John the Baptist Conferring the Atonic Priesthood*, by Del Parson.
16. *The Restoration of the Melchizedek Priesthood*, by Kenneth Riley.

VISUAL AIDS



KEY TO ILLUSTRATIONS 1–16

1. Isaiah, one of the prophets of the Old Testament, foretold the coming of Jesus Christ.
2. John the Baptist baptized Jesus in the Jordan River.
3. Jesus called Peter and others to follow Him.
4. Jesus ordained twelve Apostles.
5. Jesus loved and blessed the children.
6. Jesus taught the people the gospel.
7. In the Garden of Gethsemane, Christ suffered for the sins of all mankind.
8. Jesus died on the cross for the sins of all mankind.
9. On the third day, Christ rose from the grave.
10. The resurrected Christ showed His wounds to His Apostles.
11. The resurrected Christ visited His people in the Americas.
12. Joseph Smith was inspired by James 1:5–6 to ask God which was the true Church of Jesus Christ.
13. In answer to his prayer, Heavenly Father and Jesus Christ visited Joseph Smith.
14. The angel Moroni delivered to Joseph Smith the golden plates that contained the Book of Mormon.
15. John the Baptist visited Joseph Smith and Oliver Cowdery and gave them the Aaronic Priesthood.
16. Peter, James, and John gave the Melchizedek Priesthood to Joseph Smith and Oliver Cowdery.

































THE CHURCH OF
JESUS CHRIST
OF LATTER-DAY SAINTS

